The Rendrick Gazering & Archives 450 N. 4th St. Baise, 1D 83702

Volume 104

Kendrick, Latah County, Idaho, Thursday, October 3, 1996

USPS No. 001133

For more information please call

Jan Welles at 276-3658 or the library

Even in defeat Coach Kevin Dris-

Fullback Bryan Carter scored wo

quarter to give he KHS squad a 12-8

But Troy, who did have just too

much speed, strength and experince

for the young Tigers, got its offense

advantage and scored 20 points in

the second quater to lead 20-12 at

Troy who got all its points from

Sean Sullivan and Jason Smith scor-

the 50 yards pass interception re-

Carter scored in the third period

ed twice more in the third period

lead. Carter scored on runs of 4 and

Lions Club Giving Kendrick Park A Renovation

The Kendrick-Juliaetta Lions Club is undertaking a partial renovation of the Kendrick City Park in conjunction with the reconstruction of Main Street. The project will include new top soil and re-seeding, as well as an underground sprinkler system. Labor and materials will be donated by the Lions, with total costs estimated at \$5,000.

Much of the top soil has been recovered from street excavation work, and hauling has been generously donated by Poe Asphalt. Logging and chainsaw expertise is being donated by Mark Harris and Ralph Mead. Charles Bower has helped to defray the cost of the project by purchasing the maple logs. We all hope to see the wood from these majestic specimens in some of Charlie's woodworking projects in the years to come.

After much consultation with the Tree Committee of the city council and expert advice from an urban forestry consultant, it was determined that two of the four remaining large maple threes should be removed prior to installation of the proposed underground sprinkler system and re-seeding of the park. The trees removed had suffered considerably from semi-professional pruning and had outlived their potential healthy life span as a result. At least one of the trees will be replaced—The other was already flanked tion about the virus for the benefit by two younger, healthy maples that of local adults and children. are expected to thrive now that the larger tree is gone.

Temperatures Varied Widely in September

There wasn't a lot of rain in September, but there was a wide temper- | fected person to the nose or throat ature variation reported Frank Dam- of others. marell, who keeps record of these statistics at his ranch on the south side of lower Big Bear Ridge.

The temperature ranged from a blistering 103 degrees on the 11th down to a nippy 28 degrees on the 22nd of the month. (That took care of Frank and Pat's garden for the season!)

ber, Dammarell reports. The dates have a much more serious illness and amounts were: .01 6

Juliaetta Elementary Students Do Well in Knowledge Bowl

On Monday, some fifth and sixth grade students from Juliaetta School went to Genesee for the Knowledge tered at the schools during the welt: Bowl competition. We had to tryout for a postion on the team. There were two sixth grade teams. The fifth grade had one team. On the fifth grade team were Davey Steele, Jaycee Pafile, April Johnson, and Michael Eberhardt (who was absent. They got sixth place with 250 points.

The sixth grade had two teams. The first team had Jon Eichner, Adrian Novak, Denver Quigley, and Russell Vincent. They got second place with 600 points. The other sixth grade team had Drew Brammer, Jenna Brahm-Lindberg, Jenna Boyer, and Lance Hedler. They got fourth place with 520 points.

We also have an alternate. Her name is Kura Lafond. She may play in the next Knowledge Bowl competition. The sixth grade woon ribbons.

Special thanks to Mrs. Fredenburg and Mrs. Suzzane Brammer. By Adrian Novak

Sixth Grade

The "flu season" is upon up. The Kendrick Clinic offers this informa-

you or your child receives the vaccine. Influenza (sometimes called the

flu) is a serious disease. Here are some important facts: 1. It spreads or is transmitted when

influenza viruses pass from an in-2. Influenza can cause:

muchen	
fever	
-chills	

- -headaches
- ---coughs ---sore throat
- -muscle aches

3. Influenza can make people of all ages ill. Although most people

and may need to be hospitalized. Who should get the influenza vac-

Statewide Testing In the Schools Oct. 14-18

(K-8) and the Test Achievement and Proficiency (9-12) will be adminis-

of Oct. 14-18. At Juliaetta Elemen- is now being held in the Clearwater rick-Juliaetta area on Saturday, Oct. tary, teachers will be testing second County jail in Orofino after a shoot- 5 at 10:30 at the Juliaetta Library. grade, fourth grade, and sixth grade ing incident at the Antelope Inn in The program is free for area childwith a survey test. A complete bat- Kendrick and a pursuit that ended ren and their parents and will be tery of tests (longer and more com- in the Mason Butte area. prehensive) will be given to Kinderfifth grade.

as 12th grade make-ups will be taking the survey test on Wednesday, dicharging a shotgun in a bar and Oct. 16. Students in grades 7 and 9 later allegedly taking a family hoswill be taking the complete battery of tests on Wednesday, Thursday, the three-member Mason Butte area they can participate in the experiand Friday, first through third per- family involved was still sketchy ments. Parents are very welcome to iods

Parents and guardians You can help by: 1. making sure your child cd into the Antelope Inn about 3:30, gets plenty of sleep the night before ordered others in the bar to leave the tests 2. has breakfast on the and then allegededly fired a 12-gau- during open hours at 276-7071. Open morning(s) of the test; 3. goes to ge shotgun at one of the video games hours are: Mondays 3 to 6, Wednesschool on the day(s) of the tests, and according to the Idaho State Police. days 3 to 8, Thursdays 10-6 and on 4. knows you think she/he will do He then allegedly fled in a Ford Saturday from 10 to 12. well on the test. If your child will Bronco. be absent from jr. high or high At Southwick Vincent was report-school, it is their responsibility to ed to have allegedly pointed the Troy Topples Tigers; be absent from jr. high or high obtain a pre-arranged absence slip, gun at some people and demanded so that they can complete assign- cigarettes. ments before the absence. There is only a certain window of time in rol, and Clearwater, Nez Perce and which to give the tests, which are Latah Count deputies searching for then sent to the State Department of him, Vincent's car was spotted on

pleted by Oct. 25. are in a private school and wish to take his own life with the shotgun. or Mrs. Fredenburg at the Elemen- without incident. tary school (276-3422), prior to Oct. 11.

Test scores are used for cirriculum planning, limited placement in certain programs (such as Title 1), measuring individual progress over time, and are required for grades Sponsored by Juliaetta 3-11 by the State Department of Education.

On Tuesday, October 15, Sophomores and Juniors will be provided the opportunity to take the Preliminary Scholastic Achievement Test (PSAT). This is also the National Merit Scholarship Qualify exam. Students who are planning on attending a 4-yr. college should strong-Rain fell on six days of Septem- are ill for only a few days, some ly consider taking the the test. Gent for students is \$8.50 to be paid in the high school office by Oct. 11.

'Slime Time" Returns to Kendrick Man Jailed The Juliaetta Library The Iowa Tests of Basic Skills After Saturday Chase Students Affliliates from the Uni-

Robert (Rob) Vincent of Kendrick was arrested Saturday afternoon and sent a science program for the Kendabout an hour in length. Kama White

Vincent, who is in his mid- or late and Eric Nuxoll are chemistry stugarden, first grade, third grade and 20s, is charged with thhree counts of dents at the U of I who present these kidnapping and three counts of ag-- program around the county to show At the high school and junior high, gravated assault, according to Clearyounger students the fun and adstudents in grades 8, 10, 11, as well water County prosecutor John Sway- venture of science. The program usually includes the

ne. The charges include allegedly making of "Slime" which the children can take home. Those attending tage. Swayne said information about should wear older clothes so that attend the program along with the Monday night.

Saturday afternoon, Vincent walk- children.

At Hiphland Sat.

With officers from the State Pat-Education. All testing must be com- the Mason Butte Road and chased continues to look better each game. Last Friday night the Tigers lost to until the Bronco went off the road If you or anyone you know has and was high centered. According to Troy 44-24 on the Troy field but children who are home-schooled or reports, he fled, then threatened to scored four touchdowns against the bigger, more experienced Trojan. be tested, please contact Mrs. Kirk- Police were able to talk him out of What you need to know before ham at the High School (289-8332- shooting himself and he was arrested of his three touchdowns in the first A preliminary hearing on the

Clearwater County charges has been 3 yards. scheduled to begin Oct. 11.

Coat Exchange Being School Parents' Group

The Juliaetta Elementary School Parent Association is sponsoring a Coat Exchange to benefit area families and raise funds for new playground equipment. Coats and vests (all sizes welcome) are being collected and redistributed for a nominal donation.

Phil's Food City

quarter junior Josh Fletcher ran 33 Coats or vests that do not fit anycoats or vests that do not in any-one in a family any more may be the scoring. donated at the locations listed be-

First Security Bank, Kendrick

ow. Boxes for the garments are At Highland Oct. 5available at each site. Juliaetta Elementary School Juliaetta Post Ofice Kendrick High School

the half.

turn by Smith.

Construction Targets The American Chemical Society 7th St. Intersection versity of Idaho will once again pre-By Week's End

By Frank Jacobson Ad Hoc Committee

Favored by good weather and determination, highway construction crews are moving right ahead. Curbs will be in on both sides of Main from 5th through 7th Street by the end of the week. Randy McCall, Poe Asphalt's manager on the job, also anticipates completing the 7th St. intersection by then.

Speaking at the Monday morning meeting with construction officials, school bus driver Dorothy Wallace detailed the hazards of backing out of the bus shed onto Railroad Street. Because bus drivers cannot see traffic adequately, Wallace urges that drivers proceed cautiously between Kirby and 8th Street.

Business employees parking alongside the railroad tracks also run a risk as they back out onto Railroad. Prudence would dictate that we move more slowly along that backstretch.

A few local drivers developed some bad habits back in the days of flagging and one-way traffic. Last Tuesday evening at about 7:00 o'clock, your reporter had a white compact kill's 1996 KHS Tiger football team before him turn off east bound at 4th Street and reappear without yielding at the alley on 5th. After squeezing right to let a logging truck and trailer make the corner by the Rochdale, your reporter saw the white compact dart onto Railroad up about 8th Street. Thoughtless, dangerous, threatening.

Donna Heinen, speaking for the Infrastructure Committee of the K-J Community Development Association, reported on the overwhelming response from local business people going after Kendrick ran up its 12-0 concerning the need for both limitparking times and striping in the downtown area. The construction authorities are willing to assist where they can but are awaiting a formal request from Kendrick officials before proceeding. Central to on a 16 yard run by Sullivan and the infrastructure Committee's proposals is the city of Kendrick's willingness to establish an employee's parking area, properly graveled and adequately lighted.

on a 15 yard run and in the final And for all the property owners wondering who will put the grass back, Jim Carpenter, regional engineer for the Idaho Transportation epartment, assures them it will be The Tigers are still on the road done. Same is true for those of you this weekend, playing Highland in whose sprinkler systems were affectan afternoon game at 1:00 Saturday, ed by construction. They will be October 5. The Tigers hold a win made right, says Carpenter, and the construction people will sort out which of their firms pays for it. Carpenter also assured folks that no more trees will come out unless the City of Kendrick asks that they do.

14		.04	10
15		.02	
16		.02	E
17		.01	
21		.04	C 7
	,		Γ.

Total 1.4 While not a lot of rain, the moisture has allowed the farmers to get on with their fall work, and it was not enough to halt work on Kendri'cks Main Street highway project. Thanks for the info, Frank!

NEW ARRIVALS-

LARSON-

Mike and Karen Larson of Lewiston are the parents of a son, born to them Wednesday, Sept. 25 at 5:00 a. m. at St. Joseph Regional Medical Center. The young man weighed 6 lbs., 12 oz., was 21 inches in length and has been named Garrett Evan. He joins a two-year-old brother, Tyler, at the Larson home.

Grandparents are Horst and Loeda Reil, and Perry and MaryBelle Larson, all of Kendrick. Mrs. Thelma Meyer of Kendrick is a maternal great-grandmother.

THANK YOU AD-MART

Thank you AdMart for buying my 4H market swine at the Latah County Fair. Your support is greatly appreciated.

Melanie Stockard

THANK YOU FLEMING TRUCK

Thank you Mr. Harris at Fleming Truck and Equip. for buying my 4-H sheep at the Latah County Fair. I really appreciate your support of my project.

Tracy Cooper

Juliaetta Park Meeting

Juliaetta City Hall.

KENDRICK-JULIAETTA MEAL SITE MENUS

Friday, Oct. 4-Barbecued Spare Ribs Rice Peas & Carrots Pear-n-Cheese Salad Hot Roll Pincapple Upside Down Cake

Wednesday, Oct. 9-Tuna Loaf Potatoes & Gravy Peas-n-Carrots Carritfruit Salad Whole Wheat Bread Sweet Potato Cake

04 rine? People who are at risk for getting V. F. W., Auxiliary Plans a serious case of influenza or a complication should get the vaccine. For Coming Activities This includes: * All people 65 years of age or

older. * Residents of long term care fac-

ilities, Any child or adult, including pregnant women, who has a serious long,term health problem. * People who are less able to fight infections because of:

—a disease they were born with, -injections with HIV,

as long term steriods, -can treatment with X-rays or drugs,

-anyone who wants to reduce their chance of catching influenza.

When should you get the influenza vaccine?

The viruses that cause influenza change often, so people who need the vaccine should get it every year. The vaccine begins to protect you after 1 to 2 weeks and protection at the Latah County Fair. Their supmay last up to one year. It is recom- portt was greatly appreciated. This mended to get the injection in the fall usually the last week of Octo- steer, because I am a Senior. I know FROM THE WITTS ber. People 9 ears and older need that I am going to miss it a lot. I one shot each influenza season, while a second shot after one month.

What are the risks from influenza vaccine? If mild or moderate problems oc- projects wouldn't be so successful.

cur, they usually start soon after the vaccinaiton and usually last up to 12 days. * Soreness, redness, or swelling

where the shot was given,

* Fever

* Aches. Kendrick Family Medicine will begin offering the flu vaccine Oct. 1 The Juliaetta Centennial Park for \$10. If you have any questions County Fair. I appreciate the sup-Committee will hold a meeting on or want to make an appointment, Monday, October 7 at 7 p. m. at the please call Kendrick Family Medicine at 289-3841.

Karate Classes Resume In Area Monday, Oct. 7

Karate classes in the Kendrick-Juliaetta area will resume Monday, October 7 for children. The classes will be taught by Shawn Rudy and are designed to teach young people gain confidence, coordination, discipline and provide a fun time. There will be sessions in self-defense, Katas and sparring. The classes will be each Monday from 5:30 to 6:30. Cost is \$20 per month and \$10 addition for other family members. For additional

information call 208-798-0582. Florida is the leading honey pro- saturates and the lowest in saturated work. After a workout you are more ducing state in the U.S. and Canada. fat of any commercial oil.

Baker-Lind Post 3913 and Auxiliary held the first meeting of the season Thursday, Sept. 26. The agenda for the next three months is as follows: Oct. 12 and 16 are scheduled for card parties-the first one given with Darlean Wilson as donate or exchange but wish to conchairman and the proceeds will go tribute may leave contributions with to her Voice of Democracy project. The second will be given with Lee Halseth as chairman and the proand Hospital project.

Nov. 2 will be the date for the Holiday Craft Fair and another catd be available from 7:30 to 8:30 a.m. party on the 9th. December 13 is the date of the V

F. W. Christmas party and Dec. 14 is the Voice of Democracy dinner. A New Year's Dance will be held \$3. on Dec. 31.

THANK YOU WAREMART

I would like to thank Waremart of Moscow for purchasing my 1996 for the collected items. Grand champion FFA Market Steer was my last year to take a market

your continued support our market

Rachele Eberhardt

Kendrick FFA

JANEL SILFLOW THANKS ALL

I would like to thank the McGre-

lamb this year at the Nez Perce

Because this is my ninth and final

everyone in the area who has sup-

ported me in so many ways over

munity that shows such interest in

THANKS J&J BLDG. SUPPLIES

ing my market swine at the 1996

Christina Eberhardt

Cedar Ridge 4-H

Safflower oil is highest in polyun-

Janel Silflow

ted.

FOR SUPPORT OF HER 4-H

Thank you,

past years as well.

its young people.

Thanks again.

greatly appreciated.

membered us in caring and spportwould like to thank everyone from children less than 9 years may need Kendrick and Juliaetta for all the ive acts at the loss of our father and support that you have given me over grandfather, Earl Witt. Roger and Becky Witt the past seven years. If it wasn't for

and family Rob Witt and family

THANKS L&S CONSTRUCTION the Latah County Fair. I really appreciate your support. Michael Eberhardt Cedar Ridge 4-H gor Company for purchasing my

GRANGE PUMPKIN CONTEST port, not only for this year, but for SET FOR TUESDAY, OCT. 15 Watch this space next week for

details on the Grange's Great Pumpyear in 4-H, I would like to thank kin Decorating Contest coming October 15 at Kendrick Grange.

the years. It is great to live in a com- TO MARV & BARBARA FOSTER Thank you for purchasing my 4-H market swine at the Latah County Fair. Your support is well apprecia-

Anna Brown

I would like to thank J&J Build- TRAILBLAZERS 4-H CLUB

ing Supplies in Moscow for purchas- TO MEET OCTOBER 5

The Trailblazers 4-H Club will Southwick Community Hall.

perts say it's just before going to

alert and better able to concentrate. it should be spotlighted.

Drop dates are from Monday, September 30 to Sunday, October 6. New Members Welcomed Those who do not have coats to Into Garden Club Sept. 25

over the Huskies this season.

Hill and Valley Garden Club held Public Invited to Special the firms who have drop boxes. Do not leave money in the drop boxes. its first meeting of the season Wed-All donated items will be sorted nesday, Sept. 25. New members Assembly Program May 9 ceeds will go to her Veterans Home by size and available for redistri- Cindy Henry of Anatone and Carol bution on Tuesday, October 15 and Gregg of Lenore were welcomed. buted and attention called to the Greenery sale on December 5 and a Mini Flower Show to be in con-

> The Community ervice Committee noted the poor condition of the public rest rooms and surrounding Gobbi at 276-4981 or Juliaetta Grade and suggested that the club assist planners in improving the area. The October club meeting will be the 23rd at 1:30 p. m. Members are

asked to bring ideas for the Tour Committee: Marjorie Wilken, Donna Weyen, and Betty Watts-Bell.

its friends and neighbors to an Octo-Thank you L&S Construction for ber "Fun Dance" to be held Saturpurchasing my 1996 market hog at day, October 12, beginning at 2 p m. at the Teakean Grange Hall on Middle Road. The event is being organized and sponsored by the Cavendish United Methodist Church. Frank Allen will call squares and Jerry Hemrich will lead medeval

> A cordial invitation is extended to come out for an afternoon of fun and community activity.

For more information, call Louise at 476-5045 or Jerry at 476-3189.

Flu Shots Available at

Senior Center Oct. 10

Flu shots will be available Thursday, Oct. 10 at the Kendrick Center from 9 a. m. until noon. The shots Latah County Fair. Your support is have its regular monthly meeting will be given by nurses from the Saturday, Oct. 5 at 10 a. m. in the North Idaho Health Dept. from Mos- Breakfast: cow. The cost is \$10. The Medicare card needs to be Lunch: The best time to exercise? Ex- shown in order to receive a refund.

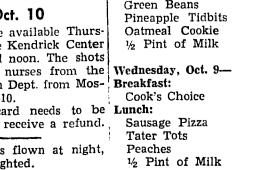
When the flag is flown at night,

At Kendrick High School

The Kendrick High School will host an assembly program entitled, 'Living Voices.'' It is an outstanding opportunity for the community and the public is invited to attend this production which will be given Wednesday, October 9 at the Kendrick High School gym.

There are three programs being offered. The first is at 12:40, entitled, "Through the Eyes of a Friend." It is the story of Anne Frank, told by her friend. At 2:30, "Northwest Passage" and at 7:00, "New American", the experiences of an Irish immigrant. The presentation

is given by an actress who makes use of videos and music to bring history to life. Kendrick-Juliaetta School Lunch Menus Thursday, Oct. 3-Teacher In Service-No School Teacher In Service-No School Monday, Oct. 7-**Breakfast:** French Toast Sticks, Juice, Milk Lunch: Chicken Nuggets Potatoes & Gravy Roll Apple 1/2 Pint of Milk Tuesday, Oct. 8-**Breakfast:** Cereal, Muffin, Juice, Milk Lunch: Pig in a blanket Green Beans Pineapple Tidbits Oatmeal Cookie 1/2 Pint of Milk Wednesday, Oct. 9-Cook's Choice



At Teakean October 12

The Cavendish community invites

patterns and there will be line daning.

Please bring finger food to share

and bring a friend.

Wednesday, October 16. Coats will The 1996-97 Yearbooks were distriand from 3:00 to 7:00 p. m. both October 24 date for the Fall District days in the elementary school gym. meeting to be at the Culdesac Com-The suggested mininum donation cunity Church. Other dates set were price or each redistributed coat is for the clubs's annual Christmas

Parent Assocation is most grateful junction with the Locust Festival in

October "Fun Dance"

The Juliaetta Elementary School to Blue Ribbon Linen of Lewiston' the spring.

for donating its dry cleaning services If questions, please contact Janice

School at 276-3422.

A sincere thank you to all who re-

The Kendrick Gazette, Thursday, October 3, 1996 for a visit with his mother, Hulda

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William A. Roth, Publisher

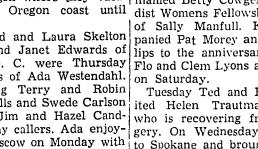
Wm. A. Roth ditor Nancy Van Houten, News Editor Subscription . ates: \$10 per year in Latah, Nez Perce, and Clearwater County, Idaho

All off ar addresses: \$13.00 per year Single Copy: 25c **POSTMASTERS:** Sond Address Corrections to:



Saturday John and Gladys Wilson Wilson and friend Chris of Clarkston visited Gladys and John. Wednesday Deb Klatt, Kaye Harris and Carol Heitstuman drove to Lin-

Sunday.



the 25th.

Friday.

bama.

Resi

Fred and Betty Arnett and Frank

Loeser fished at Harrison last Mon-

day and Tuesday. Gladys and Don

Fred and Betty and Ed Anderson

of Deary were Sunday dinner guests

of Del and Sylvia Anderson in

Ginn, who was visiting from Ala-

Brown attended a bridal

tended the anniversary reception honoring Clem and Flo that afternoon at the VFW Hall.

Dave and Jenifer Curry enjoyed a barbecue with Steve and Diane Kottkey of Lewiston Sunday evening.

George and Delores Lyons, Rose Ann Holt and Darlean and Bill Wilson all attended the dinner and reception at the VFW Hall on Satur-

Linguists say there are no exact expressions in Japanese equivalent Stout, Nathan and Nicholas from to our "yes" and "no".

Cannon's Electric Electrical Installation and Service. also available nights and weekends. Kim Cannon Juliaetta, Idaho 276-3314

ananananananananananananan

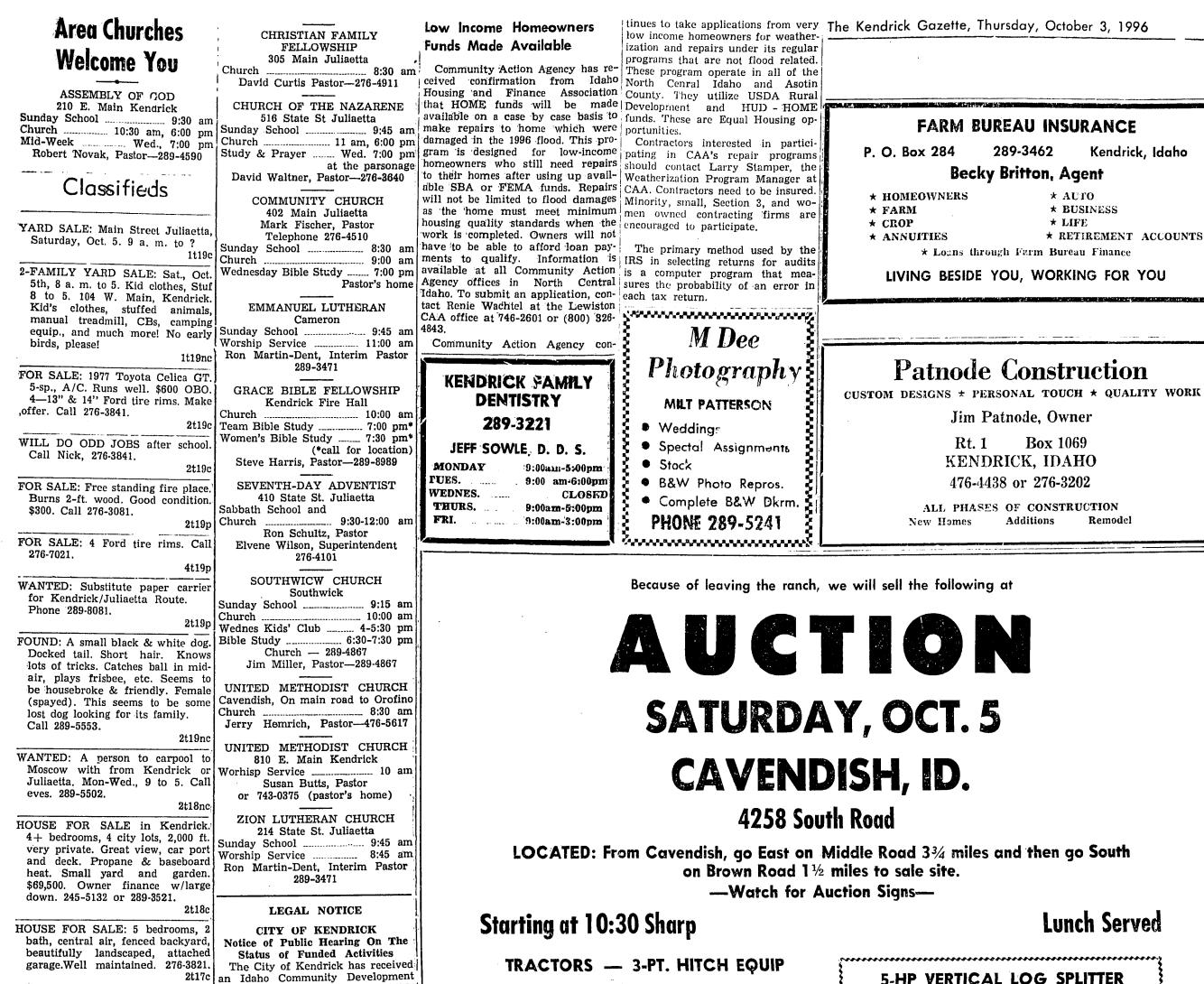


Clemenhagen and returned home on Park News ny jody Smith

Combining in Park is finished and Kress and Wendell and Florecene the only good thing about the yield Kress, all of Lewiston, fished with is that it wasn't hard on the trucks! Fred and Betty Wednesday through Fine weather holds to allow time

for the folks to get things buttoned down for winter.

Clinton and Ethel Smith were in day for Flo and Clem Lyons. Deary and Sylvia's daughter, Jan Moscow Frida, evening for a U of I volleyball match. Saturday overnight visitors were daughter Kay



Block Grant in the amount of \$475, FOR RENT: Office space. Center of 225. These funds are being utilized Main St. in Kendrick. Phone 208to improve the sewer and water 289-3807. systems and repave Main Street. 4t17p The hearing will include a review HOUSE FOR SALE: \$95,000. 3 bed- of project activities and accomplishroom, 1 bath. New gas heating ments to date, a summary of all exstove, new oak kitchen, new car-penditures to date, a general despet & paint. Fenced back yard, cription of remaining work, and any garden, landscaping. Call 276-4422. changes made to the scope of work, budget, schedule, location, objec-2t17c tives or beneficiaries. FOR RENT: 1 bedroom apartment. The hearing has been scheduled \$250 per month. Call 289-4611. before the City Council for Tuesday, 4t16c October 8, 1996, 7:00 p. m. at the Fire Hall. FOR SALE: 10 acres. No bldgs. Near Written and verbal comments will highway. Elect. Call 289-8519 or be accepted for five (5) days after 289-3499 or leave message on the public hearing. machine. The public hearing will be held 8t16c in a facility accessible to persons ALATEEN MEETINGS will be held with disabilities. Special accomodations for persons Fridays at 8:00 p. m. at the Farm with disabilities will be provided Bureau Insurance Bldg, in Kendupon advance request to the City rick. Call 289-3151 for info. Hall by calling Lynne Bruce, 289tf11nc 5157. HERBALIFE Indpendent Distributor. JERRY L. BROWN, Call for products and/or opportu-Mayor nity. 289-5607. ATTEST: tf5c C. Lynne Bruce, City Clerk your used WANTED: Bring us Publshed 2 Times: CLEAN, vases and baskets for Spet. 26, October 3, 1996. store credit or cash. No chips, rusts or stains. Red Cross Floral, Whooping cranes are the tallest 5091/2 Main St. 289-3456. birds native to North America, tf47 standing at about five feet. WILL DO HOUSE CLEANING and yard work. Dependable, reliable. Jeanette I. Thiel Call Paula at 289-5283. tf39nc Attorney-at-Law PROFESSIONAL CARPET CLEAN-ING. Contact Snyder's Home GENERAL PRACTICE Center. Kendrick. 289-8061. Bankruptcy — Wills & Probate tf46c Real Estate & Business KENDRICK FIRE HALL is avail-Family Law & Divorce able to rent for family gatherings." \$15 for meeting room: \$25 for 1219 Idaho St.—Lewiston kitchen and meeting room. Contact Aaron or Scott Heinen at 743-3667 289-5957. **EVENINGS** tf48c JULIAETTA-276-3667 AL-ANON: A group of family and friends of problem drinkers meet Tuesday evenings at 8:00 in the back room of Farm Bureau Insur. Call 289-3151. ROGER WARNER A. A. meets Tuesday and Friday DRY WALL evenings at 8:00 p. m. at the Kendrick Fire Hall. Call 289-3761 or 289-3151 after 6. tf46nc • REMODEL LOOKING FOR A RENTAL? We • RESIDENTIAL have them in and out of town. • COMMERCIAL Buying or Selling? Compare our service before you commit to a **Call** for Estimates contract. Need property manage. ment? We handle all types of pro-289-8361 perty including farms. Call B & M Realty, 835-5172 or visit 102 W. A. Bt. Troy, ID for your real estate Kendrick, Idaho needs. **t14**0a

re being utilized

5-HP VERTICAL LOG SPLITTER (same as new-used once) 3

"Cat" D4 - 5T w/angle dozer, 20" pads, good rails, pins & bushing just turned. Runs well.

& TRAILER

Ford 8N with PTO. 11.2x28 rear tires, 4-sp. trans. good.

Bush Hog—3-pt. hitch Model PTS40 48" rotorator Dearborn 6-ft. 3-pt. hitch mower

2 bottom 16" 3-pt. hitch Plow

5-ft. Tumble Bug; Buzz Saw with power pulley

2 Wheel Trailer 10-ft. long; Hypro Spray Pump

and hose, etc.

PICKUP

1976 K10 Chevrolet Pickup. Automatic, 305 eng.

SHOP TOOLS

Montgomery Ward 10" table saw, anvil, elect. hacksaw (homemade), Metal Lathe 4-ft. table and 6" chuck, large shop vise, 3-phase bench grinder, post drill w/elect. moter, A. C. 225 amp Lincoln welder, pipe vise, hand tools, $\frac{1}{2}$ " drive air wrench, $\frac{3}{4}$ hp Sanborn air compressor, 4" Makita grinder, $\frac{3}{4}$ " drive socket set, lg. bolt cutters, pipe cutter, pipe threader w/ $\frac{1}{2}$, $\frac{3}{4}$ " & 1" dies, gas cutting & welding outfit w/tanks.

POWER PLANTS --- CHAIN SAWS WATER PUMP

AC engine from 6-ft combine Homelite XL 12 & Toro Elec. Chain Saw Homelite 1000 watt 120 v. alt. Homelite XL Water Pump

FENCING MATERIAL

2-4-ft.x10-ft. gates; 4-16-ft. wire panels Approxi. 50-5½-ft. steel fence posts Battery elect. fencer

KNIGHT GUARD WOOD STOVE 2 doors, with fan

GRAIN AUGERS — BURR MILL & HOG FEEDERS

2-4" augers (1-16-ft. & 1-20-ft.) w/elect. motors McCormick-Deering 10" Burr Mill; Hog Troughs 2-12-hole Octagon Hudson Hog Feeder (real nice) 50-gal. feed mixer w/elect. motor

5

COLLECTIBLES

Cross Cut Saws; Large Hand Scythe; Wash Tubs Sack Needles

.308 BROWNING AUTOMATIC RIFLE

MISC. ITEMS

New 750x24 Tractor Tire; 8-ft. Pickup Canopy; Stone Cutter; Rock Polisher; Lietz Eye Level; Pickup Slip-In Stock Racks; Cement Mixer w/elect. motor; Wheel Barrow; Rope; 12-ft. Step Ladder; Hand Truck; Rope Blocks; Fruit Jars; Fuel Tanks (300 & 500-gal.) Barrel Pumps; Grease Guns; Track Gun; Log Chains; Post Hole Digger; Shovels; Forks; Approx. 100-ft. 1" Rubber Hose.

Auctioneer's Note: This sale has very usable items. We will sell all the small items first and the tractors, equipment and pickup will sell last. Be on time. Thank you.

GARDEN TILLERS

5 hp Yardman Tiller 3½ hp Plymouth Tiller

OWNERS: HENRY & MARY HASSE

TERMS: Cash or Bankable Check

Not Responsible for Accidents

No Property Removed Until Settled For

SALE CLERKED AND MANAGED BY HARRIS AUCTION SERVICE -- 289-4971

WAYNE G. HARRIS, Auctioneer Phone 289-4971 or 289-5891 Kendrick, Idaho DOUG HARRIS Phone 289-4622 Kendrick, Idaho The Kendrick Gazette, Thursday, October 3, 1996 Helping a Loved One

We'll be here...

No matter how rough the street and sidewalk may be ...

During the street reconstruction period we want our valued customrs to know that we will still be at the store to serve your needs. Give us a call and will make arrangements to help you.

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Ray and the crew



If we haven't got it, we can get it!! at competitive prices, too.

Hall.

Phone: 28 2-8061

Local News **Of Juliaetta**

Last Monday Jerry and Bobbie Pederson of Electric City, Wash. enjoyed a drive to Elk River and were overnight guests of Marilyn having lunch out. and Verlin Benjamin. They also vis-Moscow Care Center and with Ken Pederson They returned home on Tuesday.

Briere. Randi Grant of Emida spent day. the weekend with Milton and Marie. sary reception for Clem and Flo Ly-

was a Monday afteroon caller. Clarence and Aldeana Polumsky Local callers at the home of Ray

ning caller with Marie and Milton were Mr. and Mrs. Larry Wunderlich ita Craig. Grant. Marie and Milton went to of Lewiston on Saturday, and Mr. Lewiston where they met Marie's and Mrs. Glen Hughes of Lewiston, sky home were grandson Craig Confather William Briere. They enjoyed Mr. and Mrs. Gary Eggers of Bolunch out and were treated by Mr. vill, and Denny Eggers, all on Sun-

Wednesday Adaline Jassman ac-They Grants attended the anniver- companied Edna Magee to the Sen-



ting. In addition, helpers should take time to listen to their friends' con-Make a Healthy Change cerns.

We all want our loved ones to live long, healthy lives—something that must realize this a very busy time, experts agree can be helped by eating right, exercising, not smoking as people start to exercise more, and using alcohol in moderation. learn different cooking habits or un-So what can a person do to best dertake new activities. The best way help a relative who smokes or a to provide support is to acknowledge friend who eats poorly change their this effort and not cause undo stress. unhealthy ways? "First of all, it's important to real. den by offering to cook or suggest-

ize that all behavorial changes pre- ing an activity in place of smoking sent a real challenge and friends or drinking.

and relatives can have a great im-Following the active time comes pact on a person's health," says Mary the maintenance stage, as people at-Ann Draye, family nurse practioner tempt to continue following their and assistant professor of phycho- newly formed habits. A relapse of social and community health at the behaviors is most likely during this University of Washington School of stage, notes Draye, so it's at this time Nursing. "We may glibly tell people that helpers can make the most difthey should exercise more or eat ference. "Help them realize that it's less , and though it may be well- not easy and may take a few tries," Draye explains. "They shouldn't be intended, it's not that easy. Understanding the steps involved discouraged if they fail."

in changing a liestyle activity and Once a new life pattern has been established, the way of life or termknowing how to best offer support as a "helper" may make the differ inate stage follows, when people beence between success and failure. come comfortable with their rede-People trying to alter their daily fined self. "At this point, people would begin using the term 'nonhabits typically go through several stages of change, explains Draye. smoker" rather than a 'person try-One of the first stages is the con- ing to quit smoking' when refertemplating stage, when people real- ring to themselves," Draye explains. ize they have an unhealthy habit Helpers need to remember to conthey might want to stop. This can linue acknowledging this accomhappen after reading information, lishment, so their friends know

getting advice from a physician or someone still cares and notices their watching friends. "A person may efforts. Regardless of the stage a person in, helpers should remember he hey, maybe I should start doing this

Draye says. Helpers may be following tips: Don't harp. "Accept that they're thinking about changing," says Drye. "Trying to force action can backfire, causing them to be even more set in their ways."

Remain empathic. Trying to understand and relate to what a person is going through can be very helpful.

Don't be judgmental. Realize that a person may be fearful, since changes can mean a loss of friends who engage in that same activity or worries of fail

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Ricochet

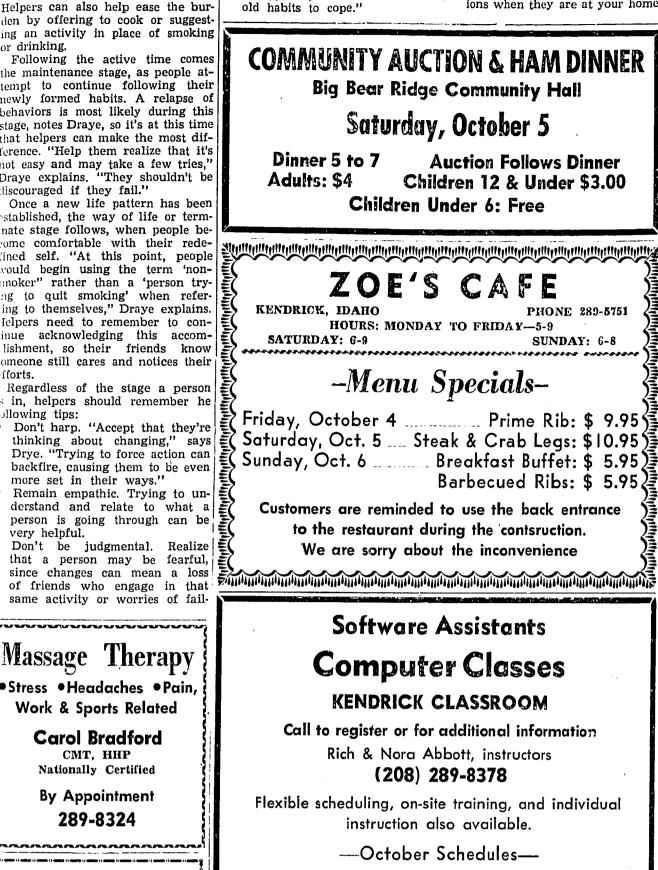
IS PLAYING AT THE

ure. Be available. Attend support meetings, be an exercise buddy After a person identifies a behavsimply be available by phone if ior, the action stage follows. Helpers they need someone to talk to.

Understand that relapses are common, "The worst thing a helper can do is make a person feel guilty about slipping up," Draye says, "When a person feels guilty, they will resume their old habits to cope.'

Accentuate the positive. If a friend is trying to lose weight, for exabple, praise the fact they are exercising instead of focusing on how many pounds they've lost.

Don't sabotage, Avoid placing them in threatening situations, such as inviting them to a party where there will be smokers or offering unhealthy eating options when they are at your home.



ACCESS
ACCESS
EXCEL (ADVANCED) Oct. 21, 23 8:30-11:30 am
INTRODUCTION TO PC's Oct. 1, 210 am-noon
INTERPORTATION TO DOI 10 10 10 10

Kendrick, Idaho ior Citizens where they enjoyed the Old Time Fiddlers. Friday Sonja Lohman was a visitor and took her ons Saturday afternoon at the VFW

too.'

mother shopping. Nancy and Lee Swanson of Moscow were Sunday Andy and Jami Brown, Carl and dinner guests. After dinner they Nadine, visited with Pearl Grosedrove to Southwick to visit Ron and close on Thursday. Elvine Wilson Sonja Lohman and then took a drive together. Dixie Porter of Lewiston

see a friend exercising and think,

useful in instigating this stage by

discreetly providing information or

placing loved ones in a healthy set-

spent Tuesday with Adaline. Sunday Buddy and Alice Henson, Chelsie, Bryce and Alex met Tony and Kelli Henson and Jordan of ited with Gertie Pederson at the and Lura Butler this past week were Ephrata in Spokane and they all en-

Pastor Mark Fischer, Everett Farr- joyed dinner at Chucky Cheese and ington, David Curtis and Enoch, shopping together. Brenda Lohman, Elvina Wilson and Jeanne Wadord of Pullman spent

Robert Grant was a Tuesday mor- Montez Steigers. Out of town callers the weekend with her mother Juan-

Weekend guests at the Ray Polumger and wife Shannon of Gusiavis, Alaska. Jerry Polumsky was a Saturday dinner guest. Jerry enjoyed visiting with his nephew and wife. Craig and Shannon left Monday afternoon enroute to Alaska.

