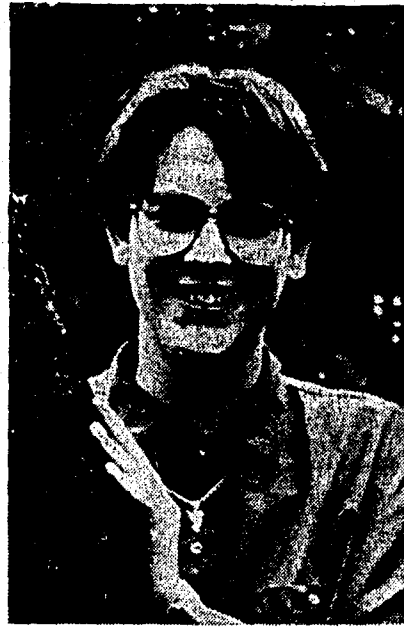


## Juliaetta Elementary Students, Volunteers Help Make Jr. Miss Program Successful



BRENDA ALEXANDER



VENNESSA CLEMENHAGEN

The Kendrick-Juliaetta Jr. Miss Committee would like to congratulate the Juliaetta Elementary students for a job well done on their essays and pictures they did for the "Be Your Best Self" program and the topic of nutrition. The Jr. Miss candidates selected one winner from each class at JES and they will each receive a Dole Whip from Phil's Family Foods and a movie rental from the Juliaetta Market. The winning pictures and essays will be displayed at the Jr. Miss Program at the high school March 18.

Winner are:

P. M. Kindergarten: Chyna Scherenteleib.

1st Grade (Mrs. Meyer): Joanna Brammer

1st Grade (Mrs. Weyen): Mia Cook

2nd Grade: Misha Braham Lindberg

3rd Grade (Mrs. Phillips): Michael Eberhardt

3rd Grade (Mrs. Mathison): Kyle Pea

4th grade: Coree Gammond

5th Grade: Tara Nelson

6th Grade: Jenny Wright

The committee would like to thank Frank Jacobson, Karen Eveland, Carolyn Gravelle, Dirk Hammond, and Kelli Henson for doing a mock 10-minute interview with each of the nine Jr. Miss candidates on Fri-

day, Feb. 24.

The two candidates being highlighted this week are Brenda Alexander and Vennessa Clemenhagen. Candidate No. 7 is Brenda Alexander, the daughter of Dale and Susan Alexander of Kendrick. Brenda will perform a tap dance routine to "Come Home Bill Bailey" for her Creative and Performing Arts presentation. Her escort for the evening will be Luke Ford.

Candidate No. 8 is Vennessa Clemenhagen, the daughter of Robert and Barb Clemenhagen and Steve and Wendy Parks of Kendrick. Vennessa will do a recitation "We Are One" by Dan Seals for her portion of the Creative and Performing Arts category. She will be escorted by John Ward for the evening.

The Jr. Miss committee is selling tickets for a chance to win a Get-Away for two to the Hampton Inn in Spokane in either their Executive Suite or the Exquisite Rosewood Room. Winner must be 18 years or older. Tickets sell for \$1 each or 6 for \$5. The drawing will be held at the Jr. Miss Program March 18 at 7:00 at the KHS gymnasium. Tickets are available from Dawn or Amy, at First Security Bank in Kendrick.

## Lt. Col. Steven Hoogland Interviewed on National TV News Program

Lt. Col. Steven Hoogland, who commands an Army Ranger Battalion, appeared on the CBS Evening News television program last Wednesday, Feb. 22. Lt. Col. Hoogland and his unit are presently assigned to Port Au Prince, Haiti. Steve was on-screen for about a minute talk with a CBS reporter.

This Sunday evening Steve called his parents, Jim and Sharon Hoogland from Haiti to visit and assured them that he is well. He said he and his troops get about two warm meals a week and the rest of their meals are of the "C" ration variety. He said there is a small PX available where the men can buy candy, pop, and other small items.

Steve told his parents he hopes to be able to return to his regular duty station in Hawaii before too long.

Steve is a graduate of Kendrick High School and the U. S. Military Academy at West Point.

## Grange Drops 'Citizen of Year' Program

After many years of recognizing a "Citizen of the Year", Kendrick Grange at its February 22 meeting voted to discontinue the program. The reasons are varied, including the fact that the Grange membership itself has not in recent years supported the supper to recognize the person or persons chosen for the honor. A decline in Grange membership may help explain why this is so.

Other reasons relate to the challenge posed by being able to recognize only one "Citizen of the Year" annually while at the same time realizing that there are many volunteers who deserve thanks and encouragement. The "Citizen of the Year" program had grown to be one that recognized chiefly long-term resident and made no provision for the need to recognize volunteerism more frequently—and typically that of people who are newer to the community.

The Grange will follow with interest the attempt of the Kendrick-Juliaetta Community Development Association to address the need to identify and recognize the kinds of volunteer effort that help to keep this community going—a program that will hold up the model of volunteerism, not just volunteers alone.

And speaking of volunteers, the Grange applauded Ruth and Wayne Heimgartner, George and Linda Hoadley, Betty Cowger, and Ross Armitage for redecorating the rest room in the Fraternal Temple building and for getting rid of an assortment of stuff that had accumulated in various nooks and crannies. The coal bin is next (there's coal there still), but the reader didn't know about that! A big thanks to Snyder's Home Center for donating the material and labor to put down a new floor in the men's room. Thank you, Ray!

The Grange also affirmed the Master's action in having submitted a grant application to the Idaho Community Foundation to help pay the costs of the first phase of a project to restore the Fraternal Temple building. The Grange is committed to providing \$1,000 in matching funds to get the project underway.

In a Federal budget-cutting exercise Grange members estimated that U. S. foreign aid takes up about 22% of the total budget. They felt it should be set at about 9% and that 5% or less would be too little. Members were quite surprised to hear that foreign aid in fact accounts for only 1% of the Federal budget. The exercise illustrated the fact that our opinions about budget cutting and a whole variety of things need to be backed up by knowledge, preferably accurate knowledge.

Earlier in the evening the Grange observed a moment of silence in memory of Maxine Hagg of Lapwal Valley Grange who with her husband Victor was a frequent visitor at Kendrick Grange—and always with a "piece" to recite that would amuse or inspire us. She will be missed.

Following the business meeting, Linda and George Hoadley served a tasty lunch—a pasta dish with savory bread sticks, topped off with a rich huckleberry dessert. Involved citizens, good food, good fellowship, that's the Grange for you. Want to join? We'd love to have you.

## Kendrick Recycling Trailer Removed

Effective Wednesday, March 1, the recycling trailer that has been located next to city hall in Kendrick will no longer be available. Under the city's new agreements with Latah Sanitation and the City of Moscow for collection and disposal, the cost of providing a recycling trailer would be cost prohibitive.

Under the city's bulky waste agreement with Latah County, a recycling trailer will be available at the bulky waste site in Juliaetta every 1st and 3rd Saturday of the month between the hours of 8 a. m. and 4 p. m. to take your recyclable material to the Moscow recycling Center at no cost.

The city would like to urge everyone to recycle as much as possible to help reduce the MSW (Municipal Solid Waste) stream, which would go a long way to keep the most of disposal and user rates down. It costs the city \$65 a ton for disposal.

The city will continue to research alternative ways to recycle that would be easier and more convenient, said Kendrick mayor Jerry Brown.

## Local Auctioneer Attends NAA Winter Seminar

Wayne Harris of Harris Auction Service in Kendrick was among the auctioneers from throughout the United States and Canada who attended the 1995 National Auctioneers Association (NAA) winter seminar entitled "Let's Talk Auctions: Power Up Your Productivity". The seminar was held Feb. 19-22 in Tempe, Ariz.

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NAA, along with state associations, strives to improve the auction industry through professionalism, continuing education and improved communication. National Auctioneers Association is headquartered in Overland Park, Kansas.

Wayne specializes in farm and personal property auctions in the Kendrick area.

Wayne and his wife Kaye flew down to Tempe on Feb. 18 and returned on the 22nd.

## St. Jude's Bike-A-Thon Set for April 22

Anyone interested in helping with this year's St. Jude's Bike-A-Thon, please contact Shari Pea or Lori Warner. The first committee will be at Shari's home in Juliaetta on Saturday, March 4 at 11 o'clock.

The St. Jude's committee will be asking for donations from local business firms soon. The St. Jude's Administration has been impressed with the results of the local Bike-A-Thon and the J-K team appreciates all the support it receives for this worthy cause.

The money raised from the Bike-A-Thon will be sent to Administrative center and then distributed on a formula of 82 percent to the hospital, 5 percent for the administrative expenses and 13 percent for local expenses. If anyone has any questions about the Bike-A-Thon or the hospital, please call Shari Pea at 276-3821.

St. Jude's Hospital was founded by Danny Thomas in 1962. Since that time, St. Jude's Hospital has treated more than 13,000 children, all at no cost to the families. It costs St. Jude's Hospital more than \$300,000 per day to provide treatments and conduct research. In 1962, the survival rate for all was less than 5 percent. Today, because of research and treatment mainly conducted at St. Jude Hospital, the survival rate is more than 70 percent.

St. Jude's Hospital provides total care to the patients for the disease for which admitted. This includes physical therapy, counseling, dentistry and any other care for problems that are related to the primary illness. The hospital also provides transportation and lodging for patients and a parent, if necessary.

## Ross Armitage Selected for Idaho Hall of Fame

Ross Armitage, one of Idaho's most respected and successful educators will be inducted into the Idaho Hall of Fame. The induction will take place at the Coeur d'Alene Resort Convention Center as part of the program at the 33rd Annual Idaho Sports banquet Saturday, March 25 at 7:30 p. m.



Armitage is one of five who were chosen for this honor. The other inductees are Bob Angel, former longtime sports broadcaster for radio KVEN in Coeur d'Alene; John Brogan, former outstanding football player at Idaho; Steve Olson, Lewiston native and former record-setting Vandal quarterback and Ken Schrom, Grangeville native, Vandal quarterback and baseball pitcher, and major league all-star pitcher.

The inductions of the new Hall of famers will be one of the highlights of the Idaho Sports banquet which will feature Gil Brandt, former Vice President of the Dallas Cowboys, as the featured speaker.

The selection of Ross Armitage for the Idaho Hall of Fame was a well-deserved honor and a proud and happy occasion for the community. Ross grew up in the Southwick area and graduated from Southwick High School where he played both basketball and baseball. Despite an arm crippled by polio, he played basketball and baseball at the University of Idaho and later played football and basketball at Lewiston Normal School (now Lewis-Clark State College), where he completed his education.

His coaching and teaching career started at Southwick High School where he taught and coached all sports. He later accepted a teaching and coaching position at Kendrick High School where he coached football, basketball and baseball for more than 10 years.

He managed the Kendrick Bear Growers Coop for ten years and found time to coach town team basketball and baseball.

He returned to teaching and for many years taught and coached at Winchester, Cottonwood, Craigmont, and Cullasac. During his teaching and coaching career, Ross took six of his teams to the state playoffs, winning one state title and during the years of World War II, he won the Northern division twice, when there was no state tournament.

During his coaching career Ross taught and influenced many fine athletes of the area including Ozzie Kanikkeberg, longtime Genesee HS coach, and KHS graduate, who is himself a Hall of Fame member.

Since his retirement in 1973, Ross has remained active in community affairs and is a familiar sight on Kendrick Main Street as he goes about his daily routine. He is active in the Kendrick Grange No. 413 and the Golden Sunset Senior Citizens. He is a faithful and ardent supporter of high school athletics, both boys and girls. A grandson, Darren Clemenhagen continues the family tradition at Wood River High School in Halley, Idaho where he teaches and coaches.

Ross's wife of 56 years, Inez passed away in 1992. The Armitage family includes a daughter, Joyce of Kendrick; three sons, Jim of Buhl, Idaho, Jerry of Spokane, and Max of Craigmont. Ross also has six grandsons and three granddaughters.

One of Ross's most treasured and prized possessions is bachelor's degree from the University of Idaho and of course, his Idaho Letterman's sweater. He can also be proud of the respect and admiration he enjoys in the community.

Way to go, Coach Armitage!

## LCS to Probe Information Highway Possibilities and Needs Here Next Week

Setting aside the time for its regular meeting on Tuesday, March 7, Kendrick Grange will host a telecommunications workshop at the Fraternal Temple beginning at 7:00 p. m. Bryan Hossner of Lewis-Clark State College will report on the Tscemnicum Regional Connection project, analyzing the region's current communication infrastructure and with the participants' help identifying regional and local needs that can be met by the information highway.

While everyone in the region is welcome to attend, leaders from business and industry, educational institutions, health providers, and local government offices are especially encouraged to attend to help identify needs.

Special visitors that evening will include the Master of the Idaho State Grange, Arley Weaver, and his wife Lavona, from Cascade; and District III Deputies, Avery and Ruth Bright, from Post Falls. Other state officers and their spouses are expected.

For many communities in Idaho—and especially here in the north—the information highway seems as remote a possibility as an interstate highway. At the same time these communities realize that without an on-ramp to the growing global information network not only their schools will suffer, but also businesses, local government and other enterprises necessary for community survival. The Tscemnicum Regional Connection project will focus on developing a regional plan, addressing barriers to connectivity in the region and identifying methods by which the information infrastructure can improve social services, enhance local government, increase the viability of the region, improve health care, and expand educational access.

Like the coming of the railroad a century ago (think of Kendrick and Juliaetta's beginnings) and the arrival of the interstate highway system in the 1950's, telecommunication is dramatically rearranging rural life. To learn more, plan to attend the workshop.

An informal reception for Idaho State Grange visitors will follow.

## LETTERS TO EDITOR—

### Sheriff's Deputy Praises Public's Help at Recent Fire

To the people of Kendrick:

I recently assisted the Kendrick and Troy Fire Departments in the investigation of a structure at 103 West Main in Kendrick. When I arrived on scene the fire department was already attempting to extinguish the fire. There were several people extremely close to the blaze and I was initially disturbed at the at the number of people who were thrill seekers. Then, upon further inquiry I realized that these people were assisting the fire crew in any way they could. I saw people donating a great deal of their time and many donated a great deal of resources in the extinguishment of this fire. As I started asking more questions and got closer to the building, I could see that all those close to the fire were trying to save what they could from the house as it was on fire and hauling these items away in their own vehicles so they could be looked at and salvaged at a later time.

I would like to thank all of those who took care of traffic control as I tried to stay by a radio and in contact with my dispatcher and supervisor. This helped me a great deal in keeping the fire scene as safe as possible. The sense of community was outstanding. I have not seen this many people with this much concern for the welfare of a neighbor ever. I would also like to thank the many people who brought food and drinks during and after the fire. This was an especially nice touch for the fire crews who worked tirelessly for about three hours.

Once again I would like to say "Thank You" to all those who assisted me and especially those who assisted Esther Shreffler and George Brocke, that people who had the most to lose.

Thank you,  
Deputy John Lawrence  
Latah County Sheriff's Office

### Wrestling Tourney Mar. 4 Name Omitted From High School Honor Roll

A name was unintentionally left from the quarter and semester honor rolls at KHS.

HONOR ROLL QUARTER  
High Honors—3.79-3.99

11th Grade:  
Nate Harris  
HONOR ROLL SEMESTER  
Highest Honors—4.0

11th Grade:  
Nate Harris

### Theater Group Forming At Kendrick High School

The Kendrick-Juliaetta Arts Committee will be offering an after-school theater group for junior high and high school students at Kendrick High School. The students will be working under the direction and training of Kim Bouchard theater director and acting coach from the University of Idaho. Kim is also working with similar groups in Moscow and Genesee.

Students will be involved in all phases of producing a performance from writing, acting to creating sets. No experience is necessary. All interested students are asked to attend an informational meeting Monday afternoon, March 6, at 3:30 in room 1 at KHS.

Funding for this program is being provided by the Latah Arts and Culture Committee, Idaho Commission on the Arts and the National Endowment for the Arts.

For more information, please call: Betty McMahan, 289-4561 or Ellen Magnuson, 289-3941

### Last Call for Veteran's Names for Memorial List

This is the last call for additions to the Veteran's Memorial in the Kendrick City Park. This memorial lists those in this area who have served in the armed forces. This update is being made by Frank C. Dammarell.

This will be the last update in this century, Dammarell said.

To be placed on the memorial list veterans must be from the Kendrick, Juliaetta, Cameron, Leland, Southwick and Cavendish area, or have resided in the area for the past 25 years.

To include a name or for more information contact Dammarell before March 15.

### Community Easter Canata Is Cancelled

I sincerely thank those who have attended the rehearsals for the Community Easter Canata, but due to lack of participation, I regretfully must cancel the event.

Remaining in His grace,  
Wait Lockteff

### WRESTLING TOURNAMENT IN TOURNAMENT MARCH 4

All interested persons are invited to attend the District A-3 Wrestling Tournament at Kendrick High beginning at 10:30, Saturday, Mar. 4.

Admission price is \$4 for adults and \$3 for students. Please attend and show your support for the local boys.

### Chiropractic Office To Open in Kendrick

Dr. D. Wade Davis of Lewiston plans to open a chiropractic office in Kendrick as soon as facilities are remodeled to accommodate the service. The doctor will set up his practice in the building formerly occupied by Kendrick Upholstery on main street.

Dr. Davis is married and his wife Shay will assist him at the office. They have three children, 5 years, 3 years and 4 months old. Dr. Davis is a native of Lewiston and the family is currently living there.

### From Gussie's Family—

The family of Augusta (Gussie) Eggers wishes to express thanks and deep appreciation for all the kindnesses received at the passing of our dear loved one. The prayers, memorials, cards, flowers, food items, phone calls and support at the funeral meant so much.

To John Blom, you have honored us all with your loving and helpful words.

Thank you to the Juliaetta Community Church for being there with warmth and food.

The Families of Gussie Eggers  
Edith Adams  
Duane Eggers  
Lorin Eggers  
Gary Eggers

### NAME OMITTED FROM BIRTHDAY ARTICLE

The birthday wishes extended to Martha Wilken in the Gazette recently omitted the name of caregiver Alma Lawrence.

Sorry for the oversight.

Conviction of the mind does not always bring conviction of the heart.  
—Vanvenargues

### AGLOW MEETING MARCH 2

There will be a women's Aglow meeting on Thursday evening, Mar. 2 at 7 o'clock at the Kendrick Senior Center. "Praying for Your Kids" will be topic for the evening.

For information call Wendy Parks 289-5631.

### THANK YOU FROM LEASEL A.—

Thank you with all my love to my family, friends, and relatives for the kindnesses, lovely flowers and the cards and letters that I received while I was in the hospital and since I returned home.

Leasel Abrams

### Successful VFW Card Party

Saturday evening the VFW hosted another card party at the VFW hall with twelve tables in play.

Men's high went to Gordon Peters and men's low to Dick Bingham. Ladies high was Leah Harvey and ladies' low to Lella Hazeltine. The Goose went home with Gordon Peters and the door prize was won by Ted Dorendorf.

The next party is scheduled for Saturday, Mar. 11.

### Thanks from Volleyball Team

The Kendrick Volleyball team would like to thank Dave Klatt and the community for supporting us at our car wash Saturday.

Your donations and the use of the fire hall were appreciated.

When potatoes were first introduced in Europe, people were skeptical and ate only the leaves, throwing the potatoes away.

### Local Auctioneer Attends NAA Winter Seminar

Wayne Harris of Harris Auction Service in Kendrick was among the auctioneers from throughout the United States and Canada who attended the 1995 National Auctioneers Association (NAA) winter seminar entitled "Let's Talk Auctions: Power Up Your Productivity". The seminar was held Feb. 19-22 in Tempe, Ariz.

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**Local News  
Of Kendrick**

Sunday Don and Marlene Millard met Andy and Margariete Grieser in Moscow where they enjoyed Sunday dinner out. In the afternoon Marlene and Don drove to Lewiston to visit Traci and Doug Hermann, Shandra and Ryan.

Lucille Magnuson enjoyed the Old Time Fiddlers Wednesday at the Senior Center. Also Lucille and the others present helped Irene Christensen celebrate her 90th birthday which was the 22nd. A belated happy birthday, Irene.

Sunday, Roger Candler, Shirley Prince, and Colleen and Jack Schuit and children Chad and Darcy, all of Lewiston, joined Hazel and Jim Candler for a work day and dinner. Effie and Charlie Candler were also Sunday callers enjoying cake and ice cream with the family. Pat, Deyo of Polson, Mont. was a Monday luncheon guest of Jim and Hazel.

Elma Hazeltine enjoyed attending a birthday party Wednesday afternoon at Gladys Wilson's to celebrate her birthday. Hulda Clemenhagen was a Saturday afternoon caller.

Helen and Bob Heidenreich attended the VFW card party Saturday evening. Sunday Bob treated Helen, Lori Fey and Jessica to dinner out to honor Helen's birthday.

A week ago Friday evening Lena-Belle Morgan attended a bridal shower for Carrie Simon at the home of Betty Weeks in Cavendish. Carrie is the bride-elect of Mike Knight. It was delightful for Lena-Belle as she saw many of her old neighbors and friends. Sunday Orville and Mabel Walker of Clarkston called on Lena-Belle. They enjoyed breakfast at the Town and Country Diner and then called on Mild-

red Johnson. Lena-Belle's grandson Mike Morgan of Cavendish was a Sunday afternoon visitor.

On February 15th, Judy and Jack Haley entertained their son-in-law Mike Akers and his father, Gene Akers, and Mike's brother Jerimah Akers, all of Winterset, Iowa. They had traveled out from Iowa to pick up a vintage car in Eugene, Oregon. Judy's daughter Deaona Akers was unable to make the trip.

Jack and Judy enjoyed attending the flea market Saturday morning at the Nez Perce County Fair grounds in Lewiston.

Saturday, Elmo and Marge Eldridge returned home after spending two weeks vacationing. They drove to San Diego, California where they visited with their daughter and son-in-law Janet and Jay Olson. Highlights of the visit were attending the musical "Fiddler on the Roof" at the opera house, visiting the San Diego Zoo, and touring old town San Diego and having dinner at a Mexican restaurant. From San Diego Marge and Elmo drove to Yuma, AZ, for two days. They visited with Bob Knutson, who is their son David Eldridge's father-in-law. Enroute home they stopped off in Las Vegas. Friday they were overnight guests of Cloyd and Helen Olsen. Cloyd and Helen are their son-in-law's parents. They experienced good travel conditions and had a good trip. Sunday Elmo and Marge visited with Leonard and Diane Eldridge and Jenny Eldridge in Lewiston. Thomas and Lillian Eldridge and Maxwell of Spokane were also present. It was a good family visit.

Millie Corkill accompanied her grandson Scott Corkill, to Clarkston one day last week to keep a doctor's appointment. Ed and Donna Corkill visited with Millie Saturday evening. Roger and Lori Warner attended

a birthday party at Freeman Creek for Joe and Gail Stockard who both turned 80.

Hulda Clemenhagen and Gertrude Sneve accompanied John and Gladys Wilson to the Singspiration at the Juliaetta Community Church Sunday evening.

Last Wednesday, Frank Foster of Long Beach, Calif., arrived to visit with Art and Maxine Foster. Frank is Art's older brother and grew up in this area. Saturday Teresa and Ernie Sorg of Clarkston came up to visit. They all went to Dworshak Dam and enjoyed lunch near Kamiah. Monday, Maxine, Art and Frank visited the Nez Perce Museum at Spalding. It has been a rich week of visiting and driving the countryside and seeing the many changes. Frank flew out from Lewiston on Tuesday to his Long Beach home.

Friday evening Bryant Stringer of Lapwai visited with Betty Arnett. Saturday luncheon guests of Betty were Pat Aherin of Genesee and Rick Arnett.

Sunday Nell Crocker accompanied David and Norma Crocker on a drive up the Lochsa. It was a beautiful day and a rich family time. Callers during the week with Nell were Betty Watts-Bell and Priscilla Armitage.

Ross Armitage attended the funeral for his cousin, Delbert Hayward Saturday afternoon at Southwick.

Wednesday Melissa Eichner and Megan and Jon visited with Alberta Turner in Lewiston.

Resi Brown joined Jim and Jeanette Thiel Sunday morning for the breakfast buffet at the Diner. Monday Violet Osborn accompanied Resi to Moscow to keep a medical appointment. Resi called called on Pearl Jensen while Violet was at the doctors. The three then enjoyed lunch out at the Mark IV.

Heather Brocke was a Saturday overnight guest with her grandparents Darrel and Rose Brocke.

Wednesday, Feb. 22 Gladys Wilson observed her birthday with friends and family. Gladys and John first attended the dinner at the Senior Center. In the afternoon, friends gathered at the Wilsons to enjoy cake and ice cream and an afternoon of visiting. Guests were Elma Hazeltine, Betty Cowger, Gertrude Sneve, Hulda Clemenhagen, Billie Silva, Erna Nelson, Emil and Doris Silva and Marie Grant. Wednesday evening Billy and Darlean Wilson called to extend their best wishes and visited. Lottie and Ray Jordan of Mead, Wash. were Saturday callers. On Sunday Stan and Jean Wilson of Clarkston were visitors. Sunday evening John and Gladys enjoyed the Singspiration at the Juliaetta Community Church. Gertrude Sneve and Hulda Clemenhagen accompanied them. The Wilson took advantage of the beautiful weather on Monday and drove to Fernwood. They stopped in Deary where they visited with Mary Lee and Ted and Blanche Dorendorf. Blanche is recovering from recent heart surgery.

Kelly Clemenhagen and son Michael of Spokane visited with Joyce Clemenhagen Saturday evening. Sunday Carla Riggers and daughter Lindsey of Lewiston called on Joyce. Amelia Reeves of Orofino visited her parents Clara and Pete on Friday. They enjoyed eating out at the Pizza Bank.

Saturday Dana and Ellen Magnuson and Anna and Robert went to Lewiston to see the baseball game between the LCSC Warriors and Chico State. They were joined by Dana's cousin, Ross Magnuson of Coeur d'Alene and Dana's aunt, Margaret Magnuson of Clarkston. After the game they all had dinner

and visited.

Pastor Jay Casciato called on John and Olean Cuddy Monday morning.

Saturday Larry and Paula Arnett and Wayne and Wanita Arnett were at the Don Cantril home for a work day. They were also dinner guest of Don and Ula. Dave and Sandy Auler of St. Maries and Beverly Rollins were Saturday visitors.

Saturday evening LenaBelle Morgan, Theresa Balestier and Mildred Johnson played Bingo at the Fire Hall. Sunday Orville and Mabel Walker of Clarkston and LenaBelle were callers of Mildred. Monday Gordon and Frances Peters, Mr. and Mrs. Robert Flesherman of Dutton, Mont., and Mr. and Mrs. Lobell Bennett of Billings, Mont, visited with Mildred.

Charles and Brenda Dammarrell of Lewiston visited with Paul and Middle Dammarrell Sunday. Pat Asplund of Southwick was a Friday caller.

Walter Zumhofe and Betty Cowger made a trip to Ritzville, Wash. Sunday to visit Betty's cousins Mr. and Mrs. K. C. Swarts, who are in a nursing home. Also there were Debbi and Lela Swarts of Spokane and Mr. and Mrs. Charles Madison of Othello, Wash. All three girls are daughters of Lucille and Spike.

**Local News  
Of Juliaetta**

Lura Butler accompanied Katie Hoisington to Lewiston Thursday afternoon and they had a good visit with Faye Sherman at the Lewiston Rehabilitation Center and later visited with several friends at the Royal Plaza.

Viola Johns accompanied Diann Groseclose to Lewiston Monday. Saturday Phil, Rose and Leanne Lambert of Clarkston visited Rose's mother, Grace Groseclose. Lindsay Groseclose and two friends from the University of Idaho stopped by Sunday for a visit with Grandma Grace.

Aldeana Polumsky's sister Eva Fantazia from Newman, Calif. called and had a nice visit with Clarence and Aldeana via telephone. They also visited with niece and nephew Kenny and Kristy Bell of Waterford, Calif.

Saturday visitors of Lawrence and Neil Heimgartner were Lawrence's sisters, Lillie McCall of Clarkston, and Betty Surbaugh and a friend of Othello, Wash. Dick and Janice Groseclose were Monday evening visitors.

Sunday evening, Mark and Eva Moran and boys of Lewiston and Butch and Daria Moran of Oregon treated David and Shirley Sandquist to a dinner out at Chinese Village in Moscow to celebrate David's birthday. Happy Birthday, David!

Adaline Jassman accompanied Sonja Lohman to Southwick to visit Friday. Lella Hazeltine and Edna Magee visited Adaline Saturday evening. Edna enjoyed visiting with Adaline while Lella attended the card party at the VFW Hall. Sunday Adaline accompanied Edna to the Bob Kimble home to visit.

Doug Pederson of Ephrata arrived at his mother's, Gertie Pederson, home on Friday. He visited with her and other family members while here, leaving for his home Tuesday.

Sunday afternoon, Cleon and Esther McAlister of Kahlton, Wash., and their sons, Gary McAlister of Lewiston, and Dale McAlister of Papua, New Guinea were visitors of Gertie Pederson. Dale and his wife are serving on the Mission Field and are back in the States doing deputa-tion work.

Verlin and Marilyn Benjamin enjoyed staying with their grandsons, Christopher and Kyle Bogar for ten days while their parents, Duane and Lori Bogar enjoyed the warm weather of Hawaii.

Bill, Denise and Justin Hall of Orofino visited unday afternoon with Pearl and Phillip Groseclose. Pastor Jay and Donna Casciato visited with Pearl and Phillip Monday afternoon. The Casciato's were also callers of Billie Silva and John and Olean Cuddy in Kendrick.

Wednesday Alice Henson and Chelsie and Grace Groseclose went to Moscow to shop. Buddy and Alice visited Tony and Kelli Henson in Moscow on Sunday. Chelsie accompanied Shannon Giese to Post Falls for the weekend, visiting with Jeanne and Wren Prince and Bob Wilhelm.

Sunday evening Theda Metcalf, and Dorothy Wallace attended the Singspiration at the Juliaetta Community Church.

Saturday evening Katie Hoisington and friends attended the VFW card party in Kendrick. Katie was among those attending the Singspiration Sunday evening.

Milton and Marie Grant went to Lewiston on Monday on business. While there they visited with Marie's father, William Briere. They all enjoyed lunch out. Wednesday Marie joined friends to celebrate Gladys Wilson's birthday at the Wilson home in Kendrick. Last Thursday Milton and Marie went to Lewiston to keep a medical appointment. They visited Maxine Haley at the Royal Plaza and also saw Ruth White, Alberta Turner, and Elsie Onstott at the Royal Plaza. Marie and Milton called on Milton's brother and wife Robert and Berditta Grant. They also called on Wm. Briere who treated them to dinner out.

Sunday after church, Mary and Becky Carille called on their grandmother, Juanita Craig. Sunday afternoon Marge and Elmo Eldridge were callers. Monday evening Vi Erickson of Lewiston was an overnight guest with Juanita. They enjoyed

attending the Kendrick Camper Klub meeting and potluck. Vi returned home Monday morning.

Monday evening visitors with Lowell and Muriel Hubbard were Joe and Lucina Oenning of Uniontown and Jim and Ellie Morrison of Clarkston.

Friday evening Dan and Karla Lambert drove to LaGrande, Ore. to pickup a horse. They returned home on Saturday. Ericka and Josh were overnight guests of their uncle and aunt, Lance and Carrie St. Onge in Lapwai.

Betty and Steve Howerton spent the weekend in Coeur d'Alene visiting their daughter Audra and taking in the activities of Parent's weekend at North Idaho College. On Sunday they went to Spokane and visited with Kathy and Dan Johnson and Josh. Tony Howerton spent the weekend with his grandparents Everett and Freida Farrington.

Friday evening Shari and Ed Pea and Kyle and Kayla went to Spokane where they were overnight guests with their friends Sheila and Kevin Schmidt. They enjoyed attending the dog races and visiting. On Sunday the Peas were guests of Wayne and Kaye Harris to observe Shari's birthday. Guests were Deb and Dave Klatt, Gary and Pam Gerlje and Alyssa and Rick and Jo Gerlje and girls and Helen and George Brocke.

Roseann Holt enjoyed birthday cake Sunday evening with neighbors Jana and Ted North.

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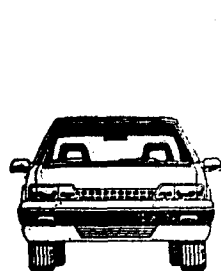
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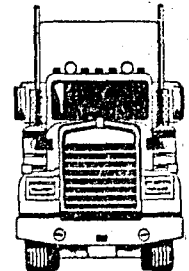
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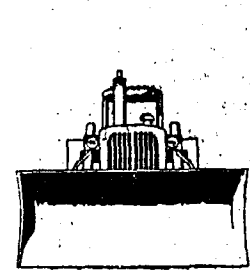
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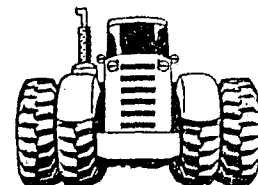
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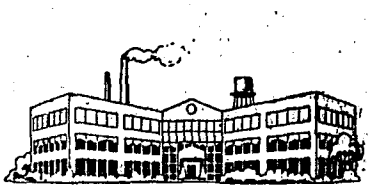
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# Cameron, Southwick News

By Sonja Lohman  
and Opal Lohman

Visitors of Jim and Gladys Whitinger were Janis and Steve Reed, Courtney and Kailee of Spokane on the 16th Jim, Gladys and Courtney went to Tigard, Oregon to observe Greg Crosby's birthday. Jim and Gladys returned Courtney to her Spokane home on the 21st. They remained overnight and returned home on the 22nd.

Sunday Judy, Fred and Toby Foster, Corey and Lisa Cooper, Tracey and Cody, and Dale Olson and his mother, and Ilene Edgars, all went to Orofino where they celebrated the birthday of Judy's mother Irene Olson and aunt Ilene.

Carol Traut of Troy was a Monday visitor of Toni, Joe and Seth Greer.

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2t40,

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2t32p

ALATEEN ON THE PALOUSE for teenagers who have a parent, friend, or relative with a drinking problem. Meets Sunday eves from 7 to 8 p. m. at St. Augustine's Church, 628 Deakin Ave. Moscow. For more information call Rick at 883-1471 or Kathleen at 509-332-5160.  
tf19c

LOCAL AVON REPRESENTATIVE is Christine Clayton. Call 276-7455 or Red Cross Pharmacy at 289-5941.  
tf19c

AL-ANON: A group of family and friends of problem drinkers meet Tuesday evenings at 8:00 in the office behind Red Cross Pharmacy. Call 289-3151.

A. A. meets Tuesday and Friday evenings at 8:00 p. m. at the Kendrick Fire Hall on Main St. Call 877-1334 or 289-4694 after 6.  
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2t14c

Saturday evening visitors of Alissa and Glen Pierce were Jim and Bonnie Siltflow.

A pinocle party was held at the home of Judy Foster last Thursday with Toni Greer as hostess. Highs went to Tootsie Glenn, Melissa Pierce took low and Millie Wills received the goose.

Saturday Gordon and Frances Peters and Ron and Sonja Lohman took a drive up Harris Ridge and over to Fern Ranger Station. That evening they attended the VFW card party.

Visitors during the week with Ron and Sonja were Judy Foster, Polly Koopp, Opal Lohman, Toni and Joe Green, Mary and Ken Wills, Bob White, Fritz and Ray Lohman and Gordon and Frances Peters.

Arle and Priscilla Armitage visited with Phil and Betty Southwick in Potlatch Sunday afternoon. Priscilla called on Nell Crocker Monday morning.

## Big Bear Ridge News

and Betty McMahan

Tuesday afternoon Grace Ingle and Arlyne Clemm and grandson Brian Clemm enjoyed a fine time visiting with Ruthie Wilson.

Gerald and Lee Halseth were among those attending the VFW card party Saturday evening at the hall in Kendrick.

Julie Hazeltine and Shari Siltflow were Wednesday morning visitors with Helen Hinrichs. Friday Mike Yenni visited with Helen and Herman.

Mayelle Emmett spent time with her sister-in-law Esther Shreffler last week. Bob Williams was a Monday afternoon visitor. Saturday Mayelle went to Lewiston to help her great-grandson Chase Braun observe his birthday. Happy Birthday, Chase!

Jim Dunham, a former Big Bear Ridge neighbor was a Friday caller of Ruth and Oscar Slind.

## Park News

By Jody Smith

Sun, crocuses, snowdrops, and cold toes—another North Idaho spring seems to have started.

Karl and Wanda Enger were in Lewiston Saturday joining Bob and Myrna Roskam, Deary, for lookin' and shoppin' at the flea market at the fairgrounds. On their return, the four visited Myrna's dad, Ray and Gerry Carmen at Kendrick and finished the day with supper and cards at the Roskam home. Recent visitors have been her brother and sister-in-law Don and Jan Mullins of Orofino, and sister and brother-in-law, Inez and Terry Willenborg of Juliaetta.

Jerry and Jody Smith have spent a busy week. Tuesday she made a business trip to Lewiston. Thursday they went to Lewiston to attend the funeral and courtesy dinner for Maxine (Mrs. Victor) Haag. In the afternoon they visited a friend of long standing, Faith Osborn. In the evening, while Jerry went to gun club, Jody attended a baby shower in Deary for Debbie Kinne. On Friday, they made a business circuit to Moscow and Lewiston. Saturday saw them in Coeur d'Alene at the Northern division small bore rifle competition, then enjoying dinner at Hayden Lake with son and daughter-in-law Jim and Brenda Smith, Sarah, Scott, Kristin and Alissa. Sunday the Smith had an enjoyable visit with old friends, Cleon and Esther McAllister and their family who were attending the Community Church as their son and daughter-in-law, Dale and Barbara, who are missionaries with New Tribes Miss-

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## Complaint of Athletes and Others

It's the start of a new year and you've finally decided to get into shape. The first few weeks have gone well. You're feeling great and then, suddenly, your new exercise program is cut short. This time, the coach is not the culprit. It's heel pain.

Heel pain is a common complaint of athletes and many other. It can be caused by many things, including stress fractures and nerve problems. But one of the most frequent causes of heel pain is plantar fasciitis, or heel spur syndrome. Plantar fasciitis is a reaction of the heel bone (calcaneus) to repeated stress or weight bearing. This usually occurs as a result of running, walking, aerobic exercise, or even standing for extended periods of time.

With repetitive pressure at the point where the ligament (fascia) connects to the heel bone, inflammation can occur. As a result of this inflammation, and because of tension produced by the ligament, a bony spur or growth may develop off the heel. However, it is the inflammation, not the heel spur, that causes the pain. Pain is typically felt on the bottom or inside portion of the heel, but it can also radiate along the arch and up the back of the heel.

Ivory Larry, a physician assistant who directs the foot care clinic at University of Washington Medical Center's Bone and Joint Center, describes plantar fasciitis as an "overuse injury" similar to shin splints and carpal tunnel syndrome.

Heel spur treatment focuses on relieving inflammation, Larry said. He recommends minimizing the activity that causes the pain: for example, running one mile instead of 2, doing aerobic exercises for 20 minutes instead of 40, or taking regular breaks off one's feet if heel pain is due to standing or walking for extended periods.

Stretching the foot muscles by pointing, flexing and curling up your

ion in New Guinea, presented their program. In the evening the Smiths joined the packed house at the Juliaetta Community Church for an inspiring Singspiration and refreshments. It's so good to touch bases with old friends this way. Recent visitors at the Smith home have been Don and Jan Mullins, Wanda Enger and Henry May.

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workout, but diminishes during running, only to recur at the finish. Many people experience pain with the first few steps taken in the morning. Inflammation around the spine can be reduced by taking an anti-inflammatory medicine such as aspirin, Larry suggested. Providing adequate arch and heel support is key to reducing inflammation to ensure the heel is not getting more than its share of the pressure and that body weight is distributed evening along the foot. Larry recommends wearing sturdy, well-padded shoes. Many good athletic shoes provide sufficient support. Orthopedic shoe inserts—either the ready-made kind available at most pharmacies or a device custom-made for one's foot—may help. Avoiding standing on con-

crete floors may, for some people, losing weight, may also provide relief.

These measures help the majority of people with plantar fasciitis, but some may require other treatments, including:

immobilizing the foot in a cast for six to eight weeks.

The green turtle can swim for brief periods at a speed of nearly 20 miles per hour.

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**Local Royal Rangers,  
Missionettes Pinewood  
Derby Results**

Last Wednesday, the Royal Rangers Outpost No. 283, Kendrick and Missionettes, competed in the Sectional Pinewood Derby. Eleven boys and five girls competed and the winners were as follows:

- Buc-A-Roos:**  
1st: Brandon Steigers  
2nd: Mitch Hedler  
3rd: Daniel LaBolle
- Pioneers:**  
1st: Lance Hedler  
2nd: Malcom Clemenhagen  
3rd: Adrian Novak  
1st Place—"Best of Show"  
Malcolm Clemenhagen
- Missionettes:**  
1st: Diamond Clemenhagen  
2nd: Destinee Novak  
3rd: Savannah Clemenhagen
- Adult:**  
Best of Show Car:  
Randy Clemenhagen
- These winners went on to compete in Walla Walla on Saturday and brought back several District trophies.
- Buc-a-Roo level:**

- 1st: Mitch Hedler  
Pioneer level:  
2nd: Malcolm Clemenhagen  
3rd: Best of Show car  
Malcolm Clemenhagen

Everyone is very proud of the good sportsmanship all the boys displayed! Thank you to all the family and friends who came and supported the boys and girls at the Sectional and District levels. A special thanks to the judges, Rick Steigers and the commanders and wives for their and countless hours.

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Breakfast:  
Cook's Choice  
Lunch:  
Baked Ham & Cheese Sandwich  
Carrot Stick  
Pears  
Oatmeal Cookie  
1/2 Pint of Milk

**Friday, Mar. 3—**  
Cereal, Cinnamon Bun, Juice,  
Milk  
Lunch:  
Sloppy Joe Sandwich  
Tater Tots  
Fruit  
1/2 Pint of Milk

**Monday, Mar. 6—**  
Breakfast:  
Cereal, Toast & Jelly, Juice, Milk  
Lunch:  
Cook's Choice

**Tuesday, Mar. 7—**  
Breakfast:  
Cook's Choice  
Lunch:  
Enchilada  
Corn  
Apple Slice  
Cookie  
1/2 Pint of Milk

**Wednesday, Mar. 8—**  
Breakfast:  
Waffle Stix, Applesauce, Milk  
Lunch:  
Submarine Sandwich  
Salad  
Peaches  
1/2 Pint of Milk

**KENDRICK-JULIETTA  
MEAL SITE MENUS**

**Friday, Mar. 3—**  
Hot Beef Sandwich, bread  
Potatoes and Gravy  
California Blend Vegetables  
Pea & Cheese Salad  
Peach Pie with topping

**Wednesday, Mar. 8—**  
Spaghetti & Meat Balls  
Layered Green Salad  
Fruit Cup  
Whole Wheat Rolls  
Blue Berry Short Cake  
with topping

**DATES TO REMEMBER:**  
Mar. 3: Meal, Meal Site Reports: attendance & donations. Crafts  
Mar. 6: Golden Sunset Seniors.  
Mar. 8: Meal, County Council meeting at 10:30. Site meeting today. Art Class.  
Mar. 14: Blood Pressure checks.

**Fourth Grade Ball Team  
Drops Game at Genesee**

The Juliatta Elementary School 4th grade basketball team played its first contest of the season Saturday and lost a close 26-23 decision to Genesee in the AAU contest on the Genesee court. The young players performed very well.

Members of the team are: Chris Blair, Chris Dudunake, Lance Hedler, Bryce Henson, Bryan Nelson, Marcus Lohman, and Brock Silflow. In a couple of weeks, the members of the team will be coming around the area selling sandwiches to help raise money for uniforms

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and to meet expenses to enter a couple of tournaments. If you aren't contacted and would like to order contact a team member.

The boys are coached by Robert Blair and Dave Dudunake.

**WILMA JEAN TALLEY, 74, CLAIMED BY CANCER FEB. 8**  
Wilma Jean Talley, 74, died of cancer Feb. 8, at her home in Wasco, Oregon.

Mrs. Talley was the mother of Roy Talley, who lives between Kendrick and Juliatta.

She is also survived by her husband Roy Earl Talley at the family home in Wasco.

Some fellows pay a compliment like they expected a receipt.  
—Kin Hubbard

**ANTELOPE INN'S  
LAS VEGAS GIVAWAY!!**

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**A Three Day and Two Night  
Package for Two at the  
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Includes Dinner, Drinks, Hollywood Museum Tickets  
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**Pepsi Family Sale**

PEPSI DIET PEPSI PEPSI FREE  
DIET PEPSI FREE MT. DEW  
12 oz. cans

**12 packs 2 for \$7**

Single 12 packs ..... \$3.99  
Pepsi Family 2 Liter . . . \$1.59

SNYDER'S PREMIUM 24 OZ. LOAF  
**Cracked Wheat Bread . . . \$1.29**  
Great with your favorite cheese or beverage! 16 Oz. Box

**Western Family Snack Crackers \$1.39**  
Western Family, Individually Wrapped Slices 12 Oz. Pkg

**American Cheese Slices . . \$1.79**

**ESPRESSO OF THE WEEK:**  
**Almond Mocha Roca**  
Short: \$1.50 Tall: \$1.75

**From Our Video Dept.**

**COMING FEB. 28:**  
**"THE LION KING"**  
Reserve your copy now  
Also "Princess Caraboo"  
A Reminder:

Would you please have your videos back by 4:00 p. m. the following day, so they can be checked in and prepared for rental that evening. This would help make them available to more families. Thanks.  
You can also use our "drop box" outside, if that is more convenient for you.

**SOMETHING SPECIAL IN KOOSKIA!**  
**SATURDAY, MARCH 4 at 7:30 P. M.**  
**At The Old Opera House Theatre**  
(above Graves True Value Hardware)

—IN CONCERT—  
**DAN MAHER**  
Noted Folk Singer & Guitarist

Dan Maher has a two-hour show on Northwest Public Radio each Saturday morning. He specializes in American, Irish and Celtic folk music. Blind since birth, Mr. Maher travels with his seeing eye dog. He has recorded, traveled and performed in many parts of the country. For ticket information and reservations call (208) 926-4411  
Preshow by: "Often Running Band"  
Advance Tickets: \$7.00 At Door: \$6.00  
See the redecorated interior of the Old Opera House as done by Robert Thomas

**CALENDAR OF COMING EVENTS:**

**Thursday, March 2—**  
Jr. High Girls Basketball  
Board of Director's meeting for Community Development Assoc. Noon at the Diner.  
Julietta Firemen

**Friday, March 3—**  
Jr. High Music Festival at Genesee

**Saturday, March 4—**  
Regional Wrestling at Kendrick. 10:45.

**Monday, March 6—**  
E. M. T.s meet  
Tree Pruning class at Kendrick Fire Hall

**Tuesday, March 7—**  
Kendrick Grange meets  
Julietta City Council

**Wednesday, March 8—**  
J-K Lions Club meets

**Thursday, March 9—**  
Community Development Assoc. evening meeting at Kendrick Fire Hall at 7 p. m.  
VFW and Auxiliary meets at hall  
Jr. High Rollaway  
Jr. High Girls Basketball at Troy