# The Rendrick Gazette Library & Archives 450 N, 4th St. Boise, ID 83702

Volume 101

Kendrick, Latah County, Idaho, Thursday, January 13, 1994

USPS No. 001133

State Hist. Society

**Move Into New** 

Last Saturday, Jan. 8, members of

temporary meeting room as well.

The firemen and EMTs are ask-

with these temporary conditions as

**Fire Station** 

# Cameron, Southwick News

By Sonja Lonman and Opal Lohman

Sunday afternoon visitors of Gordon and Frances Peters were Jim and Jeanne Black.

Gordon and Frances became greatgrandparents twice in the last two weeks. On Dec. 31st, granddaughter Jeanette and Jeff Kasper of Nezperce became proud parents of a beautiful little girl by caesarean section. She was given the name Jamie Rae. On Jan. 10th at 9:30 p. m., granddaughter LaRae and Kevin Pearson of Lewiston became the proud parents of a beautiful little girl. She was given the name Makayla.

Ray and Stella Lohman were in Missoula, Mont. on business Monday. Rusty visited after school with Ron and Sonja Lohman until his parents returned that evening.

Connie Lohman visited one day last week with Jean Wegner. Sunday Connie and Jean went out for a drive and had lunch at Helmer. Jean Wegner reports that her shoulder is doing great. The doctors were thrilled at how well she is able to use it.

Priscilla Armitage was a Monday visitor of Bo Flatt.

Arlie and Priscilla visited with Anna Hunter of Lenore on Saturday.

Monday supper guests of Diane and Mike Czmowski and family were Ves and Delores Czmowski.

Sunday Jack and Betty Mustoe visited with Betty's mother, Thelma Colwell in Lewiston. Mark Mustoe, Thelma Colwell, Barbara and Orville Halseth and Jack and Betty all enjoyed dinner out.

Tuesday supper guests of Betty and Jack.

Tim Mathews Andrew, Jennifer, avoid other contaminants.) Nathan and Emily of Royal City. Wash., visited at the Craig Roetcisoenders over the weekend. Amy were also weekend visitors.

Monday Ron and Sonja Lohman and family at Kooskia.

## A Few Corrections on **Birthday Calendars**

A week ago, Jack Smith let me know that I needed to recall all the 450 Birthday Calendars from the Lions Club project because I had

place. How I wish that his was the only one that wsa messed up! The following is a list of corrections and additions that need to be made to the calendars which are of Juliaetta. hopefully all delivered by this time. I deserve to have to recall all of them and hand write the corrections, Jack, but please accept my apologies. I hope you get all kinds of belated birthday wishes, and I'll really try hard to clean up my act next year. Jack Smith .... Jan. 10 Jun. 11 Lila Jones Dorothy Silflow Sept. 11 Mr. and Mrs. Harold Silflow

(anniversary) ..... May 24 Jan. 30 Doug Johns ... Janna Johns Apr. 20 Chelsey Rae Thompson

Sept. 20 (birthday) ... Again, my apologies. Really, I will try harder to be perfect.

way, if any of you don't know Jack. he is really a great guy with a great ternoon. sense of humor . . . and by now a red face.)

-Sharon Harris

# Wash Your Hands

Of Cold and Flu Germs It's cold and flu time, and a Stanford medical expert has some basic

of spreading infection to and among son in Lewiston. kids. "Wash your hands," says Dr. Chas. Prober, professor of pediatrics and the home of Buddy and Alice Hen-

diseases. Salter Packer Children's Hospital at Lindsay, Syrina, and Trevor Grose-Prober, who practices at the Lucile Stanford, says secretions from coughs close, Jeannie and Wren, Larry and sneezes infect others when they enter the "victim's" eyes or nose. Priscilla and Arlie Armitage were (The mouth, surprisingly, isn't a very effective entry point for cold Corkill, Tony, Marnie, Chelsie and and flu germs, says Prober, although it's a good idea to tll kids to keep

Brenda Roetcisoender, Ellen and their hands out of their mouths to A typical scene at a school, a day care center or even at home says ning. Kim Czmowski spent the week-Prober, can involve an adult running Roetcisoender and Kerry Kaufman from child to child, helping them to blow their nose. Traces of secretion

can easily be passed along via the hands if the caregiver doesn't wash visited with Kelly and Gina Frazier after helping each child, Prober erplains.

Local News Of Juliaetta

Word has been received that Ben Nye received a perfect 4.0 G. P. A. typed his birthday in the wrong for the fall semester of college. Ben is in his senior year at Idaho State University at Pocalello majoring in Math with Computer Science. He is the son of Lloyd and Cynthia Nye

> Jim and Jeanne Black were Saturday morning callers of Juanita Craig and Jean Wadford. Saturday afternoon, Gordon and Francis Peters were visitors. Jean Wadford returned to her home at Pullman on Sunday after spending her Christmas vacation with her mother.

Jeannie Prince and friend Larry Cree from Post Falls came to take Wren Prince back to his home on Sunday, after he had been here visiting his grandma Shannon Giese, since Thursday. Mrs. Dick Carroll and daughter Erin Prince from Genesee visited with Grace Groseclose and Shannon Giese on Saturday. "Happy Birthday, Jack!" (By the Lee and Nancy Swanson from Moscow visited with Grace Sunday af-

> Teri Ann Wright from Lewiston visited Bid and Anna Fairfield Saturday afternoon. Monday, Henry and Chris Tschantz were callers.

Milton and Marie Grant took her father, Wm. Briere, shopping a week ago Tuesday and afterwards he treated them to dinner out.

Buddyand Alice Henson visited advice about how to reduce the risk Saturday with Marvin and Ila Hen-

Helping Jessica Maland celberate her 14th birthday with a party at an authority on childhood infectious son Sunday were Grace Groseclose, Shannon Giese, Lee and Nancy Swanson of Moscow, Frank, Elaine, Cree, Jennifer, Brandi, and Whitney Swanson, all from Post Falls, Arta Johns and Kassay Maland, Kelli Bryce Henson. Mark Maland joined them later for cake and ice cream. of crop deliveries to area processing Happy belated birthday, Jessica! Lee and Nancy Swanson visited

with Adaline Jassman Sunday eveend with Shawni Czmowski and Adaline. Monday, Sonja Lohman took Adaline to Kendrick to do seme shopping.

Bill, Nancy and Kelli Fey attended Shirley's School of Dance recital at Lewiston Saturday evening.

Lewiston were Saturday evening Idaho increased by 1.6 percent dur-Viola Johns, Dian Groseclose and of 6.3 percent, down two tenths per-Wendy Parks kept doctor appoint-Tom and Gayle Marek celebrated you have not physical contact with ments in Lewiston on Monday and in the evening John Groseclose join-December 26 with their long-time Another misconception of the cold ed them for dinner out at the Diner in Kendrick. Tuesday Viola attended Younger Women Should the Kendrick Kanyon Klub meeting

Students of the Month Named at Juliaetta Elem.

The following students have been selected as "Student of the Month"

in their respective grades by Juliaetta Elementary School. Morning Kindergarten ..... Megan Eichner

Afternoon Kindergarten

	Alyssa Jonns
1st Grade	Mitch Hedler
2nd Grade	
Mrs. Quigley	Beth Gertje
Mrs. Cannon	Heather Brocke
3rd Grade	Jon Eichner
4th Grade	Bryan Jones
5th Grade	Nate Eichner
6th Grade	Trevor Groseclose
Resource Room	Jacob Rishling
Band	Mysti Solberg

#### **Unemployment Up Slightly in December**

The Department of Employment this week announced the seasonally adjusted unemployment rate fore- as Coeur d'Alene and Grangeville. cast for December, 1993, at 5.9 per- The members of Baker-Lind Post cent, in increase of four-tenths of 3913 would like to thank all who a percentage point over the Novem- braved the weather and road conber rate of 5.5 percent.

December's rate places Idaho fivethe month.

The number of employed workers in Idaho decreased from November, 1993, by 1,100. However, total employment continues to remain above the half-million mark at 506,400.

The December count of unemployed workers in Idaho stands at 31,600, an incerase of 1,800 over November. Anticipated layoffs are responsible

for the increase in unemployment. Construction experienced the largest increase. Construction claims tripled in December as activity dropped in heavy construction and heavy trade contracting due to project completion and the arrival of cooler weather. Changing weather and limited activity in the woods accounted

for an employment drop in lumber related work. Trucking has also been affected by the seasonal completion plants.

Employment was up in the retail sector as the holiday season took hold. Another seasonally bright spot was in the recreational industry, such as ski areas, doging facilities and eating places.

This year's December unemployment rate is three tenths percent below last year's figure of 6.2 in

Idaho. Average annual employment in

## **Baker-Lind Post 3913** Hosts District 2 VFW Meeting Jan. 9

The Baker-Lind Post 3913 and its The Baker-Lind Post 3913 and its Auxiliary were hosts for the District Is Underway II Veterans of Foreign Wars quart-

erly meeting Sunday, Jan. 9. A delicious spaghetti dinner was prepared the J-K Ambulance crew and and served by Hazel Candler and Kendrick Volunteer Fire Depart-Peggy Bateman with assistance from ment moved their vehicles, supplies, other members of the Auxiliary. The and equipment out of the old fire tables were beautifully decorated by station and into the new facility Lee Halseth, with Poppies and red located next to the swimming pool.

candles among evergreens. It had been decided on Thursday Post Commander Dick Bingham evening that although the building introduced the honored guests at the is far from complete, the shop head of the head table. Among those (front) area of the new station is introduced were State Auxiliary large enough and clean enough to President Mary Youmans of Potlatch, house equipment and serve as a who was welcomed with a standing ovation and State Jr. Vice Commander Ted Kelly, representing State ing hall users to please be patient Commander Bud Mason, who was

unable to attend. they think the finished product will There were 54 Post and Auxiliary be worth the wait. members present from as far away To inquire about using the meeting room call Erna Nelson at 289-5577. Although the firemen are a long way from reaching the goal of \$14, 000 estimated completion cost, they ditions to attend.

The next quarterly meeting of have raised approximately \$4,700 tenths of a percentage point below District 2 will be hosted by the Potsince the open house on December the national rate of 6.4 percent for latch Post and Auxiliary No. 30300 on Sunday, April 10.

## Cub Scout Bear Den

#### 7 Met at Vincent Home

Bear Den No. 7 of Cub Scout Pack 101 met Monday after school at the home of Den Leader Vicki Vincent. The Cubs received lessons in pocketknife rules and safety along with a demonstration by Mr. Ray Vincent on knife sharpening using a whetstone.

The Cubs worked on other activities also on their Arrow Poin Trail.

They had an arm wrestling competition to determine who would be the next Denner and the next Vincent won the contest to become assistant Denner.

The Scouts will be doing soap carvings Thursday in order to earn their Whittling Chip certificates. The members of Den 7 are Vicki Vincent, Den Leader; Joyce Brocke, Assistant Den Leader, Kelly Brocke, Richard Vincent, Robin Brocke, Ryan Vincent, and Russell Vincent.

#### **Tiger Girls Pound** Genesee 65-27

18, "so we're off to a good start," said fire chief Rick McGregor Tuesday evening. Anyone who would like to help support this facility which houses not only the Kendrick Volunteer Fire Department, but the J-K Ambulance as well, please send your donations to

Kendrick Fire Department Building Fund c/o Jim Hoogland, Kendrick ID 83537

#### First Card Party **Of Season January 15**

The first in a series of card parties will be held at the V. F. W. Hall Saturday, Jan. 15 beginning at 7:00 assistant Denner. Kelly Brocke was p. m. The parties are open to the chosen to be Denner and Richard public and the VFW welcomes everyone to attend and join them in an evening of fun entertainment. Pinochle will be featured but there will be cribbage board available for those who don't play pinochle. There will not be prizes offered for cribbage. but the charge will be 25c a game for each player, the same as pinochle and 10c a set. There will be pinochle prizes for ladies and gentlemen high and low, plus a prize or the lastperson who gets 300 pinochle, known as "The Goose."

Tickets will be sold at the door on

Visitors of the Ron Lohmans have Moore from Lewiston.

their 23rd wedding anniversary on the person." friends, Howard and Paula Ferris and flu season: of Nezperce. Paula was an overnight "You don't catch a cold from exthey went to Lewiston and on Tues- reason viruses and other infections day to Moscow. Laura Adamson and are more commun in the winter is Ben Marek joined them on their because people gather inside close Moscow trip.

**Appreciated the Story** About Christmas Star, Cross

after reading your article in last | He has been named James Fred- pointments on Monday and were week's paper, I am finally doing it. rick.

Thank You! Our granddaughter, Sarah, would San Pedro, Calif. spend time with us before Christways question us on our way home Alford. to Juliaetta, "was the the star or the cross lighted yet?" All of these little THANKS FROM MAXINE F .-

Helen Ulrich 719 B Park Ave.

love.

Lewiston, Idaho

MEAL SITE MENUS & DATES FOR AREA SENIORS

Friday, Jan. 14---**Baked** Fish Fillet with tarter sauce Seasoned Peas & Carrots Augraten Potatoes Fruit Cocktail Cake Hot Roll and butter

Wednesday, Jan. 19-Sweet & Sour Pork over Rice **Oriental Blend Vegetables** Apple Ring with Orange and Grapefruit Hot Roll and butter Pumpkin Cake

#### DATES TO REMEMBER:

Jan. 14: Meal. Piano Duets. Crafts 18: Blood Pressure Clinic 19: Meal. "Musical Grandchild-The Littleton Family. Movie.

"There's a common misconception Rusty, Connie Lohman, Shawni and son to person through the air, but dinner guests of Pearl and Phillip ing 1993, reaching a record high of Kim Czmowski, Joel and Sarah in fact, cold viruses don't linger in Groseclose. On Monday, Pearl and Marshal and Nevada and Justin the air," he notes. "Just being in the same room with a cold or flu suffer-

er is not a signiicant health risk if

guest of the Mareks. On Monday posure to cold temperatures. The at the Juanita Craig home. together, passing the virus in secre-

tion that more likely than not are on their hands," he adds

#### New Arrivals-Reinhardt-

Thank you, Nell Heimgartner, for the story about the Christmas Star the birth of a baby boy born to neighbors is very much appreciated. and the Easter Cross. All the years Dennis and Kim (nee Alford) Reinwe lived in Juliaetta, I planned on hardt. The baby was born Dec. 14 visited his brother, Raymond and saying "thank you" to Dick and his weighing 8 lbs. and was 201/2 inch- Delores Polumsky on Friday. Raycrew, but never got around to it. So, es in length.

mas and Easter and she would al- Kendrick residents Jim and Kathy

thoughts of kindness make the J/K I wish to thank my dear family Trailblozers 4-H Club Valley and the people who live here' and friends for the special care and the wonderful place we learned to love shown to me while I was hos- Plans Swim Party Jan. 16 pitalized and since returning home.

taking me to the hospital. God Bless you all,

ghtt into our home.

Maxine Foster

#### V. F. W. Post, Auxiliary

To Meet January 13

in the evening.

THANKS FROM THE ECKROTHS

Thank you Santa and his elves for Blood Pressure Clinic making our Christmas unforgetable. And, "Thank You" all for the is Tuesday, Jan. 18 community support in buying our greatly appreciated. Wally and Iris Eckroth

Playing card money was used in that is available for all ages. Canada when it was a French colony during the 1600s. The colonial governor signed the back of each card.

Edna Bowers entered Gritman Friends to Mammograms Medical Center on January 1st and returned to her home on January 5. Her daughter, Linda Horning from health specialist at Stanford Uni-Deary is staying with Jim and Edna helping to care for her mother.

Edna Bowers and her family would like to thank everyone who have message to their mothers and older sent cards and called to inquire friends.

about her, and helped in any way. Nell Crocker has received word of The concern of family, friends, and Clarence and Aldeana Polumsky mond and Delores kept doctor aplunch guests of Delbert and Alberta Dennis and Kim are now living in Flaig in their Lewiston home.

Kim is the daughter of former Delayed from Last Week:

Clarence and Aldeana Polumsky were New Year's Eve dinner guests of Floyd and Ursula Johnson.

The Trailblazers 4-H Club held Thank you for the prayers, visits, its monthly meeting January 8 at calls, cards and food that was brou- the home of Carolyn Brown in Jul- knowledgeable about their own hea- the day chosen is a Thursday afteriaetta.

And, a big thanks to Marjorie and The club voted to hold a swim-Clarence for their promptness in ming party Sunday, Jan.16 from ends to have a mammogram when 2 to 4 at the U. of I. Swim Center. After the swim the members will Peters says. go to McDonald's. The group will meet at 1:15 at the Kendrick Park.

4891 or 276-7081. The next meeting will be Satur-Baker-Lind Post 3913 and its Aux- day, Feb. 15, at 1:00 at Carolyn and annually thereafter. The Natiliary will meet Thursday, January Brown's home. New members are 13, at the Hall beginning at 8:00 welcome. Sign up for new projects ed guidelines asserting that most will be held.

Alecia Brocke, Reporter

in Kendrick from 10:30 to 11:30 and at Johnson Manor in Juliaetta from

and family to 1:30.

> Hate the sin and love the sinner. -Mohandas Gandhi

492,800 workers, Also, 1993 ended with an average unemployment rate cent from 1992.

The outlook is for continued growth at a slightly slower pace.

**Points Moms and Older** 

for mammograms, but a women's Genesee .... versity Medical Center says that per-

haps the most useful thing most of

factor in breast cancer,' says Dr. Joint School District No. 283 will Barbara Peters a clinical assistant meet in regular session Thursday, professor in gynecology/obstetrics Jan. 13, in the school library a and a founding physician of Women's Kendrick High School at 7:30 p. m Health Group, in Portola Valley, Calif.

face an extremely low risk of con- aged to attend.

they can best concentrate their con- Would You Like to cern in making sure that their mothers and older friends are con- Make a Quillow?

grams," Peters says.

the American Cancer Society eshowing that more than 75 percent of breast cancer cases involve women who are older than 50.

"Younger women, who are often

aging their mothers and older frithey reach an appropriate age," Dr.

The American Cancer Society recommends that every women have a For those needing rides, call 289- mammogram between age 35 and 40 for baseline reference, then once every two years between 40 and 50, ional Cancer Institute recently issu-

> women, in consultation with their doctor, can wait until age 50 for the first routine screening, with annual screenings thereafter.

"But for women in their teens

The regular monthly blood pres- rent," Peters says. "The odds of conlocally grown Christmas trees. The sure check clinic will be held Tues- contracting breast cancer are less other potential risk factors or signs patronage and encouragement are day, Jan. 18 at the NEW Fire Hall than 1 in 1,000 for women under for women in this age group. age 35. A woman under age 30 shouldn't disregard the possibility thing a healthy woman in her 20s of getting breast cancer, but in that can do is to eat a healthy, high-There are no fees for this service age group a mammogram is usually fiber, low-fat diet rich in vitamins.

dense to reflect an accurate reading." minimize her already low risk of

younger than 30 conduct a monthly age," Peters says.

By Jarrod Hosley

At Genesee Friday night, the Kendrick Tigers overcame a slow start to blow by Genesee 65-27. The Tiger offensive show was led by senior Aundi Howerton, who scored 25 points on the night including a 5 for 8 effort from the 3-point line.

Ferris Dudunake scored 21 points for Senior Citizen Center the Tigers who pushed their overall record to 10-4 and 8-2 in league play.

Scoring by quarters: In the JV game, Kendrick defeated Genesee 38-27.

these women can do is to get the Kendrick School Board Meets Thursday, Jan. 13

"Age is the most important risk The board of trustees of Kendrick School board meetings are open to the public and all interested per-"Women in their 20s generally sons are both invited and encour-

tracting breast cancer, so perhaps

Would you like to make a Quillow? scientious about receiving mammo-What is a Quillow? It is a combina-She notes recent statistics from tion quilt-pillow. And, if there is

enough interest, there will be a class held at the Juliaetta Library. class. Elaine Galloway will be the instructor, the fee will be \$10 and Eight to 10 people are needed for the

lth, should make a point of encour- noon. If interested call 276-7258.

# Silflow Golden Anniversary

#### Is Saturday, January 22

Emil and Doris Silflow will be celebrating their 50th wedding anniversary on Saturday, Jan. 22 at the Kendrick Senior Center. The event will be from 1:00 to

3:00 p.m. and will be hosted by their three sons, their wives and their families.

Pessimist: One who, when he has the choice of two evils( chooses both. -Oscar Wilde

and 20s, the focus is entirely diffe- breast self-exam for suspicious lumps. A physician can identify "But perhaps the most important

useless-breast tissue may be too A healthy diet will probbaly help Peters recommends that women developing breast cancer at that

an optional door prize at 50c a ticket. nacks, finger food, and coffee will be served by the Auxiliary throughout the evening.

The proceeds of this party will be given to the Post toward repairing the roof.

#### **Christmas Raffle Winner**

The Senior Citizen Center Christmas raffle drawing was held recently. The winner of the beautiful ivory hand-crocheted afghan was Ben Carpenter. The afghan was made and donated by Alberta Turner.

The members at the Center appreciate the support and encouragement shown them by the Kendrick-Juliaetta communities.

## Evergreen Friendship

#### Club Meets Jan. 20

Thursday, Jan. 13-

1/2 Pint of Milk

Friday, Jan. 14-

Cheese Bread

Jello & Fruit

½ Pint of Milk

Monday, Jan. 17----

Tuesday, Jan. 18-

Potatoes or Rice

1/2 Pint of Milk

1/2 Pint of Milk

Thursday, Jan. 20—

Carrot Stick

Turkey Sandwich

1/2 Pint of Milk

Vednesday, Jan. 19-

Roll & Butter

Green Beans

Chili

Salad

Applesauce

Dessert

Potatoes

Fruit

Oven-Baked Chicken

Cook's Choice

Taco Salad

Corn

Potato

Applesauce

Pudding

Submarine Sandwich

The Evergreen Friendship Club will hold its January meeting at 1 o'clock, Jan. 20 at the Town and Country Diner.

Members are urged to attend.

#### Juliaetta and Kendrick

#### School Lunches

The Kendrick Gazette, Thursday, January 13, 1994 Local News

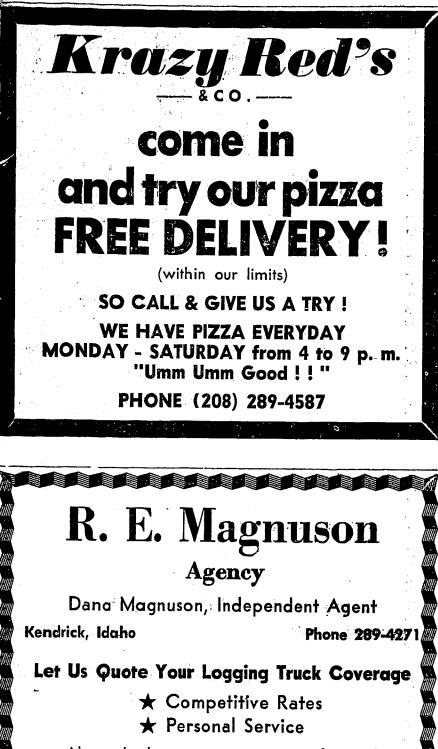
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Also: ask about our new company for rural and older residences and farm liability.

and Jim and Hazel Candler visited ner together at the Town and Counwith Ted and Phyllis Fey. Hulda Clemenhagen entertained outing.

**Of Kendrick** 

dinner guests at her home Sunday evening, Guests were Roy Clemenhagen and Jean and Fred Clemenhagen. After dinner they enjoyed an evening of pinochle.

Saturday morning Marge and Elmo Eldridge called on Crystal Gruell at her home in Lewiston. Marilyn Eichner took her mother Alberta Turner to Chehalis, Wash. for eye surgery on Tuesday. They mer,, Jim and Hazel Candler and returned home on Thursday. The

Unis Heimgartner. surgery went well and Alberta is Pete and Clara Ware attended recovering nicely. funeral services for Dennis Abrams Sunday Walter Zumhofe and Betty in Orofino.

Cowger were dinner guests of her Clara was admitted to the Pullson Lonnie and his wife Nancy man Hospital January 4, suffering Cowger in Lewiston. It was a special from a severe case of the flu. She day as Betty's great-grandson, Logan was released Jan. 9. Sunday visitors La Doux, was visiting with his grandparents and his first birthday were Amelia and Jim Reeves Orofino. was celebrated by all.

Mike and Kaye Morey were Fri-Deb and Dave Klatt helped the day evening dinner guests of Gary EMTs and firemen move the vehicles, gear and all the contents from and Margaret Bostick in Lewiston. Monday evening Ruby Craig enthe old fire station into the new factertained Millie Corkill with dinner ilities on Saturday. at her home.

Lucille Magnuson attended the Wednesday of last week Pat Heimpublic dance at the Juliaetta Elegartner of Clarkston spent the day mentary School gym on Saturday with her mother, Millie Corkill asevening. A live band, Santa Fe, from sisting her with chores. Ed Corkill Genesee provided the music for the joined them in the afternoon, lenddancers. It was a most enjoyable ing his assistance with the tasks. event.

Wayne and Kaye Harris left Friday for Boise where Wayne attended the Idaho State Auctioneer's Conlet us rather prepare for what is to vention. Kaye enjoyed spending time come.

with Bret and Jill Gertje and the two grandsons. Kaye and Wayne returned home on Sunday.

Sunday evening Ula and Don Cantril were guests of Bob and Beverly Rollins.

Roger Nelson of Moses Lake, Wa., spent Saturday with his parents, Ed and Erna Nelson helping them with chores and odd jobs.

and Erna to Lewiston to keep a medical appointment for Ed.

ian Craig have been Albert Westendahl, Danny Westendahl, Unis Heimgartner, Jon and Cindy Arnett and heresa Lares and Angie.

eltine were in Moscow on Saturday for shopping and business. Elma advised she enjoyed the picture of Bill that appeared in the weekend edition of the Daily News.

ders.

Dinner guests of Nellie Millard Walter McCall, Mr. and Mrs. Rich-McCall, Mr. and Mrs. Rod Uglem, Jeff and Jennifer, all of Lewiston, and Mr. and Mrs. Stan Rines, and Brenden Millard.

rie, visiting Craigmont, Grange- We think in generalities, we live ville, and Winchester. They stopped in detail. off in Winchester and visited with Rick and Debra Farrington. They found only three to four inches of snow on the prairie. Upon their re-Sunday Fred and Betty Arnett turn to Kendrick, they enjoyed din-

Let us not go over the old ground,

**Steve A, Rishling** 

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— General Practice —

Jeanette I. Thiel

Attorney-at-Law

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Evenings - Juliaetta 276-3667

-Cicero

try Diner. It was a most enjoyable Saturday evening Bill and Rita Blewett enjoyed attending the annual banquet of the Vintage Valley

SATELLITE Street Rods at the Bridge Street Connection in Clarkston. Sales & Service Visitors this past week with Ada Westendahl and Quentin Carlson were Maxine and Clarence Smith of - C A L L -Chuck Lyons Troy, Dorothy and Ray Todd of Lew-Troy: 835-8944 iston, Dennis Carlson of McCall, Jim Bain of Moscow, Ernie Bram-

pecting the pupil. -Ralph Waldo Emerson TV

-George R. Kirkpatrick

The secret of education is res-

-Alfred North Whitehead

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GIRLS BASKETBALL	
JAN. 4: Asotin (here)	6:00-8:00
Jan. 6: Genesee (there)	6:00-8:00
JAN. 11: Troy (here)	6:00-8:00
Jan. 14: Culdesac (there)	6:00-8:00
JAN. 15: Nezperce (here)	6:00-8:00
Jan. 21: Timberline (there)	
BOYS BASKETBALL	
JAN. 7: Highland (here)	6:00-8:00

Jan. 11: Prairie (there) ..... 6:00-8:00 Jan. 13: Culdesac (there) 6:00-8:00 JAN. 15: Nezperce (here) 4:30-8:00 Jan. 18: Genesee (there) ... 6:00-8:00 JAN. 20: Kamiah (here) \_\_\_\_\_\_6:00-8:00 Jan. 22: Highland (there) ..... 6:00-8:00 -CERTIFIED PUBLIC ACCOUNTANTS-Hayden, Ross & Co. 
P. O. Box 69 
Kendrick, Idaho

**Telephone 289-8555** 







208) 835-5351 276-3764 Monday Ervin Halseth took Ed Visitors this past week with Viv-

Elma Hazeltine and Laurine Haz-

Jenny Brown visited her mother, Resi Brown on Monday, helping her with odd jobs. They were joined at the Diner for dinner by Esther Sou-

Wednesday evening, Jan. 5th, were ard McCall, Mr. and Mrs. Robert

George and Helen Brocke attended the wedding reception at the VFW Hall Saturday night in honor of Mr. and Mrs. Brian Ward (Traci Anderson).

Saturday evening Marie and Harlen Fey enjyoed visiting in the home of Jim and Glenda Kress of Lewiston.

Weekend guests of the Feys were Linda and Lance Nelson of Post Falls.

Sunday, Harlan and Marie went to Deary to Gerald and Lorraine Wood's home. Gerald had just returned home from Sacred Heart Hospital and was doing much better. They also visited with Eva Rosenau, and Sunny and Todd Bogar in the evening.

Max and Cindy Armitage and boys Chad and Tom, Winchester, visited with his father Ross Armitage on Saturday. They hauled a load of wood and called on Joyce Clemenhagen in the evening.

Saturday Beverly and Bob Rollins hosted a birthday party for their granddaughter Samantha Rishling's fifth birthday. Guests were Theresa Rollins, Theresa Balestier, Jacob Rishling, Mike Rollins and Samantha. They enjoyed a delicious meal, cake and the giving of gifts.

Darrel and Rose Brocke visited her mother Bessie Kaufman in Orofino on Sunday.

Maxine and Art Foster went to Lewiston on Monday where they visited her mother, Mattie Allen, who was a patient at St. Joseph Regional Medical Center. Mattie was returned to the Lewiston Care Center following her stay in the hospital resulting from a fall.

Tim Eichner attended the Ag Show in Spokane on Tuesday.

Norma Crocker took Nell Crocker to Pullman last Wednesday to keep a doctor's appointment. On Thursday Dave and Norma visited with Nell. Gwen Deobald called on Nell Saturday.

Sunday visitors with Mildred Johnson were David and Joanne Johnson of Lewiston and Theresa Balestier.

Last Tuesday Kathlyn Morey and Fay Sherman enjoyed dinner at the Diner together.

Gladys Wilson attended the Kendrick Kanyon Klub meeting Tuesday afternoon at the home of Juanita Craig in Juliaetta.

Sunday afternoon visitors with John and Gladys Wilson were Lottie and Ray Jordan of Mead, Wash., and Ed and Erna Nelson.

Saturday Jack and Judy Haley and her father, Clarence Thornton went for a drive to the Camas Prai-

# **DON'T JUST DRINK.**



A public service of the Idaho Advertising Federation & Idaho Newspaper Association.



# **Stonypoint News**

#### The Stonypoint Friendship Ciub

Heimgartner's home on Thursday to School. Justin and Lynnae particiquilt on our "Children's Home pated. Quilt". Those present were Mabel Steigers of Gifford, Marie Zenner of Genesee, Delores and Ruth Heimgartner and Marjorie Stevens.

was a Sunday afternoon visitor of been ill. Dad and Mom, Eldon and Gert.

C On Wednesday Eldon and Gert ewere in Lewiston for a medical apspointment for Eldon. He has sufferis finally on the mend.

Mabel Steigers was a Sunday afvternoon guest of Nellie Steigers.

1) Delores Heimgartner was a Saturday afternoon visitor of Wayne and Ruth Heimgartner.

Saturday evening Wayne and Ruth attended Shirley's School of Dance Kylee was a participant.

Delores Heimgartner visited one day this week with Lawrence and Nell Heimgartner.

On Sunday Joanne and David Johnson of Lewiston arrivde at the Heimgartner home bringing goodies and to visit.

the Kendrick-Highland basketball game on Friday.

Saturday Darrell and Janet, Don wand Terry, and Pat, Georgie and and Kristan Kirkham met at Dave boards! & and Christy Anderson's for birthday

# Classifieds

WANTED: Brownie Girl Scout uniforms. Call 289-4782.

PROFESSIONAL HOUSE CLEANER to the Smiths on Thursday. has openings. References. Work 🥙 guaranteed. Ph. 746-3101.

2t30p FOR SALE: 8N Ford tractor with attachments. \$2750.00. 289--4000. 2t29c

ALOTTE SKIN CARE: Call Connie 🐮 at 276-3191. Aloette because your The you. 5t25p

OLOST: JACKNIFE. Pear-handle, 3bi blade. Lost between Kendrick Gazette and Town & Country Diner. Either front sidewalk or Tuesday and Saturday. 🗄 back alley. Reward: \$10. Return u to Gazette Office. 2t31c

**FOUND:** Male Shepherd-mix dog. 1. Looks about 1 yr. old. Between 🕅 Kendrick and Deary. Wearing a b black collar. Contact Lori Ann Wilson, 289-5325. 2t 29nc

cake and and ice cream in celebra-tion of Dave and Georgie's birthdays which were Saturday and Sunday.

Wednesday Darrell and Janet A group of ladies met at Gert watched gymnastics at Clarkston

Later they attended a basketball game at the Lewiston Valley Boy's Sunday School Club to watch grandson Justin play. Morning Worship ...... 11:00 am

Jeanne Black spent Wednesday and Thursday in Clarkston with her Wednesday Bible Study .... 7:00 pm Gerald Heimgartner of Clarkston mother, Helen Hungerford, who has

Jami and Lacey Heimgartner arrived at the home of grandparents Wayne and Wanda Hoskins Sunday ed complications from the flu, but morning. They attended Sunday Sunday School school at Cottonwood Creek Community Church in the morning and en-

joyed the rest of the day visiting. Mr. and Mrs. Raymond Hawkins of Lewiston, and children came out

Sunday for dinner and a visit. Wanetta and Rick Heimgartner also Sa stopped in for a visit in the afternoon and took Jami and Lacey home with them. Ray and Karen K recital in Lewiston. Granddaughter had just returned from a vacation in Jamiaca and had many interest-

ing stories to tell.

**Park News** 

By Jody Smith

"If winter comes, can spring be far behind?" With a winter like the 🗇 Darrell and Janet Kerby attended one we are having, who knows? The S snow may be holding of 'til April! Su Area roads have been slick only a few times so far, but drivers can Su still find something to complain Andrea Kerby, and Steve, Karen about-namely chuck holes and wash W

> The Jerry Smith place has been he scene of many butcherings and meat cutting bees lately. Those taking part have been Jake and Mildred Beyer of Bovill on Tuesday, and Wednesday, Mark LaBolle of Texas Ridge, and Victor Haag of Lewiston 2t31c on Friday. Wanda Enger paid a brief visit Sunday School

Saturday Jerry and Jody Smith, ac-

companied by Debbie LaBolle and sons Danny and Andy went to Lewiston to attend the livestock market and do some shopping. They enjoyed a brief department store aisle visit with his uncle and aunt, Lloyd and Ethel Slatter and called on Faith

Osborn on the return trip. Clinton and Ethel Smith were Sunday School ...... 10:00 am Kendrick visitors on Thursday and Worship Service ...... 11:00 am continued on to Juliaetta for a lunch

time visit with Allen Chilberg. Leah Smith was home from Moscow for visits with her parents on

Volleyball was invented in 1895 by William G. Morgan, a physical-educatioin instructor at the YMCA in Holyoke, Mass.

The first Red Cross Christmas seals, for a campaign against tuberculosis were sold in Decmeber 1908.

CHURCH OF THE NAZARENE Juliaetta, Idaho Jay W. Casciato, Pastor Phone 276-3640 Parsonage: 276-3641 .... 9:45 am Children's Church ..... 11:00 am 

> ZION LUTHERAN CHURCH Juliaetta, Idaho Rev. Robt. Kenyon, Pastor Phone 289-3472 Winter Hours:

...... 9:45 am ..... 8:45 am Worship Service ... ----

SEVENTH-DAY ADVENTIST	0.
Juliaetta, Idaho	p
	a
Ron Schultz, Pastor	w
Phone: 746-3840	a
Saturday Sabbath School 9:30 am	th
Worship Service 11:00 am	
	li
KENDRICK UNITED METHODIST	th
Susan Butts, Pastor	cl
Phone 743-0375	c
Sunday School (all children)	e
Worship Service 11:00 am	a
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KENDRICK ASSEMBLY OF GOD	С
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Kendrick, Idaho	gı
Robert Novak, Pastor	p
Phone 289-4590	đ
Parsonage: 289-4597	u
Sunday Bible School	
Sunday Morning Service 10:30 am	С
Children's Church 10:30 am	m
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Sunday Evening	
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Praise and Prayer 7:00 pm	y h
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Youth, Royal Rangers and Missionettes ..... 7:00 pm A Full Gospel Fellowship where Christ is central.

CAMERON EMMANUEL LUTHERAN CHURCH Rev. Robt. Kenyon, Pastor Phone 289-3472 Winter Hours:

...... 9:45 am . 11:00 am Worship Service ....

**CAVENDISH UNITED METHODIST** Rev. Doug Lake, Pastor Worship Service ...... 8:30 am

**COTTONWOOD CREEK** COMMUNITY CHURCH Steven S. Smith, Pastor Phone 836-5559 Sunday Evening Church, 1st and last Sunday through

.... 6:30 pm March ..... Wednesday Prayer and 7:30 pm Bible Study .....

CHRISTIAN FAMILY FELLOWSHIP Kendrick-Juliaetta, Idaho Worship Sunday \_\_\_\_\_ 6:00 pm For Location Call:

276-7661 or 276-4911 SOUTHWICK COMMUNITY

## Leg Pain May Signal **Clogged** Arteries, **Cardiologist Warns**

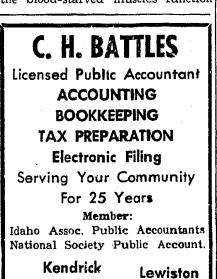
or arthritis-it may be the sign of poor blood supply to the legs caused by hardening or clogging of the art-duce the blockage and restore the eries in the lower body, says a Stanford University cardiologst.

Dr. John P. Cooke, who directs the vascular medicine section at that help distinguish this generally tion in the arteries. treatable condition-called intermittent claudication-from other maladies that cause limping and pain.

fflictions of advancing years, people with intermittent claudication usually don't have to sit down or take he weight off their legs to find rehey stop walking.

"One real risk if intermittent laudication is that because it beomes painful to walk, many sufferers stop moving before they notice ngina—a tightening in their chest. which is a sign of a heart condition,' Cooke says. "Therefore, their underving heart condition may go undianosed, so it's important to evaluate partients' cardiac condition before leveloping a treatment plan."

Diagnosis is also important, says Cooke, because persons with internittent claudication have about five imes the risk of dying in any given year, more often than ot of stroke or neart attack, than the general population of the same age. About 2 percent of the U.S. population over age 55 has intermittent claudication. "If the condition is limited to the lower body, a a first step is to reduce risk factors-lower blood pressure and cholesterol levels if these are problems, stop smoking, or regulate blood sugar if diabetes is a problem." Medication, he says, is another option, "and there are some really promising new drugs on the horizon which offer the potential to help the blood-starved muscles function



746-3681

289-3381

#### The Kendrick Gazette, Thursday, January 13, 1994

more effectively with less oxygen." area, and then inflated slowly to re- a limp. blood flow.

While dramatic solutions are possible, Cooke says many suffers can Stanford University Clinic, says find relief through a simple walkthere are some important symptoms ing program to help improve circula-

Cooke says for patinets without serious complications can often start | puter. with a 25-minute daily walk, which "Generally, folks with intermittent can be increased by five-minute inclaudication feel cramping, fatigue crements about once a weck. After or tightness when walking. Unlike about six weeks on a good exercise people with arthritis or some other program, most patients will double their pain-free walking distance. Cooke says it's important not to give up exercise at the first sign of discomfort ("no pain, no gain") but ief. The discomfort goes away when he warns people to stop exercising if pain becomes moderate or severe. Also, people with oor leg circulation should be especially careful to wear good shoes, because blisters develop/ more easily and harder to heal, say

Cooke.

And because it helps people re-Some patients may require surg- member the malady, Cooke likes ery, or they may find help from a to mention that the term claudication more than a sign of advacing years which a half of the local angioplasty, in is derived from the Roman Emperor which a ballon-type device is thread- Claudius, who had (among other through the artery to the narrowed problems, both physical and metal),

> When choosing between two evils, I always like to try the one I've never tried before.

-Mae West

ENIAC, completed in 1946, was the first fully electronic digital com-

**KENDRICK FAMILY** DENTISTRY Jeff Sowle, D. D. S. 289-3221 ASK US ABOUT: Bleaching Cosmetic Dentistry





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I2 Oz. TinMinute Maid Orange Juce\$1.09Assorted Flavors14 Oz. PkgsRuffles Potate Chips\$1.99Regular Quarters1 lb. PkgsNucoa Margarine2/\$1Selected Varieties46 Oz.Vlasic Pickles\$1.89
<b>Pepsi Family Sale</b>
PEPSI — DIET PEPSI — PEPSI FREE CRYSTAL CLEAR — MT. DEW
12 pack *3.49
Phil's Food City Videos Great New Movies Due Jan. 12 "Robin Hood: Men In Tights"
"Robin Hood: Men In Tights"

Pregro Spaghetti Sauces . \$1.69
Franco-American 15 Oz. Tin
Spaghetti & Spaghetti O's 59c
Fabric Softener Sheets 20 Count
Purex Toss-n-Soft 69c
Sunshine Dog Food \$8.39
Western Family 100 Count
Aspirin
Bumble Bee Tuna 69c
S CAMPBELL SOUPS
🖹 Chicken Noodle Vegetable 🇯
5
👔 Beef Noodle 🛛 Turkey Noodle )
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1 <b>59c can</b>
Assorted Varieties 19 Oz. Tins
Com de alla llama Caalim/ Com C1 50
Campbell's Home Cookin' Soup \$1.59
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