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**How to Cook Frozen Fish So It Tastes Almost Fresh**

Cooked properly, frozen fish can taste almost as moist and tender as a fresh catch. Sunset Magazine reports in its January issue.

According to the 2-page article, complete with photos and 3 recipes, the secret is to cook the fish without defrosting it in order to retain the succulent texture and save thawing time. A fit-for-company meal can be ready in an hour or less.

In many areas, the magazine explains, frozen fish is more available than fresh and it's usually less expensive (up to 25 per cent less for many varieties). Sole, cod, perch, and haddock are the most common varieties.

The fillets are packaged in inch-thick 1-pound blocks in the frozen food section of most supermarkets. They're boned and skinned and ready to cook, the article says.

Sunset suggests that when shopping, check to make sure the fish is solidly frozen and the package is undamaged and airtight. While the fish is frozen at its peak of freshness improper handling and storage can cause spoilage. There should be no discoloration or white cottony appearance on the flesh.

An easy rule for cooking frozen fish, according to the editors, is to allow 20 to 24 minutes for each inch of thickness, and add a few extra minutes if the fish cooks with a sauce or topping. This applies to poaching and baking.

Sole, perch, cod or haddock can be used interchangeably in this recipe, which appears in the article.

**Baked Fish With Mushroom Sauce**

Unwrap 2 packages (about 1 lb. each) frozen fish fillets and let stand at room temperature for 20 to 30 minutes. Cut each fish block into 2 or 3 equal portions and place slightly apart in a greased shallow 2 1/2 to 3-quart casserole.

Stir together 1 can (about 11 oz.) condensed cream of mushroom soup (undiluted), 1/4 tsp. dill weed, and 1/4 cup dry sherry. Spread soup mixture evenly over fish. Bake, uncovered, in a 450 degree oven until fish is almost opaque throughout, 22

**Hearty Stews In Just One Pot**

True camping enthusiasts don't postpone their outdoor activities in the colder months, but do take extra precautions to stay warm.

Hearty one-pot stews, easy to prepare and designed to warm the most chilled camper are ideal fare for winter camping trips, according to the 1978 Western Campsites Directory, an annual publication of Sunset magazine.

Recipes for stick-to-your-ribs stews three with ground beef and a fourth with sausage are featured in the 416 page publication to go on sale Feb. 7.

The Sunset editors suggest that since sausage and fresh meat are relatively perishable use them within 2 days. For long storage, cook recipe-sized portions of meat or sausage at home, then chill or freeze before packing in the ice chest.

At camp, add the remaining ingredients in the recipe. Another way to prolong the freshness, according to the editors is to freeze the raw meat.

This recipe, which appears in the publication is a thick, stew-like soup laced with lots of vegetables and barley.

In a 5 to 6-qt. Dutch oven, crumble and cook 1 lb. lean ground beef over medium-high heat until browned. Add 1 large onion chopped, 3 stalks celery and 3 carrots, thinly sliced and 2 turnips, diced.

Cook stirring until onion and celery are limp. (Add 2 tbls. instant mixed onion if substituting for fresh onion.)

Add 1/2 cup barley, 1 single serving sized package dry tomato soup mix, 4 bouillon cubes, 5 cups water, and 2 tps. chile powder.

Cover and simmer until barley is tender, about 45 to 50 minutes. Skim with salt and pepper to taste. Makes 4 to 6 servings.

to 26 minutes.

Toss 1 1/2 cups seasoned croutons with 1 1/2 tbls. melted butter or margarine; sprinkle over fish. Bake, uncovered, until croutons are browned and fish flakes, about 5 minutes. Serves 4 to 6.

**Importance of Preventing Noxious Weeds Is Stressed**

Failure to prevent the establishment of invading weeds leads to intensive management with complex herbicides designed to affect control within the limitations of crop plants or rotation practices. With normal moisture, economic control is available under a wide range of conditions, but poor weed control habits backfire in the event of extended drought or new crop selections. Limiting the types and numbers of weed pests can markedly reduce the risk of severe weed problems.

Public lands are fast becoming the primary weed source in Idaho. Management of these areas will restrict the movement of new weeds into crop land and keep increased farm chemical cost out of food production. An example of this problem with public lands is the well drained shoulder of paved roads. Weeds from central Europe thrive in this environment because it resembles their native habitat and these weeds are further encouraged by periodic salting of the road surface. A bonus for weeds on roadsides in prime farmland, is that their roots easily penetrate into very fertile soil.

One particular concern to Latah County horse owners, is the introduction of Spotted and Diffuse knapweed; either of these plants cause toxicity symptoms in grazing animals, especially horses. Removal of these plants from range has increased the forage by an average of eight times. These plants are similar to Tansy in that they tend to overtake prime pasture areas such as the fertile flood plain along creeks. Weed control on private range can prevent the establishment of weedy plants in wildlife habitat. Native animals cannot hope to maintain their vitality in proportion to increasing human pressure, if they are forced to eat noxious weeds. County weed control efforts on private range are designed to maintain the productivity of the range while its usefulness as a buffer zone between Man and wildlife is insured.

In the past, failure to address the weed problem from a community standpoint has led to uncoordinated chemical usage which has always led to failure. At this point, the debilitating effect of the foreign plant is brought to bear on our crops, range and wildlife habitat, or, in other words, our environment. Unfortunately, owing to the nature of the problem it cannot be ignored and ever-larger governmental agencies are called upon to manage the now unmanageable situation. Most unfortunate of all is the fact that some time in the past the original problem could have been localized on an individual property. This common pattern of events does not necessarily show the tenacity of the plants; rather, it reflects a weakness in our attitude toward the long term management of our greatest natural resource—the soil.

**U. of I. to Offer Painting Class for Students, Adults**

Painters—beginners, experts, those who are frustrated by a lack of information and just plain amateurs—will be offered help in a painting course offered by the University of Idaho Office of Continuing Education this semester.

J. Willard L'Hote, a University of Idaho art student will teach a basic introductory course in painting with the first class meeting set for 7 p. m. Monday, Jan. 23. The course runs through May 8.

The course will begin with explanations of tools and their uses, materials and techniques. Students will work through a series of specific projects designed to teach them about various aspects of painting. Instructions will be oriented to the use of oil paint as a medium, but students may work in other media if they wish.

There will be a \$40 registration fee and basic supplies will cost about \$20. The class will meet in room 310 of Art and Architecture North on the UI campus.

L'Hote received a bachelor of fine arts degree from the University of Michigan and has had work shown at the Chicago Institute of Art and the Detroit Institute of Art in addition to other shows and displays. Interested students should contact

**Animals Available For Adoption at Shelter**

- Irish Setter, male, 1 yr., red. Has good disposition.
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  - Samoyed and Siberian Cross, male, 3-yr., white, very big dog.
  - St. Bernard Cross, female, 8-mos., brown and black.
  - Brittany Spaniel, female, 1 1/2 yr., white & orange & 2 mos. plus female
  - 2 Poodles, one white, one black, males, 1 yr.
  - German Shepard and Collie Cross, 1 1/2 yr., tan & white, female, spayed.
  - Red Bone Hound, female, 10-mos., red and white.
  - Pom & Fox Terrier Cross, male, 11 mos., red, tan.
  - Gordon Setter, female, 2 yr., black and tan.
  - Airdale and Sheep dog, male, 2 1/2 black and white.
  - Chow and Shepard, male, 6 mos., black and tan.
  - Collie Cross pups, 3 females, 2 1/2 mos., tan and white.
  - Beagle Cross, female, 6 mos., black and white. This one is "Super Spot."
  - Cocker Cross pups, females, black and black and white, 2 mos.
- We also have a mother and nine pups that were born in the wild in an old culvert. They are also looking for good homes.

Lewis-Clark Animal Shelter, Inc.  
930 Mill Road, Lewiston, Id. 83501  
Hrs: Mon. -Sat. 10 to 6 Sun: 10-4  
Phone 743-1301

In this age the man who dares to think for himself and to act independently does a service to his race.—John Stuart Mill.

The Office of Continuing Education, 1044 Blake St., Moscow, Idaho. 83843 —telephone 208-885-6486, for more information and to pre-register.

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3. A sore that does not heal.
4. Change in bowel or bladder habits.
5. Hoarseness or cough.
6. Indigestion or difficulty in swallowing.
7. Change in size or color of a wart or mole.

If your signal lasts longer than two weeks, go to your doctor.

American Cancer Society



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For centuries, people have recognized the right of the community and of the individual to be put on notice.

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Legal notices keep a citizen informed on all school, city and county action by official

bodies. Legal notices also give a citizen an opportunity to do something about some proposed action that may affect his rights.

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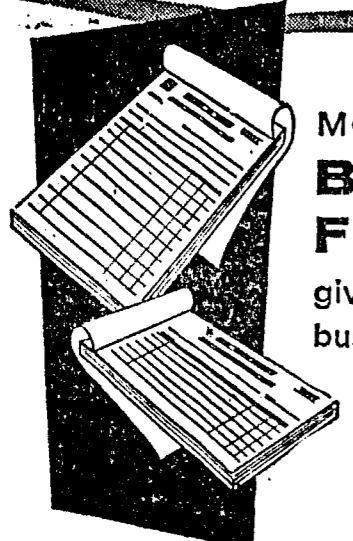
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**IT HAPPENED WAY BACK WHEN**

**Genesee News 50 Years Ago**  
 7th & 8th grade: Student officers for the 2nd semester are: pres., Geo. Blume; v. p., Ruth Gordon; sec-treas., Fern Erickson; yell leaders, Adeline Dresser and Richard Harris.  
 The Tues. card club was very pleasantly entertained Tues. p. m. by Mrs. Glenn Sampson when pinocle was played at 3 tables. Mrs. Jas. Magee won high honors and Mrs. W. W. Burr was given the consolation.  
 D. L. Dressler went to Lewiston Wed. p. m. and brought Dr. W. H. Ehlen home.  
 A 6 o'clock pickup luncheon was given at the local Rebekah lodge at their regular meeting last week for Mrs. D. L. Dressler. No particulars were given out only she was presented with a very nice gift.  
 Monday of this week Mrs. W. W. Burr pleasantly entertained the Monday Bunch at her home.  
 Thus, the Progressive Club spent a very pleasant afternoon with Mrs. W. M. Herman.  
 A very pleasant surprise party on Mrs. Minnie Springer was planned and carried out by Mrs. Arthur Springer Sunday eve and it was a real surprise, too!  
 Stanley Green, young son of Mr. and Mrs. Dick Green, is quite ill with pneumonia.  
**70 Years Ago**  
 A 15-pound son was born to Mr. and Mrs. Jos. Moersch Monday of this week making the 12th child born to this well-known couple.  
 Some weeks ago H. H. Manderfeld purchased all that portion of the Theodore Loring ranch lying north of the N. P. track and containing about 80 acres. Last week he made a deal for the purchase of the remaining 80 acres. The average price paid for the entire quarter and improvements, we understand, was about \$62.50 per acre.

**Kendrick Gazette Jan. 27, 1928**  
 Last Friday morning a bad slide occurred at the rear of the lots occupied by the Methodist church and Silvie Cook's residence. Trees, rocks and tons of earth filled the back of the lots. At the rear of the church the debris piled above the windows of the basement, allowing mud and water to run inside the building.  
 It required several days of hard work with men and teams to clear away the slide so that it would not damage the buildings. It is estimated that it will cost in the neighborhood of \$300 to clear away what remains of it. It is expected that work will be resumed in the spring when the ground has dried out to some extent.

**Dec. 23, 30, 1937**  
 Miss Margaret Brookshaw of Canada and Wilbur Corkill of this community were united in marriage Dec. 14 in Canada. They are expected home by the first of the year.  
 Big Bear ridge: Mr. and Mrs. Stanley Sveve spent Friday and Saturday with relatives in Genesee & Moscow.  
 Bill Hoch is carrying the mail for Everett Fraser on the upper end of the mail route by team, on account of mud and snow.

**Eilon Strom of Troy, representing the Carlson Electrical Co., called at the various homes on Bear ridge in the interests of wiring.**  
**December 25, 1947**  
 Mrs. Eileen Jones became the bride of Wm. Johnson, Wed. p. m., Dec. 17 at 2 p. m. in the First Methodist church parsonage in Clarkston with the Rev. Ranton performing the beautiful double ring ceremony. The bride was attended by her sister, Mrs. Gordon Peters and the groom was attended by his brother, Herman Johnson. Others present were Mrs. Herman Johnson and Gordon Peters.  
 The marriage of Miss Gladys Ann Woody and Virgil Flesman was solemnized Sat. morn at 11 at Clarkston Methodist church. The Rev. Dr. John D. Turner of the Moscow Presbyterian church officiated, assisted by Rev. Erwin Ranton before 100 friends and relatives. Miss Woody



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**Idaho Construction Industry Had Successful Year, Says First Security Report**  
 Idaho's construction industry experienced a successful year in 1977 and substantially exceeded the level of activity recorded in 1976. This is according to Idaho Construction Report, a publication of First Security Bank of Idaho, N. A., said James Hoogland, Jr., manager and Stan Merrill, manager. The report, to be distributed this week, is edited by Dr. Kelly K. Matthews, vice president and economist of First Security Company, service and management company of First Security Corp.  
 Permits for new residential construction recovered strongly in December following the rather weak performance in November.  
 Total construction value for authorized building permit construction in 53 major Idaho locations in 1977 was \$495,641,495, or 31.3% above 1976. New residential construction for 12,069 living quarters in 1977 totaled \$291,758,885, an increase of 22.9 per cent in number and 24.5 percent in value compared with a year ago.  
 Nonresidential construction valued at \$119,962,124 in 1977 was up 37.8 per cent from last year. Alterations and repairs totaling \$83,920,486 were up 49.8 percent.  
 Regionally in 1977, Northern Idaho increased permits for new living quarters by 41 percent, Southwestern Idaho, however, recorded a 29.4 percent decline in permits for new living quarters.  
 The average 1977 permit value for each new dwelling unit in Idaho (including multiple-dwelling units and mobile homes) was \$24,174. That figure represents a 1.3 percent increase over the \$23,859 average value for 1976.

**Job Opening Available IN Latah County Area**  
 According to Phyllis Dunn, Moscow local office manager for the Idaho Dept. of Employment, the following jobs are currently open. secretaries, office clerks, office manager, house worker, cooks, waitresses, restaurant workers, nurses aides, experienced office-machine repairman, and a licensed cosmetologist. Contact the Dept. of Employment, at 221 E. Second, Moscow, for details.  
 There are currently 447 people in Latah county filing for unemployment insurance compared to 426 last week and 519 the same week in 1977. Current totals are Moscow 251, compared to 245 last week and 302 in 1977; Troy-Denry-Bovill 92, 90 and 106; Polatach 75, 58 and 76; Genesee 18, 18, and 17; and Kendrick 11, 15, and 18.

**Support Your Local Merchants**  
 will complete her term of teaching at Clarkston after the wedding trip. Virgil Flesman is operation manager of Chapin Transportation Co., Lewiston. They will make their home in Clarkston.

**PUBLIC NOTICES**  
**BIDS CLOSE 1:30 P. M., P. S. T. February 13, 1978**  
 Genesee Joint School District No. 282 Genesee Idaho, will receive bids for the following transportation equipment.  
 One (1) School Bus—42 Passenger Capacity  
 Bids should be marked "Bids on School Bus." Bids will be received until 1:30 P. M., Pacific Standard Time, on February 13, 1978, at the office of the Superintendent of Schools, Genesee, Idaho and will be opened at 1:30 P. M. on that date at a regular meeting of the Board of Directors in the Superintendent's Office. A certified check in the amount of 5% of the bid is required. The Board of Directors reserves the right to reject any or all bids or to accept the one deemed best for the school district, and to waive any technicality.  
 Prices should be quoted on the basis of factory delivery not later than August 1, 1978. A copy of the detailed bid specifications may be obtained by writing the Superintendent's Office.  
 MARGARET BAUMGARTNER, Clerk  
 Genesee School District No. 282  
 P. O. Box 98  
 Genesee, Idaho 83832  
 Dates of Publication:  
 January 18 & 25, 1978

**In The District Court of The Second Judicial District Of The State of Idaho, In and For the County of Latah**  
 Case No 14309  
**NOTICE TO CREDITORS**  
 In the Matter of the Estate of  
 of  
**JOHN D. VINCENT,**  
 Deceased.

**NOTICE IS HEREBY GIVEN** that the undersigned has been appointed executor-personal representative of the above named estate, and all persons having claims against said decedent are required to present their claims within four (4) months after January 12, 1978, the date of the first publication of this notice, or said claims will be forever barred. Claims must be either presented to Ervin Draper, in care of Frank V. Barton, 622 Main Street, Lewiston, Idaho, 83501 or filed with the court.  
 DATED this 11th day of January, 1978.  
**ERVIN DRAPER,**  
 Kendrick, Idaho 83537  
 Frank V Barton  
 Attorney for Personal Representative  
 622 Main Street  
 Post Office Box 573  
 Lewiston, Idaho 83501  
 743-4471  
 pub 3T  
 1st pub., Jan. 12, '78  
 3rd pub., Jan. 26, '78

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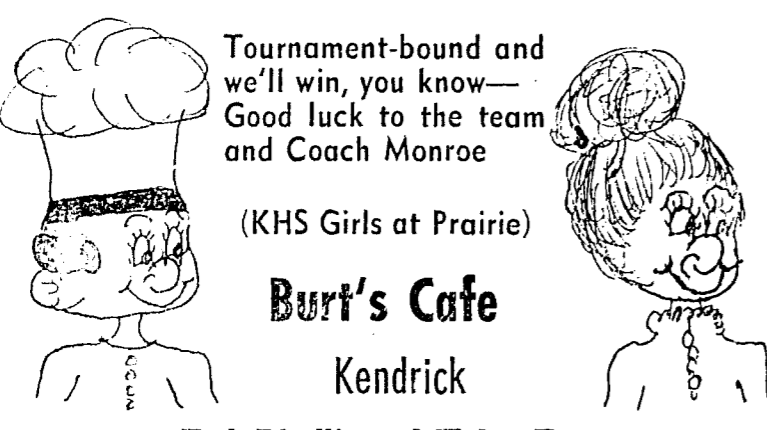
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The holiday season is over, but now is a good time to stop and remember how much money it all cost . . . money you hadn't really planned to spend. This is also the right time to think of how much easier the holidays would have been if you had a savings account at First Bank of Troy to cushion the shock of holiday spending.

Now is the perfect time to start preparing for next Christmas, or any other financial need, by opening a safe, convenient First Bank of Troy Savings Account, and adding to it all through the year. You'll be surprised how much easier next Christmas is!

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**Kendrick-Juliaetta School Lunch Menu**

Friday, January 27—  
Tuna Noodle Casserole  
½ Deviled Egg  
Spinach  
Carrot Sticks  
Banana  
½ Pint Milk  
This menu was planned by Lori Frary and Cheryl Hutton from Mrs. Monroe's Health Class.

Monday, January 30—  
Submarine Sandwich  
French Fries with Catsup Cup  
Fruit Cocktail  
Lemon Fluff  
½ Pint Milk

Tuesday, Jan. 31—  
Spaghetti with meat sauce  
Pasta Slaw  
French Bread with garlic butter  
Pears  
½ Pint Milk

Wednesday, Feb. 1—  
Hot Beef Sandwich  
Mashed Potatoes and gravy  
Jello with Fruit  
Banana Bars  
½ Pint Milk

Thursday, Feb. 2—  
Taco Burger  
Buttered Whole Kernel Corn  
Apple Sauce  
Pumpkin Bread  
½ Pint Milk

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**NOTICE**

It is necessary that we get our locker books up to date within the next 30 days. We have placed double locks or red tags on some of the lockers. This merely means that our information on the locker is incomplete. If you find one of these on your locker, please check with us before Feb. 15th.

Thank you for your cooperation.

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PORK LOIN ROAST, . . . lb. \$1.09  
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BEEF SHORT RIBS, . . . lb. 79c  
ROPE SAUSAGE, Reser's, By the Piece, . . . lb. \$1.49  
HOT DOGS, Western Family, Reg. or all Beef, 12 oz 79c  
SLICED BACON, Western Family, . . . 24 oz. \$2.29  
BUDDIG SLICED MEATS, assorted, . . . 3 oz. 49c

**CHINESE STYLE DINNER SPECIALS — CHUN KING**

Soy Sauce, Chun King, . . . 5 oz. 29c  
Chow Mein Noodles, . . . 5 oz. tin 47c  
Park Chow Mein, . . . 42 oz. \$1.39  
Beef Chow Mein, . . . 42 oz. \$1.39  
Shrimp Chow Mein, . . . 42 oz. \$1.39  
Chicken Chow Mein, . . . 42 oz. \$1.39  
Bean Sprouts, 16 oz. tins, . . . 3 for \$1.00

Hershey's Chocolate Syrup, . . . 16 oz. 59c  
Peas & Carrots, Western Family, . . . 17 oz. 37c  
Pizza, Appian Way, Regular Mix, . . . 12½ oz. box 59c  
Marshmallows, Kraft Jet, . . . 10 oz. bag 37c  
Grated Cheese, Kraft Parmesan, . . . 8 oz. \$1.49  
Fish Sticks, Groton Frozen, . . . 32 oz. \$1.99  
Onion Rings, Ore-Ida Frozen, 7 oz. pkgs. . . 3 for \$1.00  
Trash Bags, Glad, 30 gallon, . . . 10 for \$1.19  
Lysol Spray, . . . 18 oz aerosol \$1.99

**Potatoes, U. S. No. 1 Russels, . 10 lbs 69c**

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CUCUMBERS, Long Green, . . . 2 for 39c  
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SALE DAYS — JANUARY 26, 27, 28 1978

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**Banquet Frozen Pies**  
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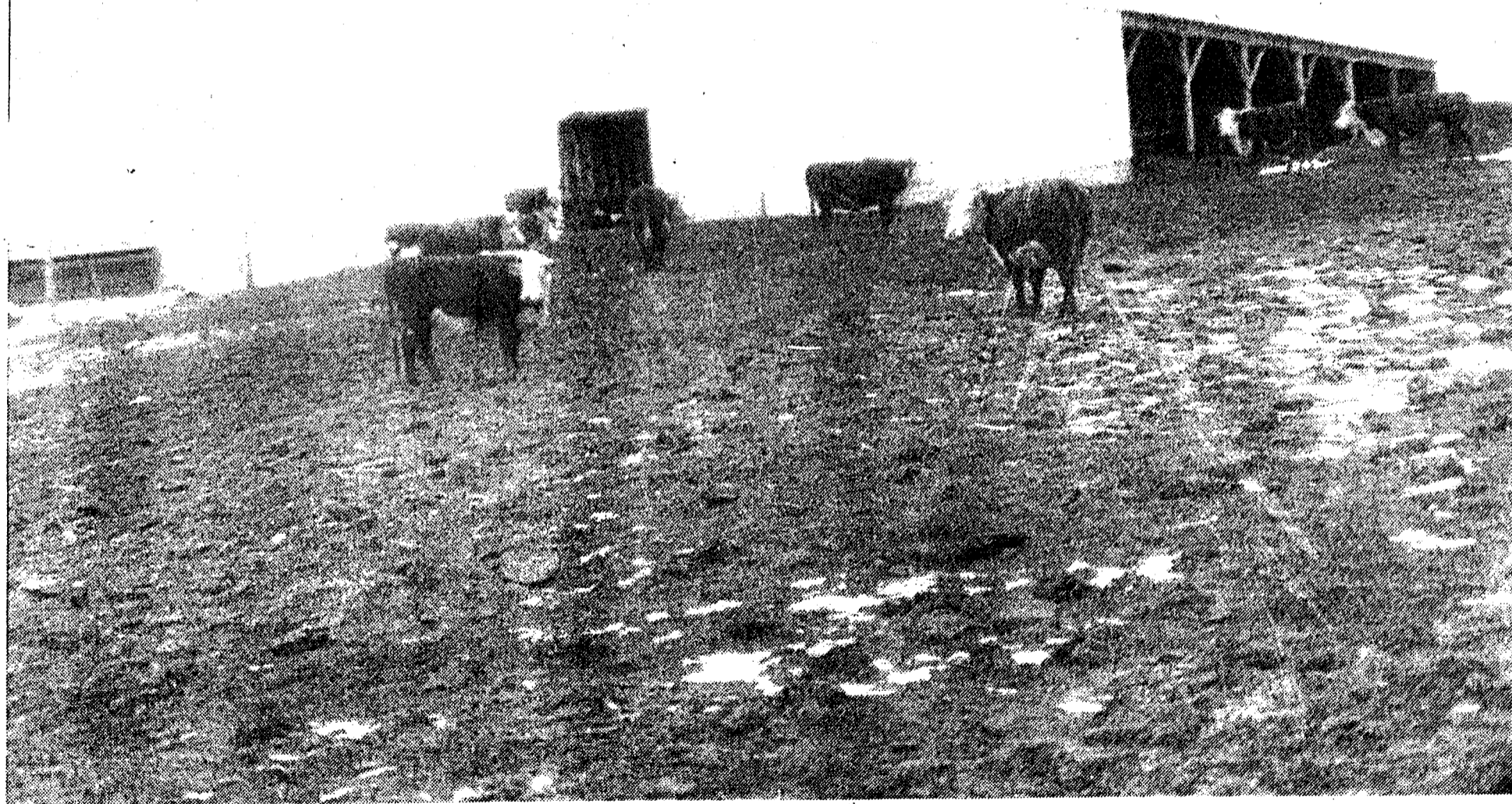
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**Cottonwood Chronicle**

**Lewis County Herald**

**The Gazette-News**



**This is part of the herd of Polled Herefords  
at the Tom Scherer ranch near Westlake.  
(See story inside.)**

# Polled Hereford ranch unique

By Susan Tiede

The Tom Scherer Polled Hereford Ranch in the Westlake area has several unique programs- their records and feeding.

Farmers and ranchers are conscious of records mostly at tax time, but Scherer's records even include calves born in 1965.

Tom and Alice Scherer have actively been involved in the Polled Hereford Association Guide Lines record program since it began in 1965.

Their yearly information is in the form of a computer readout.

There are a number of things that can be included in the records system depending on what the producer wants to determine in his breeding program.

It can start with birth weights, weaning weights, yearling weights then include conformation grades, calving ease or any of about a dozen other items.

The system Scherer chose for his ranch has birth weights, 205 day weaning weights and yearling weights for each animal they raise.

From the dam summary, he can tell what each cow's calves have done in terms of rate of gain with some of the information going back several generations.

"It's the same ones that come out on top each year, so the animal's producing value can be estimated from it," he said.

He culls those that rank in the bottom third of the herd for sale as beef.

Others are culled on conformation or other basis.

"The records are just a tool in management. Judgment and common sense also play a role.

Some animals may not be culled exactly to their comparison with others on the computer sheet because of an unusual outside factor like a temporary illness," he said.

Scherer also receives a sire summary sheet which shows the weight gain of all the sire's calves on the ranch and their sex.

Scherer's performance testing also goes one step further by sending some bulls to the test stations at Moiese and Billings, Montana, where tests are conducted under the Montana Beef Performance Standards.

The bulls undergo three weeks of conditioning before being weighed in on two consecutive days for the average starting weight.

All animals are fed the same with weigh-ins at each 28 days ending at 140 days.

When the bulls complete the test, they are sold in their rate of gain order and prices generally follow their ranking, Scherer said.

Currently, they have four bulls at the Moiese station and three at the Billings Midland Test Station.

Scherer bulls have taken the Highest Individual Performance Records Index trophies in 1976 and 1977 at the Moiese Test Station.

At Midland, the bulls come from all over the country for testing and following the sale, they go to buyers all over the country.

The Scherers sell their animals at the test stations, on the ranch and at the Lewiston Hereford Assn. Sale when they are yearlings to two year olds.

They also show their animals at Portland.

Since 1969-70, the Scherers have purchased most of their replacement stock from Canada.

Scherer explained that U. S. breeders followed a trend toward smaller Herefords while Canadian ones didn't.

The U.S. is now swinging back toward the bigger types and the quickest transition is through the Canadian animals.

Their herd reads like an atlas with cattle from South Dakota, Montana, Saskatchewan, Manitoba and Missouri to name a few.

Scherer runs about 75 cows and two herd bulls, with this the first year for all purebred cattle.

They had several other breeds to compare with the Polled Herefords to see what was best.

Their operation began in 1962 with three purebred horned Hereford cows.

He had returned to the family farm-ranch when he graduated from college with a degree in agriculture economics.

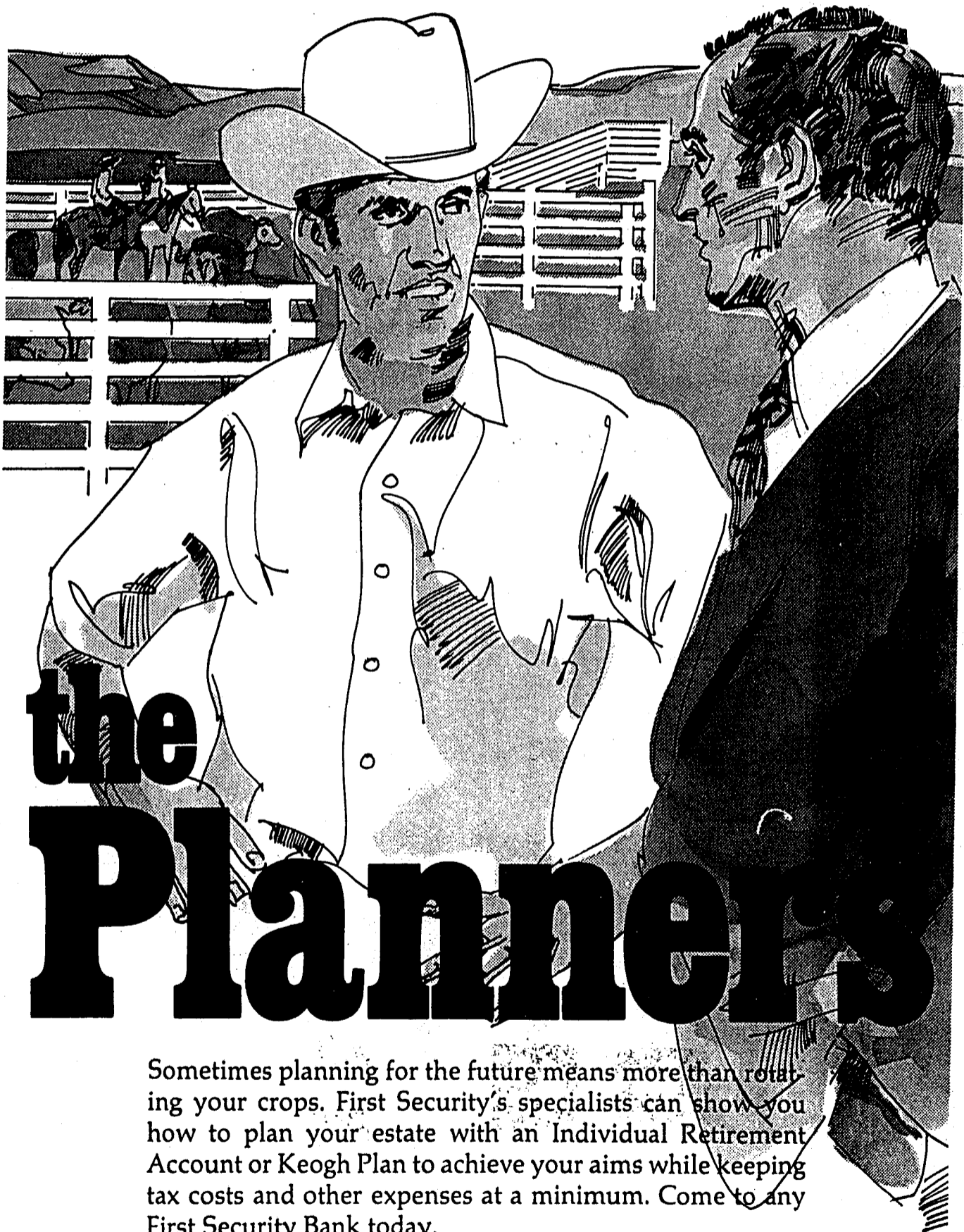
He said he got into purebreds because "with commercial cattle you can only get them so good and get paid for the effort, but with purebreds, the better

(Continued on

page 3)



This Polled Hereford comes up above the shoulders of Tom Scherer who operates a ranch near Westlake.



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# Polled Hereford ranch unique

(Continued from page 2)

job you do, the better return."

The Scherers start calving during mid-January which makes the calves the right age for the test stations and sell well.

They currently have seven calves all from artificial insemination to the current National Champion bull.

Scherer's young bulls are fed a grain-hay mixture from a self-feeder.

Generally, most producers feed twice a day. Scherer said the advantage of a self-feeder is that it is there when they want it.

If they have been fighting and are fed once a day, they may not eat then or eat too much and risk founder, but with self-feeding, they can eat when they want it.

The feeder also only needs filling about every third day which saves on labor as the Scherers don't have hired help.

The other animals are fed in a conventional manner.

Scherer's hay and pasture management program reflect his work on the Lewis

Soil Conservation District Board of Supervisors.

Plowing up the alfalfa every fifth year and adding a new seeding elsewhere is an important part of the overall conservation program.

It produces better hay as well as improving the soil.

Scherer said his father believed a farmer should leave the land in better shape than when he got it wherever possible. Tom agrees with that philosophy.

Part of their pastureland is seeded to Soil Conservation

Service test plots.

One has seven different varieties and another five.

"It is interesting to try the different grasses. Some that really work in some parts of the county don't do anything here.

We did get a good stand of birdsfoot trefoil which is usually hard to start, but we got the rain at just the right time.

Frost is a factor in the grass varieties as the ranch is at 4,000 feet elevation.

All their pastureland is within two miles of their home.

The haying operation is as automated as possible. Last year, their daughter, Annette, and son, George, baled while Tom hauled in the hay.

They didn't have any problems and had a CB in the tractor cab to call home if they did have problems when Tom wasn't right there

hauling the hay.

They use a bale wagon to pick up individual bales in the windrows, stack them on a pallet and add them to the load in the wagon a "slice" of bales at a time.

When the load is full, it is put in the barn without anyone ever handling the bales.

Scherer's cattle operation is combined with farms in Lewis and Idaho counties. He said the cattle are the

(Continued on page 4)

## Feedlots become active

Cattlemen will market a larger proportion of grain-fed beef in 1978 than in 1977, according to an economic outlook report published jointly by the University of Idaho, Washington State University and Oregon State University.

"Feeder cattle prices have shown strength as the large corn crop stimulated placements of cattle on feed.

"Feeder prices likely will continue to rise during the winter and additional gains may be registered in the spring if grazing conditions are good," the report said.

"The expanded supply of competing meats has maintained downward pressure on prices of all types of beef and will continue to do so in 1978," authors of the report pointed out.



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# Hereford ranch unique

(Continued from page 3)

biggest share time wise, but the farming end carried the cattle operation until recently. The Scherer children are

active in Lewis County 4-H Highland School in Craigmont.

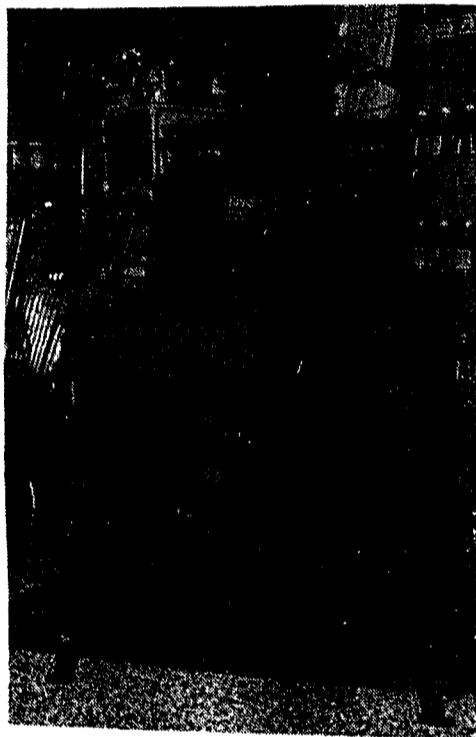
They have five—Annette, Diana, George, Kathy and Jason, who all attend the Highland School in Craigmont. During the winter months, the family enjoys skiing with Tom and Alice and the children all participating. The summer activity is horseback riding.



Tom Scherer waded through the slush on his ranch near Westlake to check out a couple of his Polled Herefords.



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## Wheat popular ration

Because the price is right from the dairymen's point of view, wheat will be an important ingredient in Idaho dairy cattle rations this winter, according to Edward A. Fiez, University of Idaho extension dairy specialist.

"Malting barley is another good buy for blending with silage and other roughages or for incorporating into home-mixed concentrate rations for dairy herds," Fiez said.

Although wheat is considered excellent dairy feed, the taste may not please dairy cows at first.

"Palatability will be less of a problem if you introduce wheat gradually, adding more to the ration as the cattle become used to it," Fiez advised.

"If you will add molasses, this will make the grain more palatable and will also reduce the dust problem that may occur when you feed processed grain," the UI specialist added.

Fiez offered these additional recommendations:

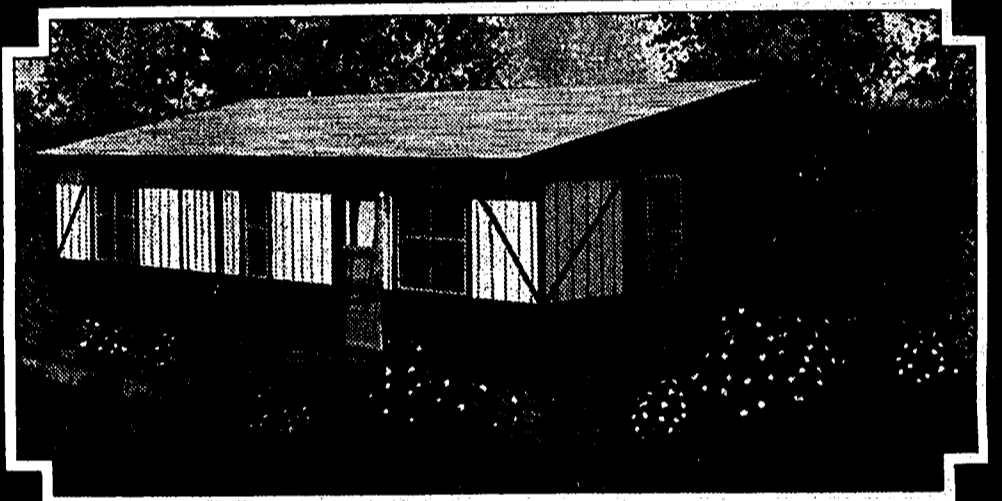
—Wheat and malting barley should be rolled or ground to medium fineness. Avoid fine grinding since this results in a floury product, highly unpalatable to livestock.

—It is usually best to limit wheat to 50 percent of the concentrate ration. If malting barley is also present in the ration, the proportion of wheat may have to be reduced below 50 percent.

—Test rations for nutrient content and supplement with required calcium, phosphorus and protein.

—Blend processed wheat with roughages if possible. Wheat also combines well with high-fiber concentrates such as oats, beet pulp and corn-cob meal.

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# Urban centers key in farm strike

By Sen. James A. McClure  
During the past several weeks we have seen farm trucks and tractors rumbling through the streets of our cities and towns across the land. Farmers are upset, and frankly, they have a right to be.

Here in Idaho farmers are getting their point across, but most of us in the Gem state were already in sympathy with their problems.

It is in the large urban centers of the East and West Coast where the farmers' demonstrations are having a real and beneficial impact.

It was sad, yet reassuring to see hundreds of farm tractors lining the streets of Washington, D. C., a few weeks ago.

Sad because farmers had to waste their time demonstrating in the first place, but satisfying because the national news media was paying some attention to the farmers and fair prices which they are not getting.

It is true that the man driving the delivery truck from the bakery to the grocery store gets more from the price of a loaf of bread than does the farmer who spent most of the year raising the wheat.

As to the farm strike itself, the goals are good. Farmers have every right to desire 100 percent parity.

They have every right to see a fair return for their

time and investment, which we in Idaho know they are not now getting.

But the farmer must realize the consequences of asking the Government to guarantee 100 percent parity. When the Government dictates farm prices, the American farmer is no longer a free agent. He can no longer base his decisions solely on his own whims.

Rather, he must always follow government guidelines and restrictions.

A case in point is the current wheat set-aside program in which a farmer must participate fully before he can receive 100 percent of any available target price payment.

When farm prices are dictated from Washington, the farmer is usually the loser.

Consumer advocates have more political clout in the Carter Administration than does the farmer.

Should farm prices continue to be set in Washington, then the consumer will keep the farmer hanging by his fingernails.

Most of us realize that it is only the escalating value of his land that keeps the farmer going.

He can borrow more from the bank because each year his land is worth more—and so the auto-worker in Detroit and the clothing salesman in New York views the farmer as being rich.

They forget that for all of

the investment, the farmer is not making any money when he sells his crops.

The answer to the farmer's problems lies not in government interference but in the following areas: First, the Government must stop its policy of advocating "cheap food" at the expense of the farmer.

Even the Department of Agriculture has oriented itself, to a large degree, toward the non-farming consumer, rather than the farm industry they should be promoting.

Second, farmers must continue to educate the non-farming consumers.

Everyone in this country relies on the farmer for survival, yet few really understand the farming business.

The local and national news media must play an active role of helping the farmer tell his side of the story.

Finally, the farmer must continue to find increased markets for his agricultural goods. Here, the Government has a role to play by securing and maintaining such markets, both foreign and domestic.

And I'm not speaking of just increased foreign sales.

While sales are a partial solution, the real future of agriculture lies in the use of agricultural commodities for non-food products.

Like making plastics from soybeans, and motor fuel from wheat, potatoes, and sugar beets. Though more research is needed in these areas, the technology is already available.

A quick solution to the problem? No. But a long lasting solution which will see ever-expanding markets

for agricultural products.

We are now at that point, and rather than aiming huge government subsidies toward agriculture to hold down production, we should aim government help at the

development of these new domestic uses of farm products.

The American farmer—his large and efficient production—is one of the most valuable resources this country has.

To allow part of that

resource to sit idle, when we depend on foreign sources for our needs, is a crime that must not continue.

To those farmers who are getting their point across now to the American consuming public, I say carry on.



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## Agricultural imports rise

Agricultural products imported by the U.S. were valued at 39 percent more in 1977 than in 1976—and an even bigger increase for 1978 is predicted in an economic outlook report published jointly by the University of Idaho, Washington State University and Oregon State University.

The 1977 increase resulted mainly from higher prices for coffee, cocoa and tea, the

report said, while in 1978 "growth is expected in the imports of both sugar and beef."

American agriculture will export about the same tonnage of goods in 1978 as in 1977, but the value of these exports will decline from 5 to 10 percent, the report said.

Lower prices are anticipated for wheat, feed grains, oil seeds and other important exports.

## Farm values move upward

Farmland values are continuing to rise, extension specialists at the University of Idaho, Washington State University and Oregon State University report.

For the year ending Feb. 1, 1977, farm real estate prices increased by 12 percent in Idaho, 17 percent in Washington and 5 percent in Oregon.

land are estimated to be at slightly higher price levels than in February 1977 while prices of grazing and grain acreages have remained stable," the specialists said in their year-end report.

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# Cattlemen offer support

The Executive Board of the Idaho Cattlemen's Association has voted to support the efforts of the American Agriculture Movement, according to President Bud Purdy of Picabo, Idaho.

At a Jan. 11 meeting, the Board of officers approved the following statement — "The I.C.A. Executive Board

supports the American Agriculture Movement in their efforts to bring the problems of agriculture to the attention of government and the American Public and we urge our members to participate in any way they see fit."

Purdy said the statement was approved following a meeting with active ranch

and farm members of AAM from eastern Idaho.

"We may not agree 100 percent with all phases of the Movement's program," said Purdy "but somehow, the politicians and general public have to understand that the traditional "cheap food" policy is driving our food producers out of business."

The I.C.A. president also stated that his Executive Board approved supporting the Idaho Woolgrowers in their efforts to close private lands to trespass because of lack of government cooperation on predator control.

The Cattlemen Board voiced support for the Woolgrowers efforts because of "a lack of cooperation by Federal Land Agencies in predator control, grazing fees, and forage allocation on public lands."

"Our members are urged to support both positions as they see fit," said Purdy. "We realize that individual economic circumstances must be of first consideration."

## Farm workshop Feb. 10

Managing farm machinery for greater profits will be one of the topics presented at the 1978 Idaho Farm Business Management Workshop, to

be held Feb. 10 at the North Shore Lodge, Coeur d'Alene.

Also scheduled for discussion are the behavioral aspects of labor management.

Advance registration is required, said Ray Prigge, University of Idaho extension farm management specialist.

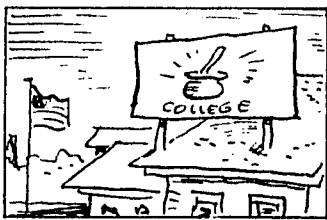
A registration fee of \$15 should be sent to UI Department of Agricultural Economics, Moscow 83843.

A husband and wife can attend for one registration fee, Prigge said.

The Feb. 10 all-day session will begin at 9 a.m.

Discussions will center on methods of financing farm machinery, income tax benefits from machinery purchases, how to match equipment capacity to size of farm, and labor-management relationships and incentive plans.

Leaders of the workshop, in addition to Prigge, will be three Washington State University extension economists—Samuel M. Doran, William H. Pietsch and Gayle S. Willett.



The first American college of pharmacy was established in Philadelphia in 1821.



### PUTTING WEATHER ON THE LINE

Reducing the risk of crop loss or damage is what it's all about. In a joint effort, USDA's Extension Service and the Commerce Department's National Weather Service have developed a pilot project to help farmers plan their cropping activity using information tailored to their county.

Data will be gathered and analyzed by the National Weather Service and agricultural experts, who will determine optimum times for harvesting, irrigating, and other farm operations. For example, entomologists can predict insect outbreaks by monitoring local weather conditions. Without the proper conditions, insects can't appear in numbers large enough to cause damage. Spraying, therefore, would be unnecessary.

The program depends on citizen volunteers throughout a State who will punch in observations by telephone to a computer that collects the coded signals automatically. The observers will report data on the

maximum and minimum temperatures and precipitation during the previous 24 hours and the weather conditions at time of observation. They'll also transmit special reports on changing weather activity.

Forecasters will make recommendations to farmers based on "ground truth" information gathered from the computer linkup.

Right now, Maryland is the only State using the experimental system. Eighty volunteers in 20 counties call in data. Nearly a dozen additional States will participate soon.

Drought States are getting special attention in another phase of the project. Cooperative State extension personnel have been assigned to work directly with a counterpart in the nearest Weather Service office, telling what farming operations are underway at a particular time and what types of weather would affect the operations and how. Forecasters then will tell farmers when such conditions are likely to occur.

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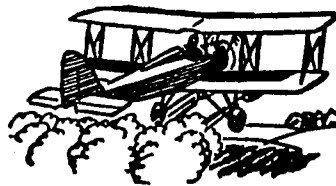


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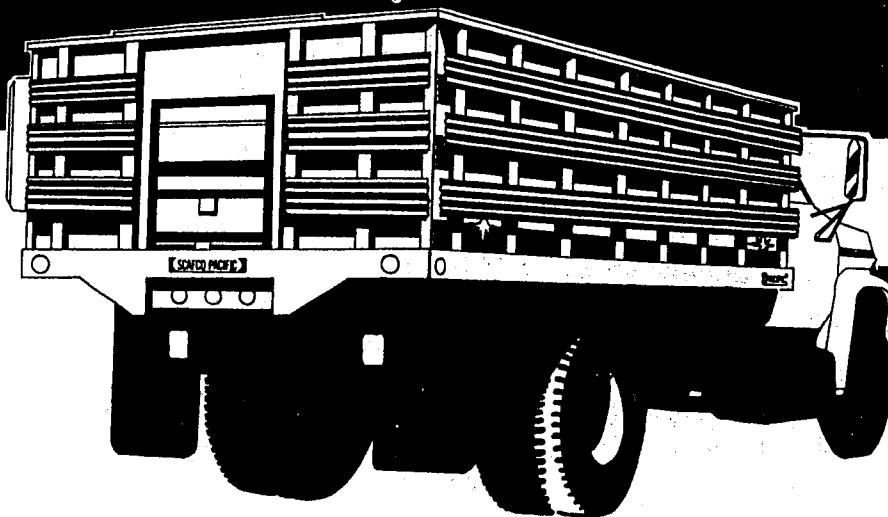
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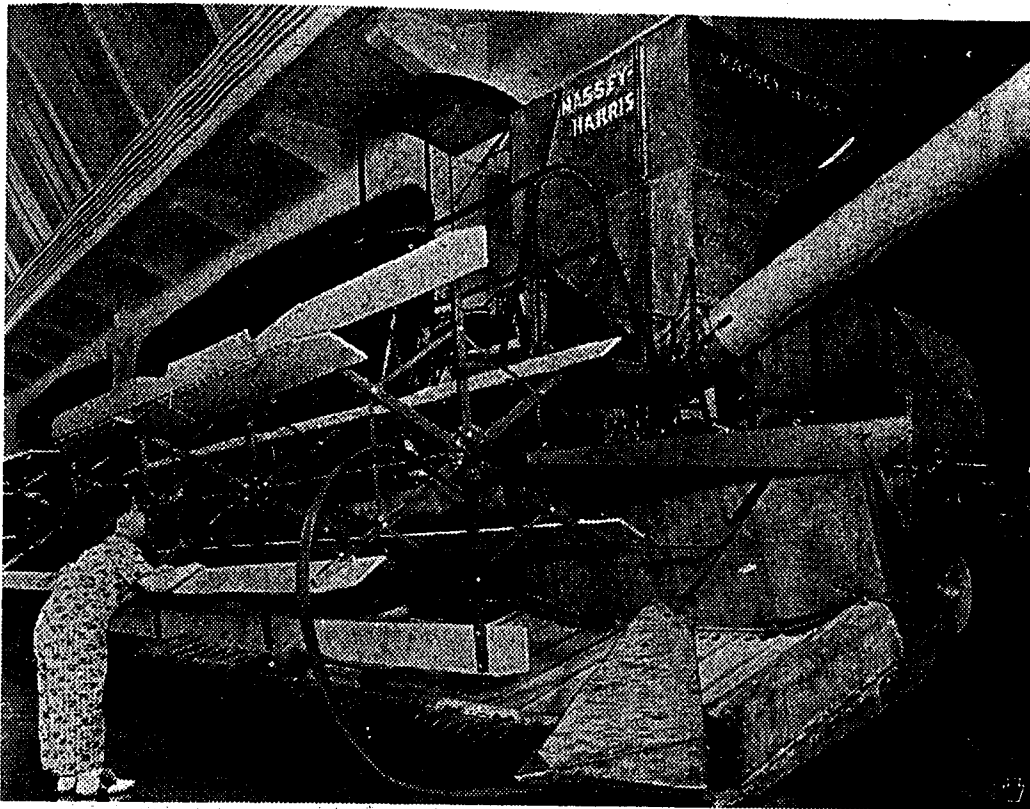
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## Coyotes expensive pests

Most of us have never seen a coyote, except in the western movies. But, he's still very much alive, and more so than ever.

There are so many of them now that they're raising the cost of lambs and wool simply because they're destroying so many of them.

The USDA completed a study on this wily predator. He's got a ravenous appetite. High in choices for dinner is lamb, then older sheep, then baby calves.

Since environmentalist went on a "Save the Coyote" campaign a few years ago, they've managed to force an end to all effective coyote

controls. Particularly, they got the cyanide gun outlawed.

With no effective controls, the coyote population took off, and they have to eat. They've decimated many of the western sheep flocks by killing tens of thousands of lambs and sheep each year.

When they finish up with these domestic animals, they start in on the baby deer, elk, and moose. A Wyoming rancher had to go out of the sheep business because of the coyote.

He also leases government land to pasture, so he's seen lots of wildlife on this land, and the damage that coyotes are doing to young wildlife.

One-third of all the lamb deaths are caused by coyotes. One-fourth of all the adult sheep deaths are caused by coyotes.

The cost to you and me by the way of higher food bills and to sheep ranches is \$37 million a year.

If a virus disease killed 8 percent of our children each year—coyotes kill 8 percent of the lamb population—you would hear the loudest hue-and-cry for a campaign to wipe out that disease.

If the sheep industry goes, say goodbye to barbecued lamb, lamb chops, wool blankets, wool rugs, and clothing containing that natural fiber . . . wool.

## Crime goes rural

When I think about rural crime I am reminded of the old Andy Griffith show on television.

The only problems they had in Mayberry were caused by the town drunk Otis and an occasional criminal from the big city.

Well, rural crime is much more of a problem today.

Tractors costing upwards of \$30,000 are stolen in one state and shipped off to another state by the thieves to be sold as reconditioned.

Tractors usually do not require titles and rarely have other means of identification. Other farm equipment is just as vulnerable because farmers aren't used to locking things up.

The crime problem does not stop with equipment. A watermelon farmer in

Holtville, Calif., had to hire armed guards at \$6.50 an hour to protect his watermelon storage shed.

Avocado growers have put out reward posters offering \$200 for information about thieves.

In Washington state, loggers using muzzled chain saws have been stealing red cedars worth millions of dollars.

And the problem does not stop with what we would call the professional thieves. In some areas, motorists pull up alongside a farmer's field and help themselves to fruit and vegetables.

The same person who would never think of shoplifting thinks there is nothing wrong with picking up a free pumpkin or two.

Traditionally farmers, because of their remoteness

from town and their willingness to trust others, have done little to protect themselves and their property. But this is changing.

The American Farm Bureau Federation has a program of crime prevention and awareness that is being implemented throughout the country.

Farmers are not nonchalant about crime anymore.



Eagles mate for life and return to the same nest every year.

### GRASS SEED DEMAND RISES

Grass seed producers of the Pacific Northwest are in an enviable position, with market prospects "currently brighter than at any time since 1973-74," according to an economic outlook report published by the University of Idaho in cooperation with Washington State and Oregon State universities.

Demand for grass seed is strong and "supplies have been held in check by grower restraints in their plantings and also by less-than-ideal weather" in 1977, the report said.

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PEAS — FEEDS — GRAINS — FERTILIZERS

# Grazing fees discussed

By Cecil D. Andrus

Secretary of the Interior  
There's more at stake in  
the Carter Administration's  
grazing fee proposal than a  
simple dollars-and-cents  
formula.

There's the question of

what's right for everyone  
concerned. That includes  
the rancher who grazes  
livestock on public lands, as  
well as those folks who look  
to the same lands for other  
needs.

Equally important, it  
includes the public—the  
more than 200 million  
Americans to whom the  
public lands belong.

The grazing fee issue is not  
new. For many years, fees  
charged for forage on  
National Forest lands and  
the public lands ad-  
ministered by the Bureau of  
Land Management have  
lagged far behind what was  
being charged for grazing  
rights on private lands.

What is new is that today  
we have a mandate—the  
Federal Land Policy and  
Management Act of 1976—to  
protect the public by in-  
sisting on a fair return on  
resources taken from its  
property.

That law required a joint  
effort by the Departments of  
Agriculture and Interior to  
study grazing fees and  
propose a reasonable fee  
structure; one that is  
"equitable to the United  
States and to holders of  
grazing permits on public  
lands."

Interior and Agriculture  
have been reaching toward  
fair market value in grazing  
fees since 1969, when the  
present regulations went into  
effect.

Those rules, by the way,  
would set the 1978 fee at \$2.08  
to \$2.15 per animal unit  
month (AUM).

Our new formula would  
work more gently than that,  
setting next year's fee at  
\$1.89, with modest raises  
each year until fair market  
value is reached in 1980 or  
1981.

So our proposal would  
soften the burden by making  
the increases gradual. In  
fact, for most operators who  
graze their animals on public  
lands, the impact would be  
minimal, because Federal  
fees are only a small part of  
their overall operating costs  
(the average annual in-  
crease would be only \$60).

The livestock industry  
would, in fact, benefit from  
our proposal, because it  
would help solve the critical  
problem of deteriorating  
rangelands.

Under our proposal, as  
directed by Congress, one-  
half of all fees collected  
would be earmarked for  
investment in range bet-  
terment projects.

That's urgently needed  
now—not another 20 years  
down the road. And making  
the range more productive  
will bring greater stability to  
the livestock industry in the  
long run.



Winter beauty

Church says

## Idaho ideal site for gasohol plant

The Secretary of  
Agriculture, Bob Bergland,  
has notified Sen. Frank  
Church that his Department  
is now prepared to accept  
proposals from groups in-  
terested in constructing four  
pilot plants to produce  
gasoline-alcohol blends  
using Federally guaranteed  
loans.

Church has suggested  
Idaho would be an ideal  
location for such a plant, and  
has offered the help of his  
office to Idaho organizations  
interested in building such a  
pilot project.

The 1977 Farm Bill  
authorized construction of  
four such plants, with the  
Federal government to  
guarantee private loans of  
up to \$15 million per plant.

A leading proponent of  
developing "gasahol" as an  
alternative fuel, Church is  
Chairman of the Senate  
Subcommittee on Energy  
Research and Development.

The idea behind gasahol is  
to use waste from the  
agricultural and forest  
products industries, as well  
as urban refuse, to distill  
alcohol which can be blended  
with gasoline to save oil.

If a blend of 90 per cent  
gasoline and 10 per cent  
alcohol were in universal use  
in the country, it has been  
estimated that the savings  
would be up to 20 billion  
gallons of gasoline each  
year, which is equivalent to  
1.5 million barrels of oil a  
day.

That amount is between 15

and 20 per cent of the oil  
imported into the United  
States each year.

Church, who has pressed  
the Agriculture Department  
to move ahead with plans for  
the pilot gasahol plants, was  
informed by Bergland that  
the Agriculture Department  
has issued a public notice  
calling for submission of  
proposals for those who are  
interested in construction of  
the four pilot plants.

"Idaho, with its  
agricultural and forest  
products industry, would be  
an ideal location for such a  
plant," Church said.

"I am willing to help any  
organization or group in-  
terested in building such a  
plant in Idaho, and can  
supply more information  
upon request."



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## Slide area cleared

Young Adult Conservation Corps members from Cottonwood cleared a slide on the Salmon River near Graves Creek.

## Church endorses farm strike goals

Sen. Frank Church has sent a telegram to Agriculture Secretary Bob Bergland telling him that he endorses the goals of the current farm strike and will support legislation to achieve those aims.

Congratulating Bergland on his own support of the objectives of the farm strike, and his attendance at a meeting in Omaha of farmers involved with the strike, Church said:

"I have publicly endorsed the goals of the strike. By definition, parity is meant to be a fair price. Farmers should, like everyone else, receive a fair price for their products.

"I intend to work for, speak for and vote for legislation which will help the farmer obtain 100 percent of parity."

The Idaho Senator added in his telegram that

"whatever solutions are sought, whatever programs proposed, you may be sure that my goal in the Senate will remain the same: to find ways to achieve a prosperous agricultural economy in the United States, one that will preserve the family farm."

In addition to his telegram, Church said today that the "big majority of the American people do not realize how serious the farmer's plight has become.

"Because food prices at the supermarkets keep rising, they figure the farmers must be getting rich. Somehow, we must find a way to put them straight."

As one possibility in this regard, Church has urged television networks to devote more time to presenting the farmers' side of the current crunch faced by agriculture.

"However, beyond

reaching out to this national audience, there is the question of what our agricultural policy ought to be. I have no doubt that the American farmer, on an equal footing, could compete with anyone anywhere.

"But 'free trade' as advocated by former Agricultural Secretary Earl Butz, has proved a disaster in a world where most governments protect their own farmers with subsidized prices and high tariffs."

Church cited the case of sugar as an example. "Most sugar grown abroad is sold to purchasing countries under special bilateral contracts. Only a fraction finds its way into the world market, where a slight surplus or shortage in any given year can cause wild fluctuations in price.

"When our Sugar Act expired a few years ago, the

United States was left 'free' to import sugar at the going world price. At first, that price skyrocketed, driving the cost to our consumers out of sight.

"Then it fell precipitously. Last year, world sugar prices plummeted to around 7 cents a pound, at a time when the cost of production in the United States was at least twice that much.

"The ensuing disaster not only entailed a threat to bankruptcy for our own producers, but also the closure of vital processing plants."

It was against this background that Church introduced legislation, subsequently incorporated in the 1977 Farm Bill, which has resulted in the imposition of an excise tax on imported sugar at a rate sufficient to guarantee U.S. growers 13.5 cents a pound for sugar beets.



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# Parks for Nature and Knowledge

Not every scientific laboratory has four walls and a jumble of test tubes. Some very special laboratories have trees, grass, clean air, and a sunlit sky instead of a ceiling. They are alive with birds, fish, deer, and plants of all types. And they are visited by scientists who wear blue jeans and hiking boots.

What are these outdoor laboratories? They are the four National Environmental Research Parks, located in New Mexico, Washington, Idaho, and South Carolina. These research parks are on lands owned by the Energy Research and Development Administration (ERDA) and co-exist with the research and

production facilities for which the Federal government originally purchased the sites.

These environmental research parks are protected outdoor areas set aside for long-term studies of the environment. Scientific instruments can remain undisturbed in these parks and study areas can be protected from intrusion by vehicles and casual visitors. Scientists can conduct experiments to study the impact of man's activities on the environment.

The four parks have a variety of plants and wildlife in several different types of terrain and climate. Together, the four parks provide more

than a million acres for environmental research, with emphasis on the effects of energy development on the environment. The park program is sponsored by ERDA's Office of Environment and Safety.

The story of the environmental park program goes back to the early days of the U.S. atomic energy research program in the 1940s and 1950s. Land was purchased for nuclear research laboratories and production plants, operated by the Atomic Energy Commission (AEC). Large amounts of land were purchased to surround each facility with a "buffer zone" for safety and security.

For more than 25 years, these sites have been protected from outside intrusion. Large portions of land surrounding the sites were left in a natural state. In some cases, the land reverted to its natural state from its previous use as farmland or town sites. In addition, scientists at the facilities compiled large amounts of information about the land and its ecology, after years of monitoring the environment to detect any possible effects of research and production activities.

In the early 1970s, AEC environmental scientists suggested turning sections of their facilities into research parks. Parts of the Savannah

River plant in South Carolina were designated the first National Environmental Research Park in 1972. It became part of ERDA in 1975 when ERDA took over the AEC's functions. In 1975, ERDA's Idaho National Engineering Laboratory site near Idaho Falls became the second environmental research park. In 1976, the third and fourth parks were designated at ERDA's Hanford Reserve in central Washington state and ERDA's Los Alamos Scientific Laboratory in north central New Mexico. Other ERDA sites are also being considered for designation as National Environmental Research Parks.

Why do people ski? Estimates place the number of Americans who ski at around 8 million. What makes the sport so popular for those skiers plus millions of others around the world?

The answers, as you might expect, are as varied as the skiers themselves.

Some enjoy the sport because they find skiing fulfilling, rewarding and good for their mental condition and physical well-being. Others cite a handful of different reasons.

## Why 8,000,000 People Ski

Skiing, for some, is an excuse to escape the urban ills of the 9-5 world and give an individual the chance to return to the wilderness and hills.

Others are drawn to skiing as a social outlet, whether because of the fun of skiing with someone else or the romantic evenings in front of a crackling fire in, perhaps, a small snow-covered chalet.

Still others like skiing because it

gives them an opportunity to explore their own capabilities, a chance to test or expand their physical talents. Every run is a new challenge, another chance to try for that one, perfect run. In short, skiing, like so much of life, is another opportunity to try.

Regardless of your age, skiing is one of the easiest sports to learn. Only two attributes are necessary—average physical condition and something everyone has possessed since learning to walk: balance. Blind and deaf skiers are among the handicapped who have proven even certain apparent handicaps aren't enough to keep someone off skis.

And what is the skiing experience like? It's being on a mountaintop in the early morning with "pogo-nips" (frost particles which float in the air) shimmering all around you, glimmering ice on the trees, blue sky above you and maybe even a cloud below you, still anchored in the valley before the mid-morning sun burns it away.

For others, skiing's finest moment is that last run of the day when the trails have cleared out as skiers head home and perhaps the day's traffic has smoothed the surface just enough to make you a human bullet, speeding down the fall line like a two-legged rock heading down the mountain. Or maybe it's that gentle, side to side, zig-zag "traverse" of a trail as you play Easy Rider and coast down a trail.



Pretty as a picture. A sole skier is framed by the work of Mother Nature.

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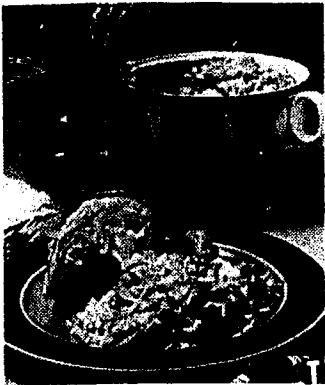
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**HEARTY CHICKEN-RICE CASSEROLE**



casserole ... made with ingredients you probably have on hand right now.

- 1/2 cup each chopped green pepper and onions
- 1 cup sliced celery
- 1 can (2 ounces) pimientos, diced (1/4 cup)
- 2 cups cooked rice
- 2 hard-cooked eggs, chopped
- 2 cans (5 ounces each) boned chicken
- 2 chicken bouillon cubes, crushed
- 1/2 cup mayonnaise
- Salt and pepper
- 1/3 cup soft bread crumbs

There's more to rice casseroles than meets the eye: they taste and smell as good as they look.

Spices or broths enhance the mild flavor, whether you're using a simple, all-American recipe or going in for an ethnic or international variation.

Here's a recipe that shows how chicken and rice can combine to make a great

Combine green pepper, onions, celery, pimientos, rice, eggs, and chicken. Blend bouillon cubes into mayonnaise; add to rice mixture. Season to taste and toss lightly. Spoon into a 2-quart casserole. Top with bread crumbs. Bake at 350° for 30 minutes. Makes 6 servings.

**Why fruit prices jump**

If the price you pay for an apple seems high, don't blame the fruit grower.

In an economic outlook report, extension specialists note that growers of apples and other fruits are concerned about "the impact of rising costs of packing, storage and shipping."

The report says these "inflationary cost increases" not only boost prices for the consumer but also cut into the grower's income because the "prices

received by growers have not kept up with retail prices."

The report was published jointly by the University of Idaho, Washington State University and Oregon State University.

"When our integrity declines, our taste does also." La Rochefoucauld

**IDEAS & FOOD for thought**

By Pat Wherry

**THE HISTORICAL APPLE--HOME CANNING FAVORITE**

When it comes to home canning, apples are one of everybody's favorites. Applesauce, apple butter, apple jelly and canned apples line the shelves of most home canners' kitchens.

Though we've all been given the idea that the apple has been around since Eve talked Adam into taking the first bite, that Garden of Eden fruit was probably an apricot. In fact, in the Middle Ages, many different fruits were dubbed apples. Lemons were "Persian apples," dates were "finger apples," pomegranates "apples of Carthage."

But what helped to propagate apples across America was the zeal of Johnny Appleseed, a native of Massachusetts whose real name was John Chapman. For forty years, he collected apple-seeds from cider mills, dried them and carried them around the country with him, planting them wherever he thought they would grow, from Ohio to Iowa.

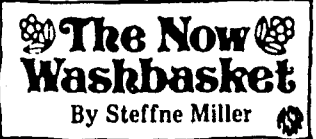
Johnny knew a good thing when he found it. So will your family and friends when they taste the pies you've made from your own home canned apples. Follow these simple instructions from Ball Corp. for best results.

**SIMPLE SIRUP APPLES**

Make a sirup by combining 1 cup sugar to 4 or 5 cups water. Wash, drain core, pare and slice cooking apples (or cut into halves or quarters). Treat to prevent darkening by using ascorbic acid and citric acid mixtures according to the manufacturer's instructions or add 2 tablespoons each salt and vinegar to 1 gallon water. Drain. Boil in sirup five minutes. Pack, hot, into hot Ball jars, leaving 1/2-inch head space. Cover with boiling sirup, still leaving 1/2-inch head space. Adjust caps. Process pints and quarts for 20 minutes in boiling water bath canner.



By the time the colonists got around to bringing some seedlings to Massachusetts from England about 10 years after the Pilgrims landed, they were bringing over the real McCoy, so to speak.



In spite of the advantages of today's modern fabrics, homemakers know that these materials are hard to keep clean. They realize that detergent alone may not do the job, so they are seeking the help of laundry additives. Here is a list of the most commonly used products to help you pick the one best suited to your laundry needs:

**EGG USE STABILIZES**

The average American will consume 23 eggs each month in 1978—and the continuation of the 1977 consumption pattern is good news for the poultry industry, extension specialists of the University of Idaho, Washington State University and Oregon State University report.

In recent years, per capita use of eggs has continued to show year-to-year decreases but the trend "appears to have bottomed out," the specialists said.

They predicted 1978 egg consumption will remain "fairly close to the current 278 eggs per capita."

**Pre-wash stain removers:** These products come in aerosol or pump spray form and contain a solvent for removing grease and/or oil-based stains and soil, as well as some types of ink. They are excellent stain removers for hard-to-clean synthetics.

**Bleach:** Bleach comes in two types: chlorine and perborate. Chlorine bleach is known for whitening, stain removing and disinfecting, but it can damage some fabrics and finishes. Perborate bleaches are slower acting and are safe for all washable items. They work best in hot or warm water.

**Bleach substitutes:** These products boost the cleaning power of detergent by conditioning water and aiding in the removal of stains and soil. Special whitening agents help keep whites looking their best. Unlike chlorine bleach, bleach substitutes can be used on all washable fabrics, colors and finishes. Many say the best brand in this category is Borateem Plus.

As with all laundry products, you'll get best results by reading and following label directions. This applies to the above products as well as clothing care labels. Correct laundry procedures are important too, and by writing to the address below you can get a free booklet full of valuable laundry tips: Laundry Booklet — U.S. Borax, Box 75128, Sanford Station, Los Angeles, CA 90075.

**Pancakes Plus Pork:** Slices of hot Canadian-style bacon served with fruit-filled pancakes provide enjoyable breakfast eating. Cut Canadian style bacon in 1/4 to 1/2 inch slices and broil or pan-fry.

**Scrap-Craft Fun**

with Edna



**Novel Typewriter Cover-Ups**

As you send your student back to college, present him or her with a novel typewriter cover.

The covers, depicting amusing animals and characters, are easy and fun to make. They're very practical, too, for they help keep the machine clean and dust-free.

Plastic or oilcloth covers can be wiped clean with a damp cloth. Or, you may prefer to make one of a washable heavy fabric or care-free terrycloth.

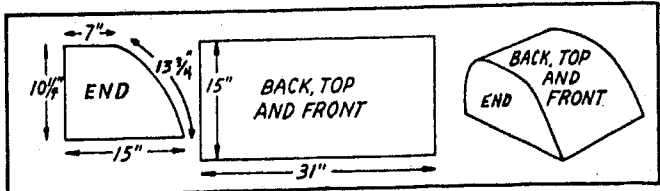
The pattern is cut in three simple pieces. The large piece fits over the typewriter from front to back, and the two smaller ones cover the ends. The dimensions

given in the illustrations allow for 1/4" seams and hems.

On plastic or oilcloth material, glue on features and details cut from felt. On fabric covers, sew on the features or use colorful iron-on tape.

If your cover "personality" requires ears, sew these right into the side seams. If adding "hair," fashion it from heavy rug yarn. To make a cap or hat, cut a piece from felt, or cover a piece of cardboard with fabric.

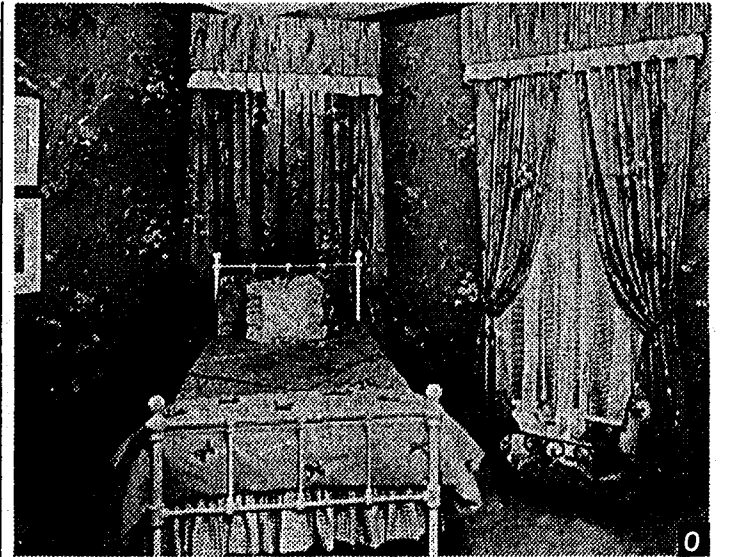
One of these covers would also make a great and inexpensive gift for that career gal friend who's so hard to buy for.



**A Daisy of a Bedroom**

What could be more appealing to a little girl than a bedroom in a field of white daisies on azure blue? This easy-care, easy-do room, designed by Dorothy Baker Billings, FASID, features a new Fortrel/cotton sheet pattern, "Daisies" by Bibb. It requires modest sewing skills, a heavy duty staple gun or wide, double-faced tape, and a little time.

First, walls were covered with the sheet pattern. Measure height and width of walls, then sew required number of sheets together before stapling right on the plaster wall. Or sheets may be affixed with wide, double-faced tape. In either case, they are a cinch to remove for laundering or when a change is in order. A minimum of furniture is necessary in a room of this size. The single iron bed, rescued from a second hand store, was enamelled shiny white. To give the illusion of more floor space, the bed is placed out from one corner. The unusual position affords firm anchorage for the half canopy wired to the molding at the ceiling line. The canopy is made by shirring the sheet pattern, very full, on curtain rods. The open weave ruffle trimming (matches the window valance and bed dust ruffle) is made from the under-curtain Fortrel polyester curtain material mounted over a



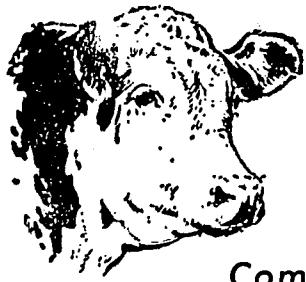
"Daisies" tell a pretty story in a little girl's room. Sew-up an easy-care bedroom with an enchanting new Fortrel/cotton permanent press sheet pattern by Bibb.

bright yellow fabric. One full sheet is gathered under the canopy to make the bed hangings. At each side, the extra fabric is poufed out, then tied low with shirred strips of the sheet fabric. The simple window treatment includes floor length under-curtains of open weave Fortrel polyester. Draperies made of the sheet pattern are tied low with deeply shirred bands. Note that they are tied at the same height as the bed hangings.

A sunny yellow blanket, folded at the foot of the bed, is trimmed with little

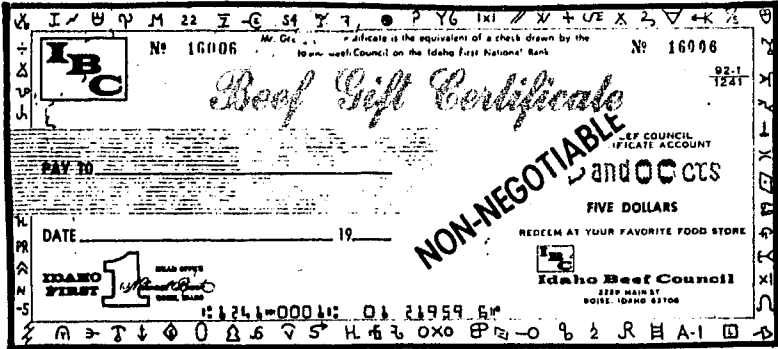
hand-tied bows sprinkled over the entire surface. During the day the blanket doubles as a bedspread. White eyelet ruffling trims the square pillow sham. A sunny yellow carpet is gay and comforting for little feet on a chilly morning. A little white painted wicker chair, and an old chiffo-nier painted white with drawers outlined in azure blue are on the other side of the room (not shown). The antique doll bed is a safe spot for a favorite baby doll. The old-fashioned cane back high chair fits Teddy to a T.

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E78 - 14	23.25	.48
F78 - 14	25.25	.50
G78 - 14	25.25	.50
G78 - 15	25.25	.50
H78 - 15	27.25	.53
L78 - 15	27.25	.53

PLUS RECAPABLE EXCHANGE

## SEIBERLING BIAS PLY TIRE

2 TIRES GETS YOU \$5.00 IN FREE BEEF  
FOR SMALL CARS



SIZE	BLACKWALL	WHITEWALL	F. TAX
600 - 12	22.48	24.69	1.53
520 - 13	21.28	23.57	1.34
560 - 13	22.27	24.65	1.52
H78 - 13	21.82	24.23	1.72
520 - 14	22.39	24.75	1.50
590 - 14	24.16	26.54	1.66
B78 - 14	23.36	25.98	1.90
560 - 15	23.65	26.28	1.77
600 - 15	23.84	26.52	1.81

## MONARCH 2 + 2 STEEL RADIAL

BUY 2 GET \$5.00 IN FREE BEEF

WHITEWALL, COMFORT, SAFETY  
40,000 MILE WARRANTY



BR78 - 13	42.39	2.00
DR78 - 14	46.44	2.27
ER78 - 13	47.87	2.41
FR78 - 14	49.74	2.54
GR78 - 14	52.10	2.69
HR78 - 14	54.79	2.88
FR78 - 15	50.98	2.51
GR78 - 14	53.39	2.79
HR78 - 15	56.21	2.96
LR78 - 15	60.13	3.28

## MOHAWK SUPER MOTRAC

FOR YOUR PICKUP AT A LOW COST  
THIS SUPER MOTRAC IS THE WAY  
TO GO FOR TRACTION IN MUD AND  
SNOW.



SIZE	WITH TRADE	WITHOUT TRADE	FET
670-15	31.56	33.56	2.76
700-15	36.34	41.34	3.38
650-16	30.24	34.24	2.92
700-16	34.98	39.98	3.29
750-16	44.89	50.89	3.93

## NEW - MULTI-MILE RVT 4 WHEEL

BUY 4 AND GET \$10.00 IN FREE BEEF

GOT A 4 WHEEL DRIVE.....WANT TO  
GET OFF THE ROAD AND KEEP GOING?  
GET THESE



9-15 4 ply	56.76
Tax \$3.94	
10-15 4 Ply	58.71
Tax \$3.94	
11-15 4 Ply	64.83
Tax \$4.18	
12-15 6 Ply	79.57
Tax \$5.41	

STEAKS FOR YOUR TABLE — TIRES FOR YOUR CAR



BUY 2 OF THESE TIRES  
GET \$5.00 IN FREE BEEF

E. 411 Main Grangeville, Idaho Phone 983-1650

THE NORTHWEST LARGEST INDEPENDENT TIRE CENTER

YOU'RE IN LES SCHWAB COUNTRY THE NORTHWEST LARGEST INDEPENDENT TIRE DEALER

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